

2005



Journey...

2009

2009

2009

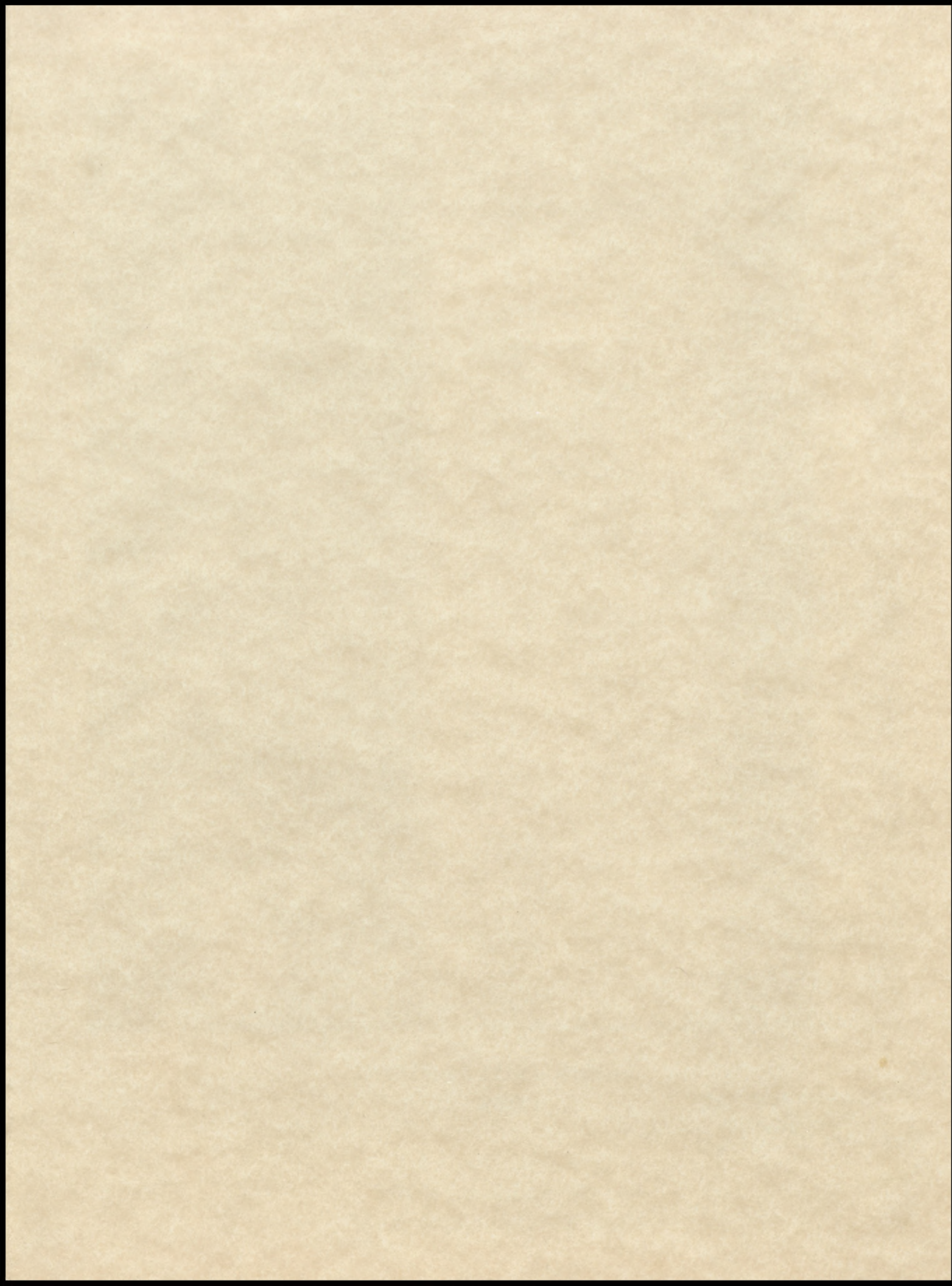
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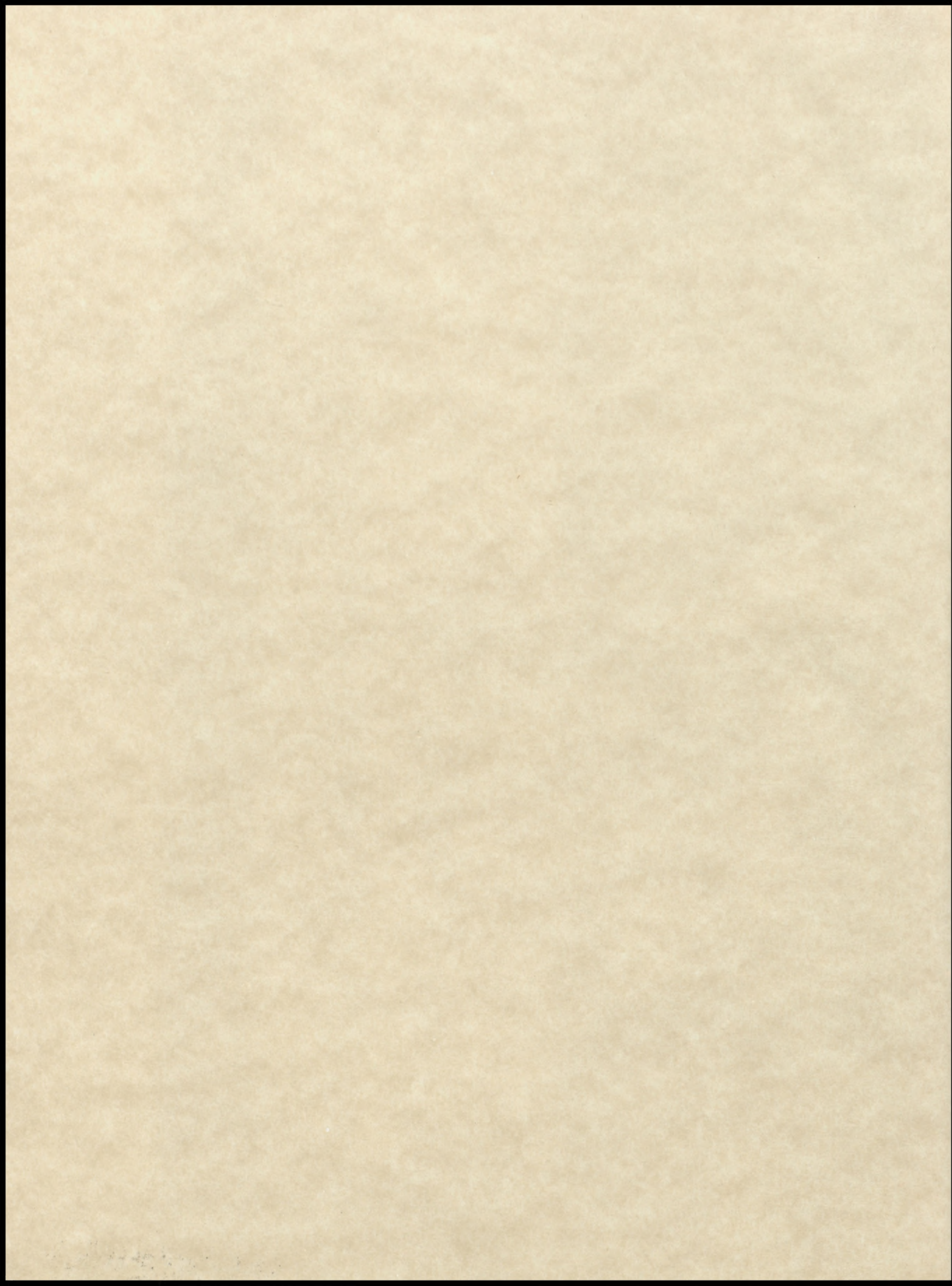
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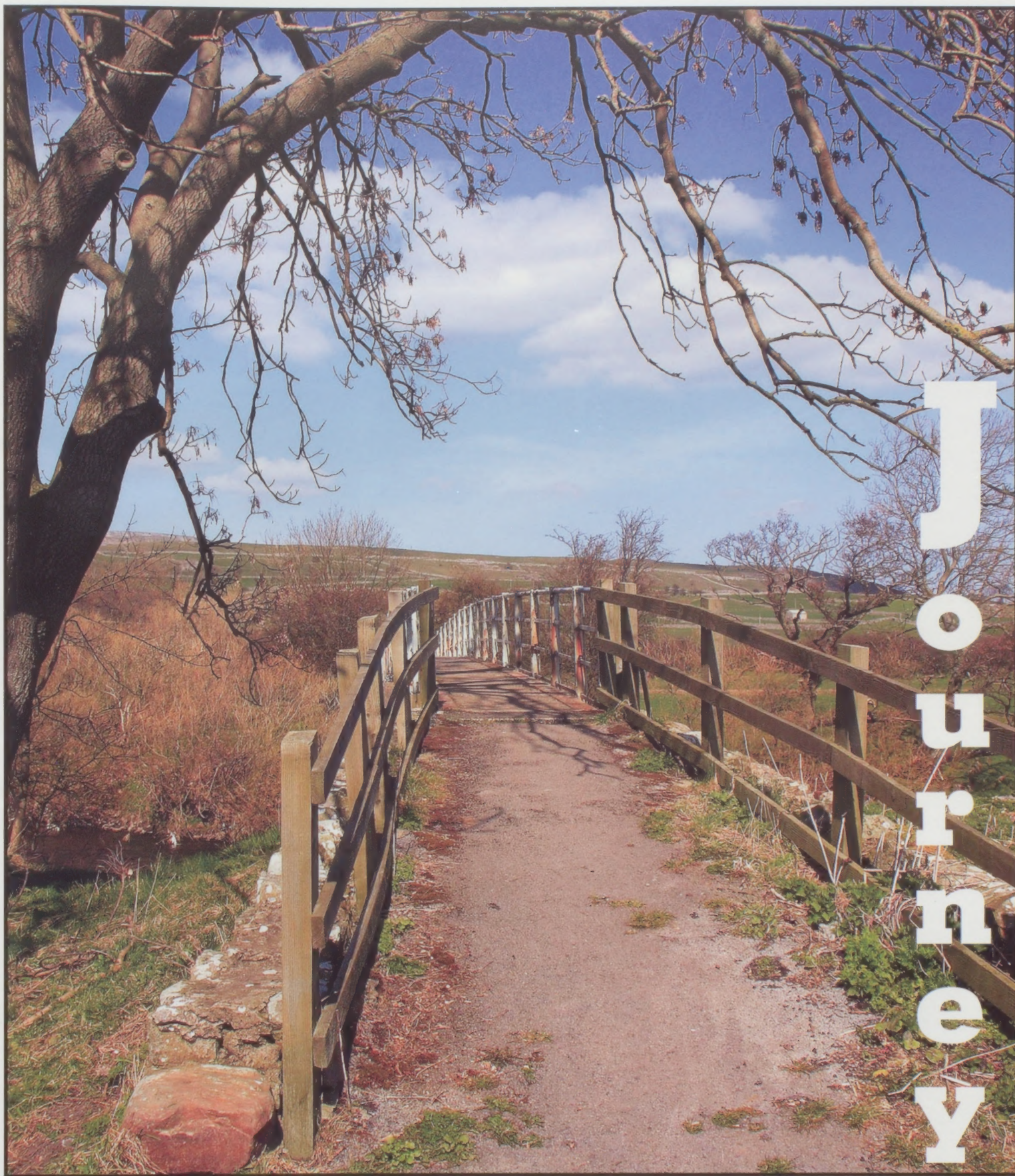


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Sagitta







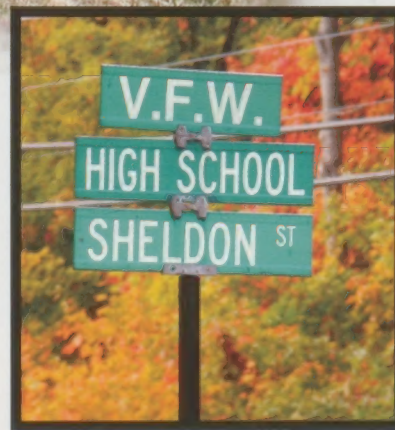
**Suffield High School
2009**

**shs.suffield.org
1060 Sheldon Street
West Suffield, CT 06093**



Today is a winding Road

Four years through high school we see many changes that occur in all of us. We grow not only as students, but as people. Throughout our four years spent here at SHS we travel along a journey becoming educated, creating new friendships, and making memories. We also learn more than just the curriculum. We discover much about life and the lessons it has in store for us, and we often find our personal inner strengths within ourselves. For many of us, high school is only the very beginning of a very long journey we are about to take on into the future. After our years spent here many of us will venture off into the real world, whether it is college, the military, or straight into the working world. No matter what path we choose, we all will remember the years at Suffield High School that helped get us to the dreams that are not so far from our reach.





I *t is good*
to have an end
to Journey toward
but it is the **Journey**
that matters, in the end.

Ursula K. Le Guin



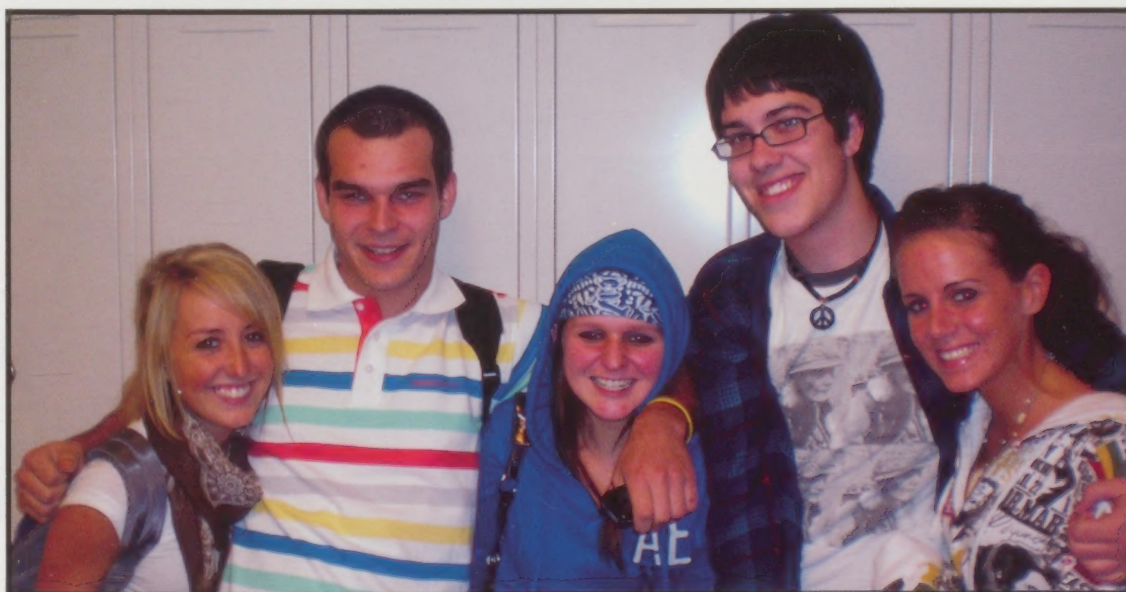
(TOP) Erin Linsenbergler, Erika Hull, Katelyn Wood, Stephanie Guminiak traveled to Sweden during their summer vacation. They happily pose for a picture with the local newspaper 'The Suffield Observer' and capture amazing memories of their journey.

(LEFT) Carly Neumann, Stephanie Rypysc, Kirstie Lavardiere, Alyssa Lacross, Jenna Munroe, Celina Bycenski, Jess Zamal, and Steve Bascom stand proudly showing their positions as the 2008-2009 Suffield Regional FFA Officer Team.

(BOTTOM LEFT) Seniors Sabrina Cordiliko, Jeff Bridge, Kendra Zaczynski, Brendan O'Shea and Alex Pease all pose against their lockers for a quick picture in between classes at passing time.

(BELOW RIGHT) A blast from the past! Now seniors, Mitch Flagg, Mike Chapman, Dean Porcello, Ben Forster, and Wes Contro take a break in between games at the volleyball marathon during their sophomore year here at Suffield High.

(LOWER RIGHT) Nicole Loughery, Stephanie Shamy, Falyen Rasmussen, and Alison Gagnon enjoy each other's company on a "girl's night" for an fun filled even with some dinner and a night out on the town.



Traveling Through The Years...

First Year - Freshman year is just the beginning. We're getting off that big yellow school bus and brand new faces are all around. Everything is so much bigger, with new opportunities and freedoms. The anticipation of a new school is exciting, and a little bit scary.

Second Year - You are still a second class passenger on this trip called high school and the upperclassmen make it crystal clear. You know the ropes around, and try hard to do your work. Wishing you could leave with the others during CAPT week, sophomore year is long, but is one of the most memorable years of high school.

Third Year - Junior year! Almost there but going nowhere! Finally considered an upperclassman, this year shows that it is important to try your hardest. This is probably the most difficult school year academically, from research papers, to SAT'S, and a heavy work load. Many exciting moments occur within junior year. Drivers licenses are obtained and rides to school are no longer needed, college searches begin, your first prom is attended and before you know it, senior year is around the corner!

Fourth Year - Senior year, finally here! After four years of hard dedicated work, its time to fly first class. Before you know it, time is flying and new and exciting things are occurring. Waiting for your college acceptance letter, your last spirit night, the Mr. Suffield competition, a final prom, senior class trip and banquet, and before you know it graduation is here. High school has come and gone in a blink of an eye, but the memories will never fade.



(ABOVE)

"We've realized that the people we've become closest to in high school are the friends you'll have forever."

Seniors '09

**-Nick Cotrone and
Todd Bertrand**



(ABOVE)

"High school has been a valuable time for me, I've learned how important it is to balance school, social activities and to stay focused."

Junior '10

-Eric Tenzar

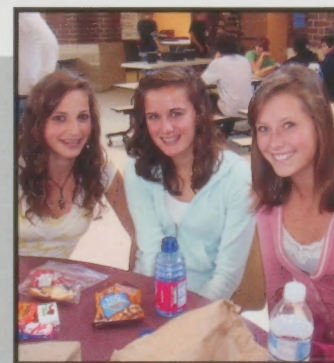


(ABOVE)

"I've enjoyed high school so much. Especially all the fun activities we get to go to semi, and spirit night. Every year is new and exciting."

Sophomore '11

-Silvia Isotti



(ABOVE)

"Our 1st year of high school gives us the opportunity to meet new people and make new friends."

Freshman '12

**-Liz Pasquariello,
Natalie Glynn and
Nicole Gagnon**



(ABOVE)

"Our first year here at SHS has been so exciting and an adventure from middle school. At first it was scary, but you get used to it. High school definitely has less rules and more freedoms and gives you a chance to become more independent."

-Freshmen '12

Emma Sikes and McKenna Tierney



(ABOVE)

"We love high school. Sophomore year is more challenging than freshman year, but it is so much fun and a time that we'll always remember. We cannot wait for the next two years to come!"

- Sophomores '11

Kristi Chaimberlain and Tara Sullivan



(ABOVE)

"For me, SHS has been great. I enjoy the atmosphere of our school and that everyone, teachers and students alike encourage each other to do well in academics, sports whatever it may be. It is a positive place to come to everyday, and I enjoy that."

-Junior '10

Drew Fortin



(ABOVE)

"My experience throughout high school has been all I could ask for. I have learned a lot about myself and think I have grown tremendously in the past four years. It is amazing how quickly time flies. But, the memories I have from my time here at SHS will stay with me forever."

-Senior '09

Briana Cuevo

What has the **Journey** been like for **You?**



(LEFT) Principal Ms. Hayward shares some of her advice for a successful journey through high school. "Value thine principal!" she says kiddingly.

Ms. Hayward joined us for her first year here at Suffield High School this year and has been a great addition to our school.

She brings many new and fresh ideas, and also friendly face. We are happy to welcome her aboard our road trip and grateful she is here to lead us along the way.

First Class

For the past four years, the class of 2009 has experienced everything Suffield High School had to offer. We entered the school in 2005 as naïve freshmen, learning everything we could. As the years past, we became one, working together and trying to include everyone. Now that the year 2009 has finally arrived, the senior class is ready to part our ways and continue the journeys we started separately. Even though everyone will leave, and some may never come back, we will never forget the past four years. Suffield High will always be an important part of our **journeys**.

Now Departing Class of 2009.



(ABOVE) Carly Neumann and Anthony Fusco smile as their picture is taken on top of a mountain. The FFA students traveled to Yellowstone National Park over April vacation in 2008.

(BELOW) Dan Wallace and Erik Lee put their dancing on hold to pose for a nice picture at their junior prom. Both admitted that they had a great night.





Melody Albert



Eva Banlaki



Vincent Barnes



Stephen Bascom



Dianna Bassett



Taylor Begnoche



Kelsey Bentz



Shelby Bermari



Todd Bertrand



Julie Bianchi



Brandon Bielanko



Kristina Bradley



Ashley Brightman



Christa Brown



Stephanie Brown



Denise Buckingham



Kyle Buckingham



Thomas Burchell



Celina Bycenski



Brandon Cahill

Melody Albert: "Would you fight to the death,
for the which you love in a house empty
hopeless mother which you love?"
Dragon Doom

Eva Banlaki: "Think you of the world as dead,
because you are dead. Then, when someone says
you are not dead, you are not dead." Frank Herbert, Dune

Dianna Bassett: "The world is not a place
to deal out death in judgment. For even the
very wise cannot see all ends." J.R.R. Tolkien

Dianna Bassett: "Say Anything,
But Say What You Mean!"

Kelsey Bentz: "What"

Shelby Bermari: "Calmly, quietly, drink,
when you are happy."

Todd Bertrand: "The world is not a place
someone bent over, drenched in sweat, to a point
of exhaustion, when no one else is watching."
Anson Dorrance

Julie Bianchi: "I'm not a girl, I'm a woman,
and I'm not a woman, I'm a girl."

Christa Brown: "You like to be a woman,
but you're not a woman. You're not,
because you're not a woman, and you're not
a woman, are you?" Mark Twain

Stephanie Brown: "Work hard, party harder."

Ashley Brightman: "And with our friendship
comes one guarantee, what ever happens to you,
happens to me. Charlie's Angels for life."

Seniors 2009

Trip to School



(ABOVE) Melody Albert is in a hurry to get to her first class after getting off the Enfield RTA bus she takes every morning at 6:30.

(RIGHT) Stephanie Brown and Shelby Berman arrive off their keys to the bus that they drive to school every day in order to get here in time to make it to first period.



(ABOVE) Richard Adams takes "a trip to school" as he explains that he drives every morning so he can be here nice and early to finish up his homework and sit some final exams.



Lindsey Carbonell



Daniel Curry



Frank Cutley



Anthony Cervione



Holly Chamberlain



Austin Chandler

Christina Brown: "How can I leave home while my anchor's still ashore." Thrice

Stephanie Brown: "Success is often achieved by those who don't know that failure is inevitable." Coco Chanel

Kyle Buckingham: "The great use of life is to spend it for something that will outlast it."

Kyle Buckingham: "If a man does his best, what else is there?" George Washington

Celina Byrnske: "Hope comes to those who dream." Brandon "Dante": "A little mystery is a delicious thing, and a great deal of it is absolutely fatal." Oscar Wilde

Lindsey Carbonell: "I may not have gone where I intended to go, but I think I have ended up where I needed to be." Douglas Adams

Frank Cutley: "If you get a chance take it, nobody said that it would be easy, they just promised it would be worth it."

Anthony Cervione: "Live for today because tomorrow is never promised." Mark Cervione

Holly Chamberlain: "Just because something doesn't do what you planned it to do doesn't mean it's useless." Thomas Edison

Austin Chandler: "Life is mostly trouble and timing."

Seniors 2009

Lessons Learned Along the Way

Every graduating senior agrees that there are lessons they have learned along the way. The lessons learned lead us in the right direction and help us out in the future.

"I'm a big procrastinator and I never do projects on time.

Junior year, I had a huge assignment that was due and I put it off and I had to do it the night before. Now I know that when I start work earlier, I can get a better grade."

-Jenny Duval

"Get a head start on your college application process before the start of your senior year. I wish I did that, then I wouldn't be so swamped with work during the first half of school year."

-Olivia Cicitto



"Go out and join a group. When I first came here, I was scared because I was new and I was really shy. If you go out and join a group or sports team, its easier to make friends."

-Tim Dufore



Michael Chapman



Olivia Cicitto



Sarah Congden



Wesley Contro



Sabrina Cordilko

Michael Chapman: "Some people dream of success...while others wake up and work hard at it."

Olivia Cicitto: "Don't hold back, don't hesitate, don't disappear." The Rocket Summer

Wesley Contro: "Procrastination is the art of keeping up with yesterday." R.I.P Canin

Sabrina Cordilko: "We spend too much time livin in the 'what if' and need to learn to live in the 'what is.'" Rev. Jerry Allison

Nicholas Cotrone: "It is not the size of a man but the size of his heart that matters." Evander Holyfield

Michael Cristina: "It ain't over till it's over." Yogi Berra

Briana Cueva: "Live the life you love, Love the life you live." J. Sebastian Yatra

Alison Daguis: "Be the change you wish to see in the world." Ghandi

Justin Degen: "It's not enough that we go out...we have to do what's right."

Justin Degen: "I guess these are times where you learn to live I know these are times where you have to outlive."

Brittany Degen: "We all take different paths in life, but know where we go, we take a little of each other, everywhere." Tim McGraw

Cassandra Devney: "The sun, the moon and the stars would have disappeared long ago...had they happened to be within the reach of predatory human hands." Henry Ellis



John Cosker



Nicholas Cotrone



Michael Cristina



Briana Cuevo



Alison Daguio



Colin Daly



Glenn Dardanelli



Shayna Davilli



William Defocie



Justin Degen



Brittany Denué



Cassandra Devney



Jennifer DiMauro



Kyle Daine



Robert Damin



Timothy DuFure



Jenny Duval



Amanda Emery



Kayla Fuhle



Jessica Fall



Michael Formaggioli



Alexander Flynn



Shaughn Flynn



Michael Formaggioli

Jennifer DiMauro: "A story has no beginning or end, one chooses that moment of experience from which to look back and from which to look ahead." Anonymous

Kyle Daine: "Everyone has a photographic memory, some just don't drive one."

Robert Damin: "It's amazing how quickly nature consumes human places after we turn our backs on them. Life is a hungry thing." Scott Westerfield

Timothy DuFure: "A foolish consistency is the hobgoblin of little minds." Ralph Waldo Emerson

Jenny Duval: "Aerodynamically the bumblebee should not be able to fly but the bumblebees don't know that so it goes on flying anyway." Mary Kay Ash

Amanda Emery: "It's the end, yet the love you take is equal to the love you make." The Beatles

Kayla Fuhle: "I'm too young to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it." Eleanor Roosevelt

Jessica Fall: "It's not the changes in life that matter. It's how you react to those changes. That's what makes you who you are." Boy Meets World

Alexander Flynn: "Always with you." K.S. Lightbox

Shaughn Flynn: "I've had a wonderful time; but this wasn't it." Groucho Marx

Michael Formaggioli: "Happiness is a long walk with a friend."



Benjamin Forster



Jessica Fox



Anthony Fusco



Alison Gagnon



Katie Gardocki



Kylie Gifford



Joshua Giller



Gregory Hall



Brielle Heintz



Craig Henderson



Patrick Henderson



Victoria Heyse



Kristin Horanzy



Logan Horner



Sharell Hunt



Chelsea Hunter



Miranda Ingram



Eric Jespersen



Devon Johnson



Caitlin Jones

Benjamin Forster: "It's one-on-one out there, man. There ain't no hiding. I can't pass the ball." Pete Sampras

Jessica Fox: "Life is not measured by the number of breaths we take, but by the moments that take our breath away."

Anthony Fusco: "Love is missing someone whenever you're apart, but somehow feeling warm inside because you're close in heart." Kay Knudsen

Alison Gagnon: "One sees clearly only with the heart. Anything essential is invisible to the eyes." Antoine de Saint-Exupery

Katie Gardocki: "What's easy what's impossible, they longer. This world keeps spinning. And with each new day, I can feel it change in everything." Jack Johnson

Gregory Hall: "These pretzels are making me thirsty." Cosmo Kramer

Craig Henderson: "Yes, there are two paths you can go by. But in the long run, there's still law as against the road you're on." Led Zeppelin

Victoria Heyse: "One day you'll be with them before your eyes. Make sure it's worth watching."

Kristin Horanzy: "It's not who you are underneath it's what you do that defines you."

Trip to Olympic Trials



Meaghan Kelley

Seniors 2009

The Road Ahead: Plans After SHS

What are you going to do after high school?

"After high school I plan to go to college for biology and pre-med. After I get my degree as a physicians assistant, I plan to move to New York City where I will live in an apartment before I marry a surgeon."

-Michelle Kula

"After high school I hope to get into a good college and have a good time. I want to live somewhere in New England but I have no idea what my plans will be after that."

-Andrew Lagana

We spend four years in high school waiting and thinking about a long anticipated graduation. When our tassels are moved and caps are thrown into the air, we leave our journey at SHS, and enter a new path into the real world.

Many questions arise with the thought of what we will do after high school. "Will I go to college? Where will I go? Should I get a job first?"

However, whatever choice you make will lead you to your own successful future and what is essentially best fit for you.



(ABOVE) Andy Lagana stops at the end of a long block of physics class to tell us about his future plans for once he leaves high school.

(LEFT) Michelle Kula takes a moment from her busy day of classes to take a picture and to describe her hopes for her future after Suffield High School.



Melinda Kilty



Kristine Koistinen



Michelle Kopec



Sarah Krauss

Melinda Kilty: "Nobody made a greater mistake than he who did nothing because he could do only a little" Edmund Burke

Kristine Koistinen: "As we all slide down the banister of life, may the splinters never face in the wrong direction." *Grandfather*

Michelle Kula: "Smile while it lasts, it's gone until it is gone." Anonymous

Michelle Kula: "Where you end up isn't the most important thing. It's the road you take to get there. The road you take is what you'll look back on and call your life."

Andrew Lagana: "It's a long way to the top, and every inch is worth it."

Andrew Lagana: "A lot of people liked The Bourne Supremacy, I wasn't a big fan."

Michelle LaPlant: "It takes no more time to see the good side of life than it takes to see the bad." Jimmy Buffett

Evan Laux: "The one thing the world will never have enough of is the outrageous." Salvador Dali

Matt Lavoie: "You owe it to yourself to be the best you can possible be, in baseball and in life." Pete Rose

Jessica Lawrence: "Tell them to look up, Tell them to remember the stars."

Amanda Leonhardt: "Faith is the bird that feels the light and sings when the dawn is still dark." Rabindranath Tagore.



Michelle Kula



Andrew Lagana



Andrew Lamagna



Michelle LaPlant



Evan Laux



Matthew Lavoie



Jessica Lawrence



Erik Lee



Amanda Leonhardt



Brianna Lertora



Brianna Liquori



Nicole Loughrey



Thomas Loveland



Meredith Lowe



Silvana Luongo



Gabrielle Mazzini



Matthew Marder



Walter Mader III



Caitlyn Martin



Christie Mastroberti



Brenna McGinn

Brianna Lertora: "To know even one life has breathed easier because you have lived. This is to have succeeded." Ralph Waldo Emerson

Brianna Liquori: "Life isn't always beautiful, but it's a beautiful ride."

Robert Logan: "A good commander does not need to take risks. He merely waits for his foe to do so."

Nicole Loughrey: "Sometimes, the most important things in life tend to be right in front of you." Shane Henderson

Meredith Lowe: "My friends have made the story of my life." Helen Keller

Silvana Luongo: "Wherever you may go, go with all your heart." Confucius

Gabrielle Mazzini: "There are many things in life that will catch your eye, but only a few that will catch your heart...pursue those."

Matt Marder: "Darkness casts the perfect mold. For darker minds and lovers bold."

Walter Mader III: "Imagination is more important than knowledge." Albert Einstein

Caitlyn Martin: "To give anything less than your best is to sacrifice the gift." Steve Prefontaine

Christie Mastroberti: "Life's like a box of chocolates; you never know what you're gonna get." Forrest Gump

Brenna McGinn: "It is the sweet, simple things of life that are the real crisis after all." Laura Ingalls Wilder



Collin McGunigle



Jessica McKenna



Lauren Mercik



Casey Merrick



Geoffrey Miner



Samuel Mitchell



Brittney Moores



Brittany Morison



Colleen Moroney



Erik Murphy



Carly Neumann



Kathryn Niemiroski



Evan O'Connor



Ian O'Connor



Jennifer O'Leary



Dermott O'Malley



Brendan O'Shea



Nicholas Oliver



Eric Ouallite



Kristen Overson



Rachel Packard



Stephanie Pascoe



Maurice Patterson

Jessica McKenna: "They who dream by day are cognizant of many things which escape those who dream only by night." Edgar Allan Poe

Lauren Mercik: "You've got moves. I've got shoes. Lets go dancing."

Casey Merrick: "Do not go where the path may lead, go instead where there is no path and leave a trail..." Ralph Waldo Emerson

Geoff Miner: "If this be our destiny, then so be it. But let history remember, that as free men, we chose to make it so!"

Samuel Mitchell: "I'd rather be hated for who I am, than loved for who I'm not." Kurt Cobain

Brittney Moores: "Dance as though no one is watching you, love as though you have never been hurt before, live as though heaven is on earth." Souza

Brittany Morison: "What!"

Colleen Moroney: "It's a beautiful day. Don't let it get away." U2

Erik Murphy: "Hate it or love it, the underdogs have to do it." Kurt Cobain

Carly Neumann: "The more you know, the more you want." Madonna

Kathryn Niemiroski: "The only way to make a difference is to make a difference."

Evan O'Connor: "Defeat is the first step towards victory, take the step with confidence or you will not ascend." Ibram Gaunt

Seniors 2009

Crossing Paths



(ABOVE) Brenna McGann, on a recent trip to France, lived and attended elementary school there. In France she faced new, exciting challenges. Not only did she become accustomed to a new school and new friends, she learned a new language. The lessons she learned were well worth it, even today she can speak French fluently and used her skills while singing in Paris with her chorus last summer.

This world is full of diverse cultures, and people eager to explore them. A few students at Suffield High have had the wonderful opportunity of living in countries around the world. These students have experienced new food, new languages, new customs and so much more.



(LEFT) Senior, Eric Ouellette lived in England for four years. He had the opportunity to not only learn the customs and traditions of England, he traveled throughout Europe to places like France, Belgium, Spain, Ireland, and Germany. Traveling to very different countries, with exotic food and languages, allowed him to learn things he never would have learned in a traditional classroom. "I believe that residing in another country unlocks the doors to an infinite world of knowledge, inspiration and summer is a diverse experience. Learning is a lifelong journey, and you don't know the language should be on every student's goal. I believe that it will be the best experience of your life."



Alexandra Parris



Ryan Purcell



Thomas Perrin



Tran Phan



Justin Pierce

Michael Phelps: "You can't win on anything. The more you dream, the further you get." Michael Phelps

Radiohead: "Someone you will be in love." Radiohead

Anonymous: "Growing up is optional." Anonymous

Sun Tzu: "The general who wins the battle makes many calculations before the battle is fought. The general who loses makes but few calculations beforehand." Sun Tzu

Anonymous: "With a little peace and some harmony we'll take the world together. We'll take you by the hand. I love you and the world."

Rachel Packard: "To accomplish great things, we must not only dream, but also dream with a plan and the desire to make it happen." Anonymous

Stephanie Pascoe: "There are three things you will need to be successful in life: a dream, a plan and the time to make it all come true." Anonymous

Natalie Patterson: "Those who say it can't be done are usually interrupted by someone doing it."

Alexandra Parris: "All that we are is the result of what we have thought. The mind is everything. What we think we become." Buddha

Thomas Perrin: "By the end I'm gonna be the only one standing." The A-Team

Tran Phan: "Character cannot be developed in ease and quiet. Only through experiences of trial and suffering can the soul be strengthened, vision cleared, ambition inspired, and success achieved." Helen Keller

Justin Pierce: "Pain is weakness leaving the body." Bruce Lee

Seniors 2009

Journey Through Senior Year

Why was senior year your favorite part of high school?

"My favorite part of high school was senior year. Finally getting to my senior year meant having senior privileges and the satisfaction of knowing that all those late nights writing essays and studying for standardized tests payed off. But one of the most important lessons I learned is to reserve time to spend with friends. It's always a good idea to have some "you time."

-Courtney Randall

"Senior year was my favorite part of SHS because we finally won Spirit Night! Applying to colleges is stressful though. I just hope the rest of the year doesn't go by too fast!"

-Nathan Rossi



(ABOVE) Senior Courtney Randall poses during her AP Biology class. She was excited to take this class her senior year because she knew it would be challenging and fun.

(LEFT) Senior Nathan Rossi takes a minute to talk about why he thinks senior year is so great. He was very happy that the class of 2009 won Spirit Night this year.



Dean Porcello



Matthew Pravia



Courtney Randall



Falyn Rasmussen



Bernadette Raum

Dean Porcello: "I can accept failure, everyone fails at something. I can't accept not trying."
Michael Jordan

Courtney Randall: "If I don't fail at least once a day, it means I'm not doing anything new."
Jason Winters

Falyn Rasmussen: "Here's to the fast times, the times we felt alive, to all those nights that we forgot to get back home." All Time Low

Bern Raum: "Be who you are and say what you feel because those who mind don't matter and those who matter don't mind." Dr. Seuss

Chris Richardson: "A ball player has to be kept hungry to become a big leaguer. That's why no boy from a rich family has ever made the big leagues."
Joe DiMaggio

Joe Rigby: "Life consists not in holding good cards but in playing those you hold well." Josh Billings

Katie Romano: "Love will always be the guiding force in our lives." One Tree Hill

Nathaniel Rossi: "All our dreams can come true, if we have the courage to pursue them." Walt Disney

Cara Ryan: "When you like something, follow your heart."

Stephanie Rypysc: "Life can not be taught by teacher in a classroom but is written by you and for you."



Christopher Richardson

Joseph Rigby

Katelyn Romano

Nathaniel Rossi

Cara Ryan



Stephanie Rypysc

Nicole Salamone

Jamal Saleh

Wesley Sanborn

Adam Santaniello

Zachary Satryb



Samantha Seetha

Stephanie Sherry

Holly Shea

Evan Shefarsky

Shawnee Sherman



Laura Sikes

Julie Silva

Bryan Slowinski

Michael Small

Alexandra Smith

Derek Stiles

Nicole Salamone: "I have one life and one chance to make it count for something...I have one chance to try and make a difference." Jimmy Carter

Jamal Saleh: "I don't know where I'm going, but I'm on my way."

Adam Santaniello: "Your greatest creation is the life you lead."

Holly Shea: "In life, the best thing to hold onto is each other." Audrey Hepburn

Stephanie Sherry: "Some people come into our lives and quickly go. Some stay for a while, leave footprints on our hearts, and we are never, ever the same." Flavia Weedn

Evan Shefarsky: "If everything seems under control, you're just not going fast enough." Mario Andretti

Shawnee Sherman: "Be natural, live in poverty, just to spite what they're telling."

Laura Sikes: "Remember, we all stumble, every one at us. That's why it's so good to go hand in hand." Emily Kimbrough

Julie Silva: "Do not follow where the path may lead. Go instead, where there is no path and leave a trail." Ralph Waldo Emerson

Bryan Slowinski: "I have never let my schooling interfere with my education." Mark Twain

Mike Small: "Take every breath as if it's your last."



Kaitie Sullivan



Kathleen Summa



Bryan Sutton



Rebecca Suzenski



Nicole Tedone



Ashley Terlesky



Ashley Thibedeau



Giuliana Tittarelli



Michael Turgeon



Colby Tyler



Laura Vallance



Kelly Walsh



Justin Waterman



Rachel Wells



Taylor Werth



Amber White



Shannen Wilson



Heidi Wolfe

Kaitie Sullivan: "You always go back to the people that were there from the very beginning."

Kate Summa: "And with our friendship comes one guarantee: whatever happens to you, happens to me. Charlie's Angels for life."

Nicole Tedone: "Wherever you go, no matter what the weather, always bring your own sunshine." Anthony J. D'Angelo

Ashley Terlesky: "Every new beginning comes from some other beginning's end."

Ashley Thibedeau: "Don't cry because it's over. Smile because it happened." Dr. Seuss

Giuliana Tittarelli: "And with our friendship comes one guarantee: whatever happens to you happens to me. Charlie's Angels for life."

Michael Turgeon: "Bravery is being the only one who knows you're afraid."

Colby Tyler: "When everyone runs away from gunfire, we run towards it. Not just to be heroes, but because it's our job."

Laura Vallance: "Memory is a way of holding onto the things you love, the things you live, the things you never want to lose." The Wonder Years

Daniel Wallace: "Some times I wonder how a tear and an emotion from a king."

Justin Waterman: "A man who doesn't spend time with his family can never be a real man." The Godfather

Rachel Wells: "Never let the fear of striking out keep you from playing the game." Caroleella Story

Seniors 2009

Favorite Stop Along the Way...



(ABOVE) Mike Turgeon takes time out of his busy lunch to pose for a picture and tell us about his favorite memory leaving Suffield High School.

(RIGHT) Nicole Tedone and her friend, Giuliana Tittarelli take a minute during Spirit Night to take a picture together.



What has been your favorite memory in high school?

"My favorite stop along the way would be spirit night, senior year. Spirit night is a great way to start off the year and get everyone together. With the skits, the funny games like the relay race, donut eating contest and the toilet paper wrap around, this year was the best because our grade really came together and we won!"

-Nicole Tedone

"My favorite stop along the way has been going to the yearbook picnic because it is a time when you get to hang out with all of your friends and have a back BBQ. It's a great break before finals start because you get to listen to a live band and get time to sign your friends' yearbooks before leaving for summer vacation."

-Mike Turgeon



Not Pictured:

Richard Adams Jr.	Daniel Lafreniere
Jeffery Bridge	Robert Logan
Rachael Bromson	Dante Maisano
Brandon Clark	Natalie Patterson
Jessika Halmers	Christopher Sweeny
Harrison Hansen	Edward Szoka
Shane Hansen	Daniel Wallace
Nicole Jordan	Vesselin Zlatev
Cody Keller	

Emily Zaczynski

Kendra Zaczynski

Jessica Zaczynski

Lucas Zielinski

Amos White: "It must be the food I love, pray on, give the excess of it."

Shannon Wilson: "The past is behind, learn from it. The future is ahead, I prepare for it. The present is here, live it." Thomas S. Monson

Henri Wallis: "Know who you are, be what you are, love what you are."

Emily Zaczynski: "If you are crushing, you can't be afraid." Stephen Colbert

Kendra Zaczynski: "Think for yourself and question authority." Timothy Leary

Jessica Zaczynski: "Here's where she meets Prince Charming, but she won't discover that it's a fairy tale chapter three." Beauty and the Beast

Lucas Zielinski: "Beware the man of the Book." St. Thomas Aquinas

Vesselin Zlatev: "Do not go where the path may lead, go instead where there is no path and leave a trail." Ralph Waldo Emerson



Superlatives

In the Senior Class, the following have stood out the most.

Their Journey has just begun, where will they most likely be in the future?

Seniors, its our last year here at Suffield High. The people we have met on our high school journey have made a difference in our lives and may have an impact in our future. As a class we voted for our fellow classmates in categories that we thought best described them. If we had to look at our class and pick out the next big movie star who would it be? Who in our class will stay in Suffield and send their kids to their alma mater, Suffield High School? When we look back on our yearbook in 30 years will our professions correspond with the results our classmates predicted? Only time will tell...



Most Likely to
be Each Other's Best Man

Evan Laux and Adam Santaniello

2nd Place- Anthony Cervione and Mike Chapman
3rd Place- Erik Lee and Todd Bertrand



Most Likely to
Be a Model

Collin McGunigle and Nicole Salamone

2nd Place- Anthony Cervione and Allison Dagnan
3rd Place- Michael Chapman and Courtney Randall

Most Likely to
Be Together Forever

Joe Rigby and Holly Chamberlain

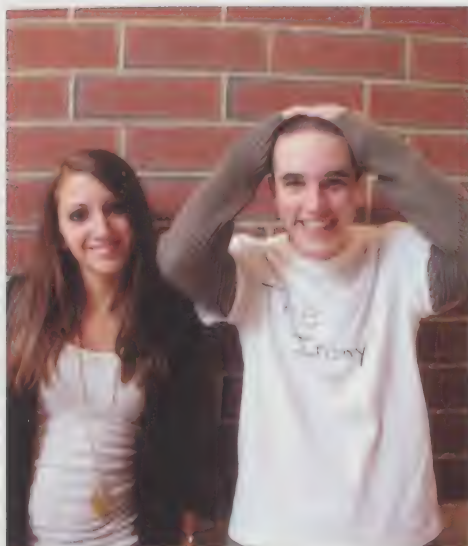
2nd Place- Collin McGunigle and
Rachel Packard
3rd Place- Jenny Duval and Joel Jordan



Most Likely to
Star in a Toothpaste Commercial

Dan Carney and Brittany Denué

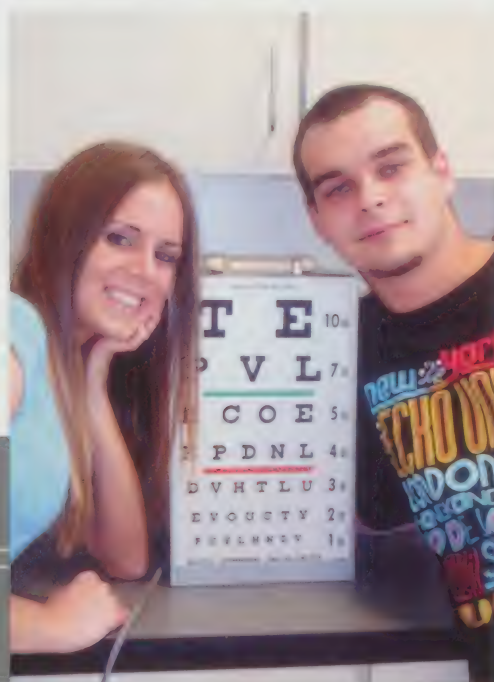
2nd Place- Joshua Giller and Michelle Kula
3rd Place- Collin McGunigle and Kayla Fahle



Most Likely to Be a Famous Hair Stylist

Nicole Salamone and Andrew Lamagna

2nd Place- Evan Laux and Alison Daguio
3rd Place- Mike Chapman and Brittany Denue



Most Likely to Charm You With Their Eyes

Jeff Bridge and Alexandria Pease

2nd Place- Anthony Cervione and Holly Shea
3rd Place- Mike Chapman and Kallie Sullivan

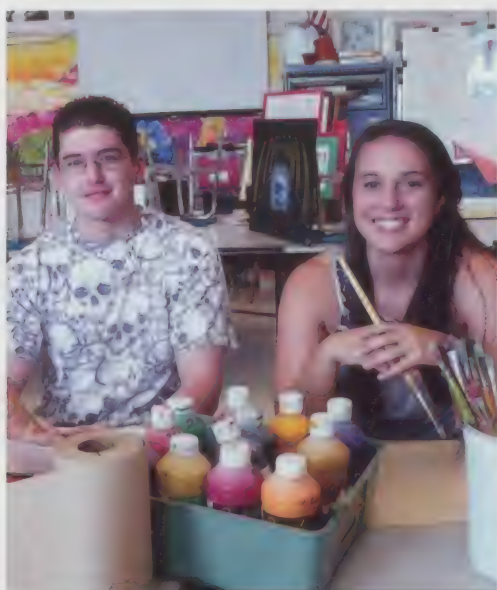
Hall of Honor



Most Likely to Succeed in the Future

Ben Forester and Holly Chamberlain

2nd Place- Joe Rigby and Colleen Moroney
3rd Place- Matt Magda and Brenna McGann



Most Likely to Change the Most

Alex Flynn and Silvana Luongo

2nd Place- Ryan Perkins and Sharell Hunt
3rd Place- Matthew Magda
and Kendra Zaczynski



Most Likely to Sell Their Artwork

Zachary Satryb and
Laura Sikes

2nd Place- Evan Laux and
Shawnee Sherman
3rd Place- Adam Santaniello and
Kendra Zaczynski



Most Likely to Get Lost

Harry Hansen and Kendra Zaczynski

2nd Place- Sam Mitchell and Gabby Macari
3rd Place- Brendan O'Shea and Brittney Moores



Most Likely to
be a Talk Show Host

Alex Flynn and Alison Gagnon

2nd Place- Brendan O'Shea and Gabby Macari
3rd Place- Austin Chandler and Chelsea Hunter

Most Likely to
be Each Other's Bride's Maids

Katelyn Romano and Holly Shea

2nd Place- Kayla Fahle and Meredith Lowe
3rd Place- Kallie Sullivan and Rachael Bromson



Most Likely to
Be Friends Forever

Evan Laux and Shawnee Sherman

2nd Place- Evan Laux and Jennifer DiMauro
3rd Place- Caine Jones and Todd Bertrand



Most Likely to
Go Pro

Anthony Cervione
and Rachel Packard

2nd Place- Erik Lee and
Rachael Bromson
3rd Place- Collin McGungale
and Katie Gardecki

Most Likely to
Attend Car Shows

Jamal Saleh

2nd Place: Erik Murphy
3rd Place: Dean Porcello



Most Likely to
be a Famous Musician

Mike Christina and Gosi Kelliher

2nd Place- Greg Hall and Brenna McGann
3rd Place- Shaughn Flynn and Amanda Emery





Most Likely to Embarrass Themselves in Public

Wesley Contro and Chelsea Hunter

2nd Place- Dermott O'Malley and Kendra Zaczynski
3rd Place- Alex Flynn and Kristy Koistinen



Most Likely to Attend Fashion Week

Evan Laux and Nicole Salamone

2nd Place- Justin Waterman and Alison Daguio
3rd Place- Erik Lee and Sabrina Cordiliko

Most Likely to Stay in Suffield

Justin Pierce and Amanda Thibedeau

2nd Place- Brandon Clark and Stephanie Rypnac
3rd Place- Geoff Miner and Katie Sullivan



Most Likely to Host SNL

Wesley Contro and Chelsea Hunter

2nd Place- Dermott O'Malley and Fosie Cauley
3rd Place- Brendan O'Shea and Nicole Loughrey



Most Likely to Stay Cute

Adam Santaniello and Sabrina Cordiliko

2nd Place- Collin McGanigle and Meredith Lowe
3rd Place- Michael Chapman and Alison Daguio





Richard Adams, Melody Albert, Eva Banlaki, Vincent Barnes, Stephen Bascom, Dianna Bassett, Andrew Bednaz, Taylor Begnoche, Kelsey Bentz, Shelby Bermani, Todd Bertrand, Julie Bianchi, Branden Bielonko, Kristina Bradley, Jeff Bridge, Ashley Brightman, Alexandra Brinker, Rachael Bromson, Christa Brown, Stephanie Brown, Denise Buckingham, Kyle Buckingham, Thomas Burchell, Celina Bycenski, Brendan Cahill, Lindsey Carboneau, Daniel Carney, Fosie Cauley, Anthony Cervione, Holly Chamberlain, Austin Chandler, Michael Chapman, Olivia Cicitto, Brandon Clark, Sarah Congden, Wesley Contro, Sabrina Cordiliko, John Cosker, Nicholas Cotrone, Michael Cristina, Briana Cuevo, Bryce Cyr, Alison Daguio, Colin Daly, Glenn Dardanelli, Shayna Davilli, William Defocie, Justin Degen, Brittany Denué, Cassandra Devney, Jennifer DiMauro, Kyle Doane, Robert Domin, Timothy DuFore, Jenny Duval, Amanda Emery, Kayla Fahle, Jessica Fall, Mitchell Flagg, Alexander Flynn, Shaughn Flynn, Mike Formaggioni, Benjamin Forster, Jessica Fox, Anthony Fusco, Alison Gagnon, Katie Gardocki, Kylie Gifford, Joshua Giller, Gregory Hall, Jessika Halmers, Harry Hansen, Jessie Harbold, Brielle Heinl, Patrick Henderson, Craig Henderson, Victoria Heyse, Kristin Horanzy, Logan Horner, Sharell Hunt, Chelsea Hunter, Miranda Ingram, Stephanie Jarinko, Eric Jespersen, Devon Johnson, Caitlin Jones, Joel Jordan, Nicole Jordan, Kayla Kaplan, Sara Kaplan, Margaret Kelliher, Meaghan Kelly, Melinda Kilty



Kristine Koistinen, Michelle Kopeck, Sarah Krauss, Michelle Kula, Daniel Lafreniere, Andrew Lagana, Andrew Lamagna, Michelle LaPlant, Evan Laux, Matthew Lavoie, Jessica Lawrence, Erik Lee, Amanda Leonhardt, Brianna Lertora, Brianna Liquori, Robert Logan, Nicole Loughrey, Thomas Loveland, Meredith Lowe, Silvana Luongo, Gabrielle Macari, Matthew Magda, Dante Maisano, Walter Malec, Caitlyn Martin, Christie Mastroberti, Brenna McGann, Collin McGunigle, Jessica McKenna, Lauren Mercik, Casey Merrick, Geoffrey Miner, Samuel Mitchell, Brittney Moores, Brittany Morison, Colleen Moroney, Erik Murphy, Carly Neumann, Matthew Nichols, Kathryn Niemiroski, Evan O'Connor, Ian O'Connor, Jennifer O'Leary, Nicholas Oliver, Dermott O'Malley, Brendan O'Shea, Eric Ouellette, Kristen Overson, Rachel Packard, Stephanie Pascoe, Maurice Patterson, Natalie Patterson, Alexandria Pease, Ryan Perkins, Thomas Perrin, Tran Phan, Justin Pierce, Megan Pietras, Dean Porcello, Matt Pravia, Courtney Randall, Falya Rasmussen, Bernadette Raum, Christopher Richardson, Joseph Rigby, Katelyn Romano, Nathaniel Rossi, Cara Ryan, Stephanie Rypysc, Nicole Salamone, Jamal Saleh, Wesley Sanborn, Adam Santaniello, Zachary Satryb, Stephanie Shamy, Holly Shea, Evan Shelansky, Shawnee Sherman, Laura Sikes, Julie Silva, Bryce Skawsk, Michael Small, Alexandra Smith, Derek Stiles, Kallie Sullivan, Kathleen Summa, Bryan Sutton, Rebecca Suzenski, Christopher Sweeney, Edward Szoka, Nicole Tedone, Asley Terlesky, Ashley Thibedeau, Giuliana Tittarelli, Michael Turgeon, Colby Tyler, Laura Vallance, Angela Vincenzo, Daniel Wallace, Kelly Walsh, Justin Waterman, Rachel Wells, Taylor Werth, Amber White, Shannon Wilson, Heidi Wolfe, Emily Zaczynski, Kendra Zaczynski, Jessica Zamal, Lucas Zielinski, Vesselin Zlatev

This year **our** yearbook staff tried as hard as possible to make a great book to share with the rest of the school. Our gas tanks neared **empty** as the year wound down from all the hard work and stressful **duties** that were placed upon us. Our *tour guide*, Mr. Dudeck, tried his very best at steering us in the right direction. At **times** we were **rowdy** but always tried to get back into gear and stay focused. Everyone loved **working** together and we used our individual talents to improve on each others work. Though it was a lot of **hard work** getting our deadlines in on time and raising money for the book, it was a great experience. The yearbook staff of 2009 went on our own *journey* and emerged with a book that will sure delight **everyone**.

Yearbook Staff

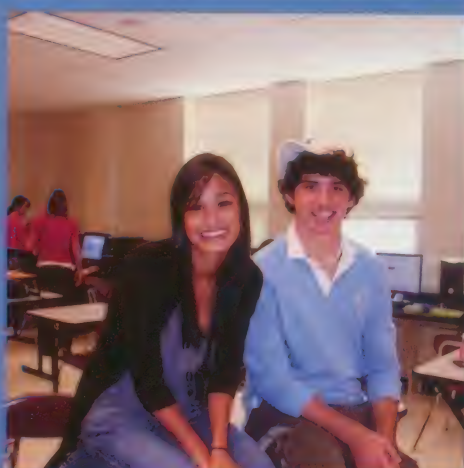


(ABOVE) Together, Lauren Mercik and Rachel Wells concentrate on revising their yearbook layouts. They were dedicated and worked very hard this year.

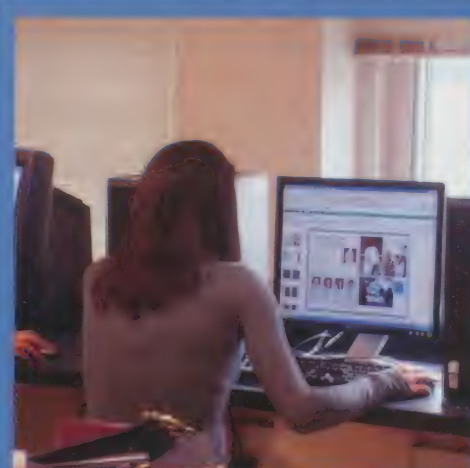
(LEFT) The yearbook staff jumps for joy as we celebrate the good memories spent together. It was a long road this year but our positive attitudes and hard work shined this year.



(ABOVE) Laura Vallance concentrates hard on designing signs for her layouts. She really incorporated our theme into each of her layouts and also contributed many great ideas to the class. She spent a lot of time making sure her layouts were perfect.



(ABOVE) Alison Dagulo and Justin Waterman take a quick break from working on their layouts. During their break they still were discussing how to better the yearbook. They were dedicated to making sure their tasks were always complete.



(ABOVE) Rachael Bromson gets down to business by working very hard when entering the classroom each day. She takes no time to waste because of her busy schedule. She was a great person to have in class everyday.



(ABOVE) The yearbook staff of 2009 Cara Ryan, Michelle LaPlant, Lauren Mercik, Justin Waterman, Laura Vallance, Kristine Koistinen, Rachel Wells, Brittany Denué, and Alison Daguio come together as a class in celebration of a job well done. Every one of us worked extremely hard this year and with out the dedication and motivation of each and every student, our book would not have been such a great success. Everyday we stayed on task and got right to work despite the many struggles we went through.



(RIGHT) Lauren Mercik, Kristy Koistinen, and editor Michelle LaPlant show excitement after traveling to Westfield State College to attend a Yearbook Workshop.

(MIDDLE RIGHT) Lauren Mercik, Cara Ryan, and Rachel Wells are very happy about finishing their layouts. It was a lot of time and hard work trying to get the layouts done and ready for the end of the year.

(BELOW RIGHT) Through out the year, Laura Vallance, Alison Daguio, and Rachael Bromson loved to have fun and get a little crazy at times. They also knew when it was time to be serious and get down to work.

(BELOW LEFT) Linking arms, the yearbook staff walks down Sheldon Street symbolizing our success in making the yearbook perfect.

(LEFT) Kristine Koistinen was very reliable and organized through out the year when she kept all the money and business advertisements together for the class.



Directions for the Underclassmen

High school can be difficult to get used to at first, but once you learn the ropes, it is quite simple. **However**, there are a few things to remember, the first being, that you are an underclassman, and most upperclassmen will try their hardest to remind you that you are **flying coach**. There are lots of places that are available here for you to become more acclimated, like your guidance counselor, administration, or many of our teachers. They are always available for the needs of any student when you come across a **road block** or a **bump in the road**. Teachers, administration, and counselors are the *fuel* and biggest motivators to push us to do our very best along our *Journey* here. Academically, the years only become more difficult so striving to do well and staying involved is very important. Joining clubs and sports is great for your **future** plans and it will give you a chance to become more connected within the school. Interacting with your class as a whole is also very special and you will see that throughout your four years here you will become very close. **Time flies** by quickly, and before you know it you will be reaching your final destination. So **sit back**, *relax*, and **enjoy** the ride.



(ABOVE) Vice principal, Mr. Garvey takes a minute from his lunch duty and says "Follow the example of the upperclassmen and work hard because it will all pay off in the end."



(ABOVE) Junior, Jesse Potter takes a break from his lunch to share some of his advice to the underclassmen. "Make the most of your years here at SHS, because they're the good ol' days and they go by fast!"



(ABOVE) Spanish teacher Ms. Harnett stops in the hall to share some of her advice. "Work hard and get involved in your school. The harder you work, the more you will succeed during your high school career."



(ABOVE) Senior, Nicole Loughrey stops to give some helpful hints. "Hallways are not for chatting, they are for walking so don't crowd up in them! Make sure you get involved in the school clubs and activities that they offer here."



(ABOVE) Senior, Katie Romano takes a minute to share some of her knowledge. "Take your studies seriously and don't slack off. Make sure that you manage your time well and don't fall behind. Stay active in the school community."



(LEFT) Senior, Dan Wallace stops on his way out of school to give some of his advice. "Make sure to be yourself and get all your work done because when you do it all pays off."



(BELOW) Seniors, JJ Degen, Gabby Macari and Caitie Jones pose in their Life Ed. class to say "Make the most of your high school years, they go by way too fast and seem way too short."



(ABOVE) Senior, Amanda Emery says "Don't skip out on opportunities, they lead to so many new and interesting things you may never get another chance to experience."

(LEFT) Seniors, Todd Bertrand, Alex Flynn, Mike Chapman and Erik Lee take advantage of their senior priviledges by getting a head start on their homework during their period off!

Remember When...

The Class of **2009** travels back in time to think about the all the good times they have had. When asked their favorite event in school most said they **loved** the 4th Grade Readover Sleep-over. "I remember sitting down in our groups and reading books and then we did role playing it and it was very exciting." Kylie Gifford reminisces. **Remember** in 5th grade we watched a performance by Ball in the House? They were their own musical instruments and they impressed everyone. Michael Small said that was his favorite event because he won one of their CD's by being the best dancer in the audience. Many students thought 8th grade, which included **Class Night**, Sock Hop and the Variety Show was the year filled with the most **memories**. Starting their freshman year at Suffield High, the Class of 2009 was overwhelmed with **Spirit Night**, the **Volleyball Marathon** and **Yearbook Picnic** which will just add to the many memories they have shared together.



(RIGHT) Justin Pierce and Logan Horner show off the hard work they put into their tie-dye t-shirts they made during their Chemistry class Junior year. When you walked down the Junior hallway, you saw an array of bright colors that was displayed by all of the Juniors.

(FAR RIGHT) Alex Smith and Nicole Salamone take a break from the Volleyball Marathon. Thanks to them and all of the hard work that NHS put into the Volleyball Marathon, everyone enjoyed a great night of competition and fun.



Senior Class Survey

Class of Speaks Up

Favorite Bands:

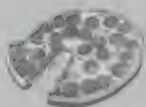
1. Coldplay
2. Rascal Flatts
3. Jonas Brothers

Favorite Actor:

1. Johnny Depp
2. Heath Ledger
3. Denzel Washington

Favorite Food:

1. Pasta
2. Pizza
3. Mashed Potatoes



Favorite Event in High School:

1. Prom
2. Spirit Night
3. Volley Ball Marathon

Favorite Clothing Store:

1. American Eagle
2. Hollister
3. Hot Topic

What was your favorite year of high school?

Ashley Brightman (BELOW):

"My favorite year was Senior year. I loved senior priviledges."



Favorite Actress:

1. Keira Knightly
2. Jessica Alba
3. Angelina Jolie



Favorite Show:

1. Gossip Girl
2. House
3. Secret Life of an American Teenager

Favorite Solo Artists:

1. Lil' Wayne
2. John Mayer
3. Chris Brown

Favorite Restaurant:

1. Olive Garden
2. Red Robin
3. Friendly's

Favorite Sport:

1. Baseball & Soccer
2. Basketball
3. Horse Back Riding



Do you plan on living in Suffield after college?

Alison Gagnon (BELOW):

"No. I plan on visiting alot but I don't think I will live in town after college."



Flying Coach

For the Seniors the year 2009 symbolizes an end, but for the Underclassmen it's just a date that defines yet another year to look forward to. This year, each grade went through something different. Juniors wrapped up their third year at Suffield High and are soon to be in route to their last. The Sophomores completed CAPT, hopefully, and moved up a little in the high school hierarchy. And the Freshmen, new to the school, finally got comfortable in their classrooms. The year 2009 is nothing more than evidence of passing time. Underclassmen are growing up and will eventually move up to First Class. Some of them are almost landing, while others are just taking off.



(ABOVE) Sophomores Ally Pasquariello, Stephanie Guminiak, Katie Shute, Grace Presnick, Paige Anderson, and Silvia Isotti show off their Suffield shirts during their lunch. The girls are excited for their Junior year next year and are ready for the challenges it will bring them.

(BELOW) Juniors Marcus Macari, Gina DiPrato, Erika Hull, and Dan Bartini take a picture during gym class. Gina and Erika had fun beating Marcus and Dan in an intense game of badminton right before this picture was taken.



"Every day is a
Journey, and the
Journey itself is
home."

-Matsuo Basho



"My favorite
part of Junior
year was
lacrosse season.
I had a lot of fun
this year and
was glad we did
well. I can't wait
until next
season."

**-Katie
Sullivan
'10**



"The best part of
Junior year was
Spirit Night
because it was
really fun and
some of the skits
were good. I
was pretty
proud of how
the Juniors did
this year."

**-Colin
McGhee
'10**

Juniors 2010

Stacey Adamezyk
Kendall Albert
Zachary Allard
Peter Armata
Daniel Bartini
Ann Bauchiero
Connor Betts



Chelsea Bishop
Lauren Bissey
Shannon Bizeau
Nathaniel Book
Heather Boudreau
Michelle Boudreau
Tara Boudreau



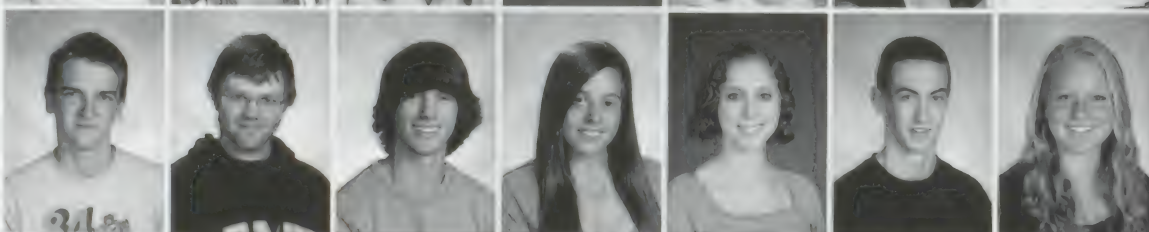
Timothy Bourdeau
Erin Brault
Tyler Brookes
Robert Brooks
Stacy Brunelle
Patrick Bucior
Samantha Bujak



Rachel Burnaford
Ashley Callahan
Moriah Canty
Joseph Cardoso
Kelly Caron
Jessica Carson
Nicholas Cecere



Kevin Chaput
Josh Christian
Jonathan Cieri
Amanda Conway
Samantha Corallo
Kyle Dallaire
Julia Dalrymple



Emily Deford
George Deligiannakis
Monica Deshmukh
Tyler Devine
Anna DiLorenzo
Gina DiPrato
Elisha Dorsey



Mary Drenzek
Madeline Droney
Joshua Dupuis
Samuel Eastman
Kate Ehander
Jessie Fahsbender
Jaclyn Ferland



Casey Ferrari
Troy Fitzgerald
Chuniai Fletcher
Drew Fortin
Ellen Fredrick
Alison Garber
Brett Gardocki



"A Journey is best measured in friends rather than miles."

-Tim Cahill



"I loved Junior year! It was a lot of fun but it was also a lot of work. I had so much work on school nights but it wasn't so bad on the weekends."

-Maddie Motherway '10



"I think Junior year is my favorite so far. I really like it a lot better than Freshmen year and so far it has been better than my sophomore year. It's been a great year."

-Joey Sullivan '10

Erik Gauthier
Krista Gay
Michael Gibson
Ashley Giller
Alexander Giuliano
Kelsey Goulet
Joshua Guzzi

Robert Hale
Davon Hardeman
Andrea Henao
Lindsey Henry
William Hermann
Timothy Herzig
Sean Heyse

Kevin Ho
Morgan Hubbard
Erika Hull
Kaela Huther
Alexander Ingram
Stacey Isbister
Anthony Jauregui

Joseph Jauregui
Ryan Johnson
Samuel Johnston
Brett Kaselouskas
Soo Kim
Shawn King
Joshua Kozikis

Emily Krauss
Michael Kudla
Kimberly Kuras
Alyssa Lacross
Giovanna Lancaster
Kevin LaPointe
Kristie Laverdiere

Jordan Lavin
Christopher Lawler
Dylan Lawrence
Jeffrey Leonard
Keith Leonhardt
Amanda Lewis
Erin Linsenhigler

Cameron Luongo
Conor Lynch
Nathan Lynch
Alexander Macari
Marcus Macari
Megan Madison
Stuart Malec

Taylor Mark
Michael Masso
Jeffrey Mazzetta
Kelly McDonough
Colin McGhee
Jessica McGinley
Gavin McKay

"The soul of a Journey is liberty, perfect liberty, to think, feel, do just as one pleases."

-William Hazlitt



"I liked Junior year a lot. The classes were a little bit harder but being older than half the school was really great."

-Kristi Neilson '10



"I think that my Junior year was pretty good. Lacrosse season was great and the trip up to Seneca Nation was really fun. I can't wait till my senior year."

-Ryan Johnson '10

Juniors 2010

Ross McKinley
Stephen Medwid
Kelli Menard
Thomas Miga
Angelina Minnocci
Kelly Miskin
Frank Mnich



Lauren Monsiegnur
Katelyn Moores
Megan Moreau
Angela Moskwa
Madeleine Motherway
Jenna Munroe
Kyla Murray



Julia Muscarella
Kayla Nadeau
Kristi Neilson
Kevin O'Kane
Casey Olden
Kendelyn Ouellette
Nicole Ouellette



Katherine Pagan
Samantha Pandolfi
Gregory Paquette
Kyle Parker
Jessica Pastula
Austin Phelps
Nicole Picard



Jennifer Pinto
Jesse Potter
Nicole Poudrette
Jalon Rainey-Griggs
Margaret Reeves
Joshua Remy
Chris Reynolds



Tyler Richmond
Sean Riddell
Rachel Rocheleau
Ariel Rogeness
Dustin Rolocut
Ralle Rookey
Cory Roy

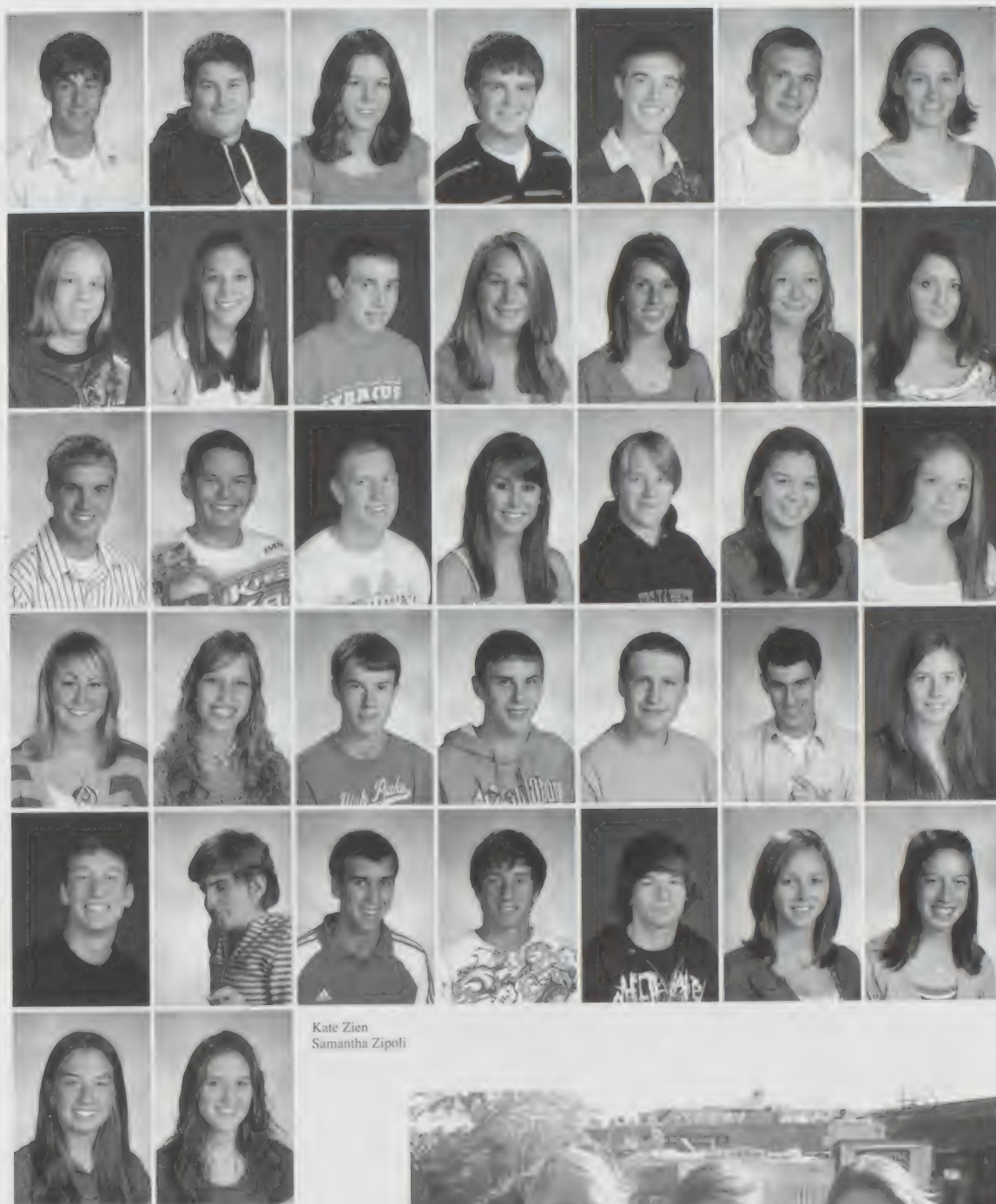


Jasmine Ruckey
Victoria Sadoski
Mario Santos
Matthew Schnepf
Tyler Schwarz
Taryn Scozzari
Jonathan Sharp



Andrew Shea
Kyle Sheridan
Blake Sherman
Rachel Shermer
Matthew Shute
Tyler Simons
Anne Sollish





Kate Zien
Samantha Zipoli

(RIGHT) Juniors Julia Dalrymple, Angela Minnocci, and Kelly Miskin stand in front of a gravestone in Salem, Massachusetts. The trip was one of the best of the whole year.



"The Journey of a thousand miles begins with one step."

-Lao Tzu



"I really enjoyed Junior year. It is all going by really fast now and I'm looking forward to what the future brings. Next year should be great!"

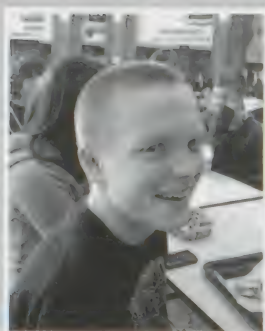
-Shawn King '10



"I enjoyed junior year so much more than previous years. It was more fun than sophomore and junior year but senior year should be so much better than all of them!"

-Anne Treglia '10

"The Journey is the
reward."
-Chinese
Proverb



"Sophomore
year was cool. I
thought it was a
lot more fun
than Freshmen
year. CAPT was
definitely my
least favorite
part of the year."

**-Joey
Gleason
'11**



"I liked this year
alot better than
last year
because I made
a lot of new
friends. Soccer
season was
really fun and I
can't wait to
play again."

**-Hadley
Stevens
'11**

Sophomores 2011

Justin Abrams
Cory Allen
Lucas Allen
Paige Anderson
Zachary Anderson
Brittney Anthony
Dustin Backus



Daniel Banks
Daniel Bartley
Kerstyn Bassett
Anthony Beltramello
Colby Benoit
Don Beresford
Zachary Bergamini



Zachary Biederman
Connor Blake
Julia Boldy
Shelby Bouchard
Rebecca Bowling-Worcester
Amanda Boyd
Kathy Lee Brightman



David Brinker
Thomas Brown
Ryan Buckingham
Timothy Buckingham
William Butcher Iii
Danielle Caramante
Samantha Carlson



Alexis Cavanaugh
Kristi Chamberlain
Daniel Champagne
Melissa Chapman
Kaileigh Chappell
Kevin Chmiel
Madeline Cicitto



Molly Clark
Jennifer Clayton
Raehael Cocco
Carissa Collins
Nicolas Collins
Nirole Cordiliko
Chelsea Cosgrove

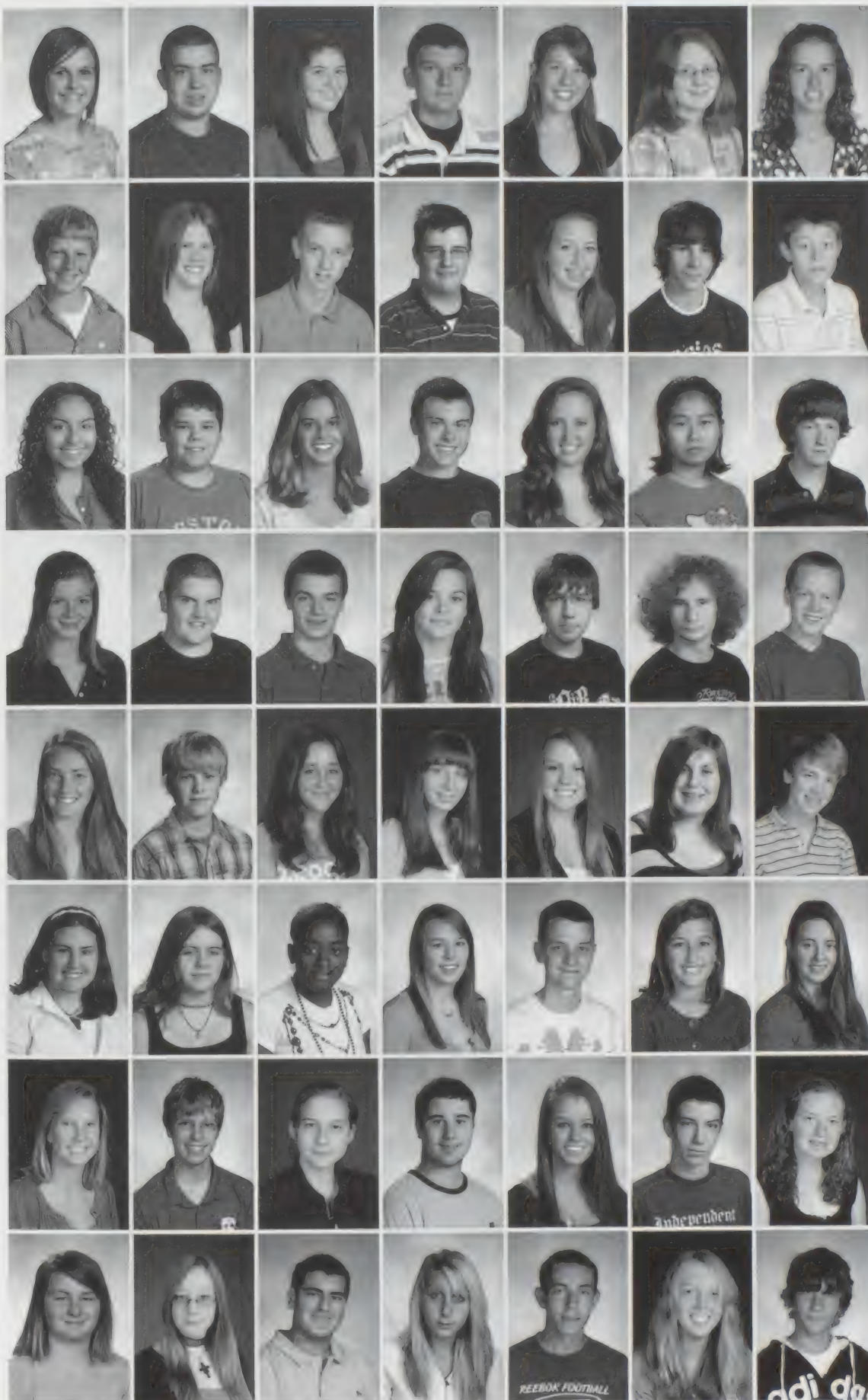


Abigail Creighton
Alexa Crosby
Mitchell Crosby
Travis Crosby
Kristen Currier
Jeffrey Daley
Raehel Dern



Morgan Deske
Andrew Dodds
Michael Doherty
Azure Doney
Benjamin Dorman
Emily Dorman
Annette Doyon





Hannah Drinkwater
Zachary Dupuis
Anna Durkin
Joseph Duval
Emily Ellithorpe
Renee Ewing
Stephanie Fahey

Andrew Fahle
Toni Fedora
Dennis Ferrari
Dylan Fields
Jessica Flagg
Troy Flagg
James Fleming

Jasmine Flores
Ryan Formaggioni
Elisabeth Forster
Mario Frare
Erin Frawley
Sonya Fung
Daniel Gagnon

Julia Galica
Benjamin Gallagher
Sheldon Gaskell
Chelsea Gervais
Brett Gifford
Eric Giuliano
Joseph Gleason

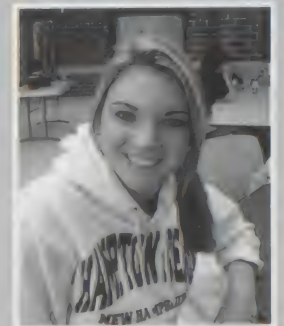
Stephanie Guminiak
Kevin Gundersen
Samantha Guzzi
Lauren Haffner
Courtney Haglund
Kayla Hale
William Heath

Lilly Hopcroft
Brittany Hube
Brittany Hudson
Megan Hysler
Brendan Irish
Silvia Isotti
Cathrine Jarinko

Sarah Jordan
Sawyer Judkins
Angelique Justesen
Geoffrey Kaplan
Karter Kaplan
Tyler Keller
Kelly Kenney

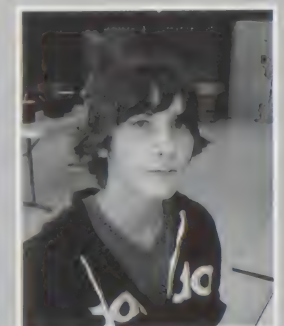
Toree Kluntz
Elizabeth Koch
John Kopec
Jessica Kozakis
Michael Krzanowski
Emma Kubetin
Mitchell Kucia

"Simplicity is making the *Journey* of this life with just baggage enough."
-**Charles Dudley Warner**



"My sophomore year was a lot better than freshman year! High school is so much more fun when your not the youngest in the school."

-**Brenna Lowe '11**



"This year I really enjoyed taking part in the school play. I helped with the sound and had a lot of fun. All the crew were really nice and fun to be with."

-**Mitchell Kucia '11**

"Only the Journey
matters."

**-Harry
Callahan**

Sophomores 2011



Ryan Kulas
Alida Lamagna
Kathleen Lamantini
Timothy Lamantini
Hilary Lattanzio
Rebecca Lavoie
Patrick Lee

Eric Lenser
Hector Leon
Rachel Liberty
Anthony Liquori
Kelsey Loveless
Brenna Lowe
Bruce Mackay

Kelsey Mackey
Andy Mai
Kimberly Markee-
Behrends
Michelle Markham
Holly Markowski
Christian Martin
Charles McGann

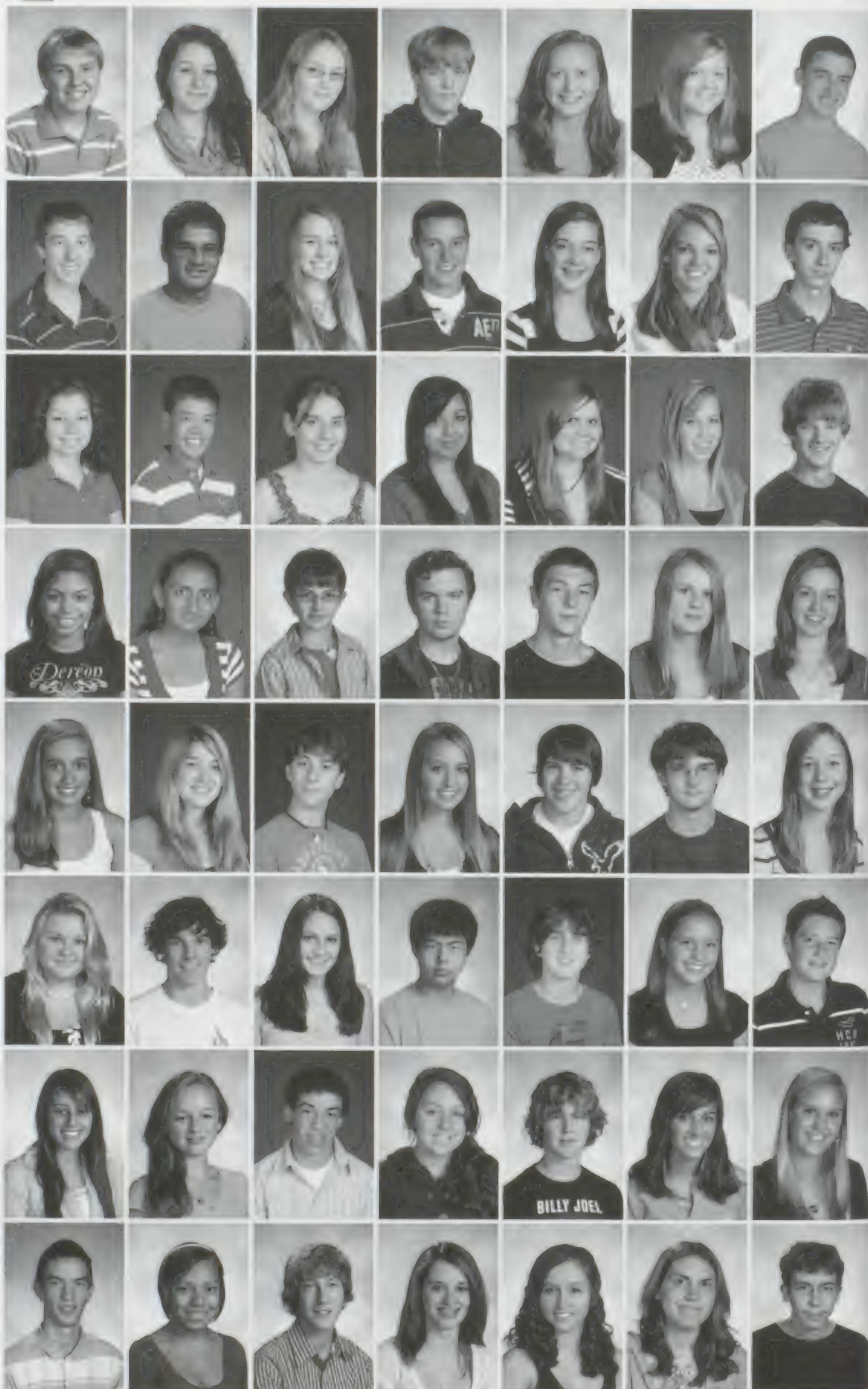
Felicia McPherson
Neha Mehta
Kyle Mercik
Sammuel Mercuriou
Michael Miskin
Lauren Misunas
Valerie Motter

Anne Murphy
Chelsea Murphy
Marco Muzio
Julie Nadeau
Peter Nadolny
Matthew Nichols
Kathryn O'Connell

Maura O'Malley
James Padrevita
Florence Panasiwicz
Soobyung Park
Scott Pascoe
Allyson Pasquariello
Matthew Pasquariello

Chelsea Peck
Katie Pederzani
Nicholas Peluso
Taylor Piccolo
Andrew Pogg
Karoline Porcello
Grace Presnick

Aleixander Puerta
Anjali Quinones
Nicholas Rigby
Brenna Robinson
Arianna Rossetti
Allyson Rowe
Steven Salter



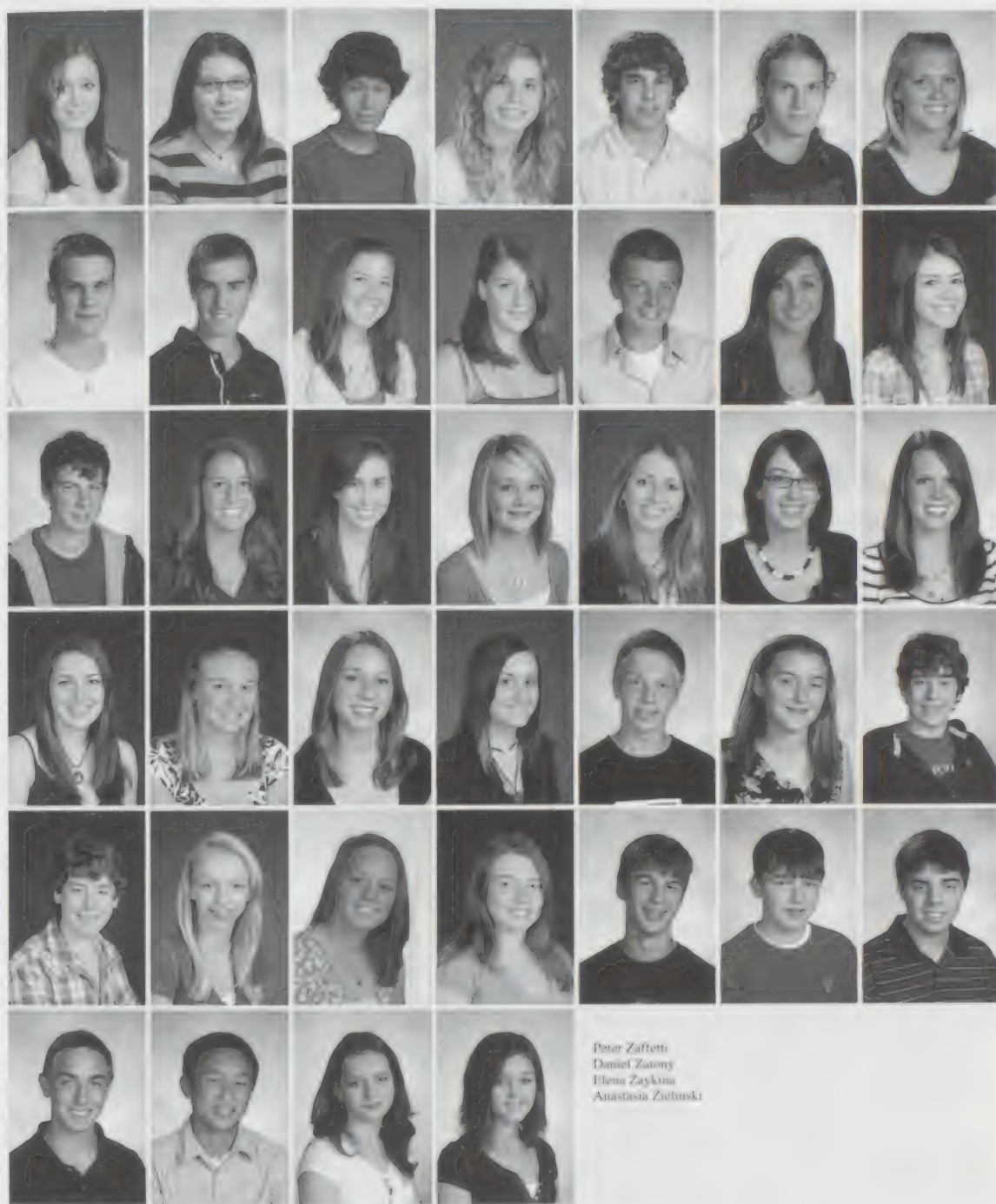
"This year was
different than
last year. I was
excited not to be
the youngest in
school but also
nervous for the
challenge of
being a
sophomore."

**-Lisa
Forster
'11**



"Feild Hockey
was so much
fun this year! I
had a great time
with all of the
girls and really
hope next year
is just as fun. I'll
definitely miss
the seniors
though."

**-Paige
Anderson
'11**



Samantha Saner
Allison Santi
Wayne Sarmiento
Carly Seaha
Tyler Seidel
Matthew Sheahon
Katie Shute

Christian Skawski
Patrick Slattery
Hadley Stevens
Shannon Storey
Daniel Sullivan
Tara Sullivan
Jessica Summa

Michael Sutton
Emily Sweeney
Clare Tassinari
Nicole Taylor
Rebecca Tittarelli
Jamie Torone
Mary Tracey

Hannah Vigneri
Sarah Voisine
Alyssa Wagner
Megan Walsh
Norris Whitman
Kimberly Willett
Morgan Wilson

Robert Wilson
Sarah Wilson
Katelyn Wood
Kayleigh Worster
Mark Wyse
Stephen Zaczynski
Leo Zaffetti

Peter Zaffetti
Daniel Zatony
Flena Zaykuna
Anastasia Zielinski

"To get through the hardest *Journey* we need take only one step at a time, but we must keep on stepping."

-Chinese Proverb



"Sophomore year is a lot tougher than freshman year. The classes are harder and the work load is a lot more intense."

-Bruce Mackay '11



"This year was really great. Lacrosse season went really well and the team played awesome together. I'm really excited for next season."

-Molly Clark '11



The sophomore class cheers on their grade during Spirit Night. The sophomore decorations for "Shipwrecked" were really well done. While their skit made you feel like you were with them on a deserted island when a pack savages came to attack.

"Journeys end in
lovers' meeting."

**William
Shakespeare**

Freshmen 2012

Rita Abou-Francis
Dan Adams
Joshua J Albert
Amber Alhusseini
Christopher Allan
Zachary Allen
Danielle Andresen

Tyler Arciszewski
Jordan Arruda
Ashley Atkins
Gabriella Attanasio
Austin Bacon
Kevin Bentz
Michae Bertolini

Alexander Biederman
Brianna Bishop
Morgan Bizeau
Caroline Blake
Nicole Boland
David Bray
Liam Brown

Derek Burnaford
Erin Cahill
Ciena Canty
Timothy Carney
Curtis Cauley
Amanda Chamberlain
Kara Chappell

Seth Christian
William Clark
Sara Classen
Vanessa Coates-
Cooney
Ashley Condon
Keith Congden
James Conway

Matthew Cotrone
Jeannette Cox
Gregory Cristina
Daniel D'Ostuni
Sarah Dallaire
Edward Danek
Taylor Davenport

Christopher Delisle
Cheyenne Dilley
Eliza Doane
Nolan Donahue
Kayla Donais
Luke Donais
Alexander Drake

Sheila Drakeley
Madison Duffy
Kristen Dupuis
Thomas Duval
Ashley Edwards
Alicia Falkowski
Nathan Fall



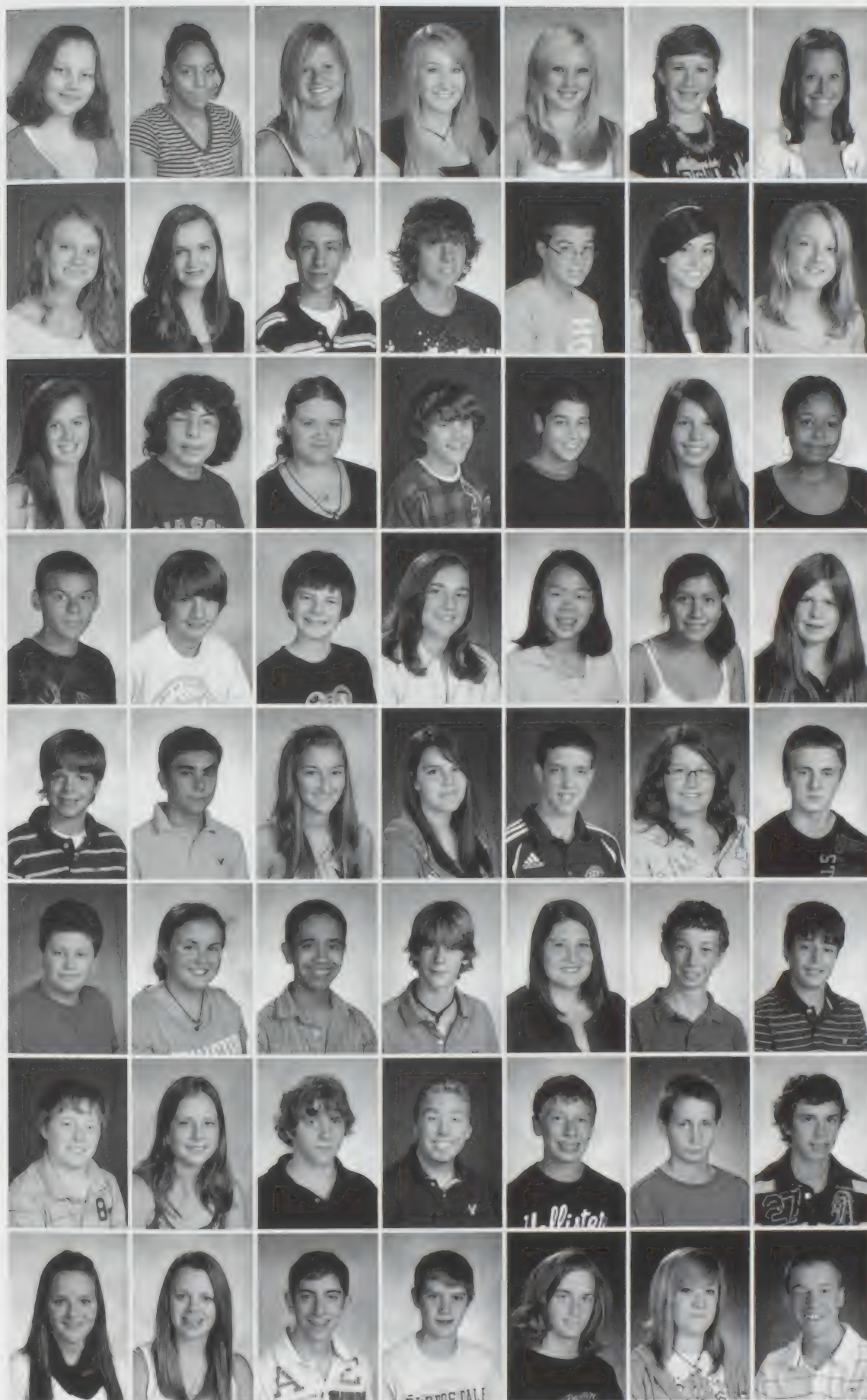
"My favorite
part of
Freshmen year
was Cross
Country season.
I loved
challenging my
self and trying
to finish with a
better time."

**-Daniel
Moroney
'12**



"Soccer in high
school is a little
different than
travel soccer.
We had practice
every day after
school! I had a
lot of fun this
season and
can't wait until
next year
though."

**-Brianna
Bishop
'12**



Dakota Ferguson
Diamond Fix
Ayla Formeister
Michaela Fortin
Emily Forzono
Holly Fox
Nicole Gagnon

Alexis Galloni
Sophie Garber
Conner Gates
Michael Gemme
Mark Gervais
Olivia Giuliano
Ashley Gleason

Natalie Glynn
Benjamin Godfrey
Lekah Grant
Christopher Hagenow
Azmi Hamideh
Hanna Hamideh
Deashya Hardy

Branden Hatheway
Dean Heineman
Joseph Heyse
Natalie Hitt
Victoria Ho
Melly Howland
Marcella Hube

Kevin Hull
Ryan Hunihan
Isabella Isotti
Ali Johnson
Eric Johnson
Allison Jones
Kevin Jones

Michael Kancelarie
Daniela Kelliher
Timothy Kelly
Shane Keney
Karen Kiely
Brendan Kirschbaum
Mathieu Kolensky

Craig Kost
Jordan Kreuzer
Sean Kucia
Kevin Kula
Denis Labarre
David Lafreniere
William Lapinski

Kayleigh Lapointe
Holly Lascell
Tyler Lavoie
John Ledoux
Matthew Lefemine
Brianna Leroux
Jeffrey Lertora

"We may run, walk, stumble, fall, or fly, but let us never forget the reason for the *Journey*."

-Anonymous



"Freshmen year was really different than 8th grade. The transition from being the oldest in school to the youngest was tough for me."

-Taylor Davenport '12



"I was surprised at how exciting freshman year was. At first I was nervous in a new school but I realized that it isn't that big of a deal. Everything is great now."

-Eliza Doane '12

"If my ship sails
from sight, it
doesn't mean my
Journey ends, it
simply means the
river bends."

**- John Enoch
Powell**



"My favorite
part of
freshman year
is being able to
meet new
people. I liked
playing sports
with the
upperclassmen
too."

**-Isabella
Isotti
'12**



"School was a
lot of fun this
year. Freshman
year wasn't
much of a
change for me. I
do really like
high school
though."

**-Kevin
Jones
'12**

Freshmen 2012

Ewa Lojewska
Marisa Lydon
Kacey Macgillivray
Krista Macgillivray
Stephanie Madden
Jessica Madore
Kimberly Mai



Michael Makaravitz
Lara Maleyeff
Meghan Maliga
Joseph Mangiameli
Brandon Marquis
Paxton McNierney
Tim Mercy



Stephanie Moise
Daniel Moroney
William Morris
Kyle Morton
Tyler Munter
Danielle Murdoch
Marc Murphy



Megan Murphy
Kyle Norton
Scott Ocampo
Cody Olden
Rachel Olechny
Stephanie Olechny
Armando Ortiz



Thomas Padrevita
Timothee Panosky
Matthew Paquette
Elizabeth Pasquariello
Jaime Perez
Jacob Peterson
Marla Phelps



Jacob Picard
Atonna Piccolo
Danielle Piccolo
Gabija Pileika
Timothy Pinto
Sean Podlewski
Joel Quintin



Kathryn Ravenola
Amanda Richards
Laura Rickard
Timothy Rollet
Samantha Rollins
Steven Roncaioli
Cristina Rossi



Kimberly Rossi
Dylan Rupp
Casey Ryan
Chazaree Sanchez
Whitney Sarmiento
Carissa Satryb
Christopher Sattal



"Life is just a
Journey."
- Princess
Diana



Diane Saunders
Bryan Sawyer
Kristina Schneider
Dalton Shank
Ethan Sheiber
Emily Sheridan
Kelly Sheridan

Samantha Siegal
Emma Sikes
Stephen Silva
Ashley Smith
Matthew Somerville
Timothy Sperrazza
Amy St. George

Shannen Staves
Pen Stevens
Leah Stiles
Sierra Strevel
Jamie Sullivan
Emily Svindland
Dylan Taravella

Rachael Tedone
James Temple
McKenna Tierney
Vanessa Toledo
Andre Toussaint
Alexander Treiber
Paul Trzeinski

Kyle Tseka
Kelsey Tustin
Gregory Ventrelli
Dario Vicedomini
Brendan Wagner
Ashley Waite
Aaron Walters

Jonathan Ward
Rebecca Webster
Austin Whittle
Alexis Williams
Alicia Wilson
Stephanie Wilson
Abigail Woodhouse

Alan Zaffetti
Gabrielle Zirolli

Vanessa Coates-Cooney gets ready to pass number four from Tolland. There were a lot of freshman on the JV girls soccer team.



"The best part of this year was Mr. Suffield. Watching the senior boys compete for the crown was a lot of fun and the skits were really amusing."

-McKenna Tierney '12



"My first year here was really good because my sister was in school with me. I also made a lot of friends and had some really great times."

-Kevin Kula '12



Tour Guides

Every journey needs someone to lead the way, someone to make sure the travelers know where they are going and that they stay on track. At Suffield High, the faculty and staff make sure that every student's path is as smooth as possible. Everyone works together to create an easy learning environment so that all students will be able to navigate with ease, no matter which path they may choose. Without our tour guides, we would all be lost, left to wander the hallways alone. Each staff member is so dedicated that several have been here for over 30 years. Every graduating class would have found dead ends if it weren't for these SHS tour guides. The student body is truly grateful for all their help over the course of our high school journey.



(ABOVE) Mr. Eggleston, Ms. Raffia, and Officer Antrum exemplify three of the countless opportunities available at SHS: Physical Education, Substitute Teaching, and Resource Officer.

(BELOW) Mrs. Blackaby and Mrs. Johnson pose for a picture in front of only a few of their many well known Pez dispensers. These dispensers, like the staff at SHS, are one of the many things that makes our school so unique and interesting.



Faculty Tour Guides

The **faculty** here at *SHS* are the **drivers** on our journey through high school. If it weren't for them helping us along and **guiding** us *through the years*, we would have never made it onto the right *paths*. They do so much for us during the four years that each of us spend here and without them we would not leave with nearly as many memories. As we **venture** off into the real world we will always remember the *life lessons* that they have taught us along our **journey** at Suffield High.



Mrs. Donna Hayward

Principal - 1 year
Smith College, BA, MAT
UCONN, 6th Yr



Mr. Ed Garvy

Vice Principal - 21 years
Westfield State, MA,
CAGS



Ms. Rosa Perez

Vice Principal - 1.5 years
Assumption, BA
Central CT, MA
6th Yr Ed. Leadership



Points of Interest



Place to Visit:
Mt. Everst

Favorite Car:
Dodge Intrepid

Favorite Street:
1600 Pennsylvania
Avenue.

Time of Year:
Early Spring



Place to Visit:
The Bavarian Alps

Favorite Car:
Ferrari Enzo

Favorite Street:
Sandstone

Time of Year:
Fall



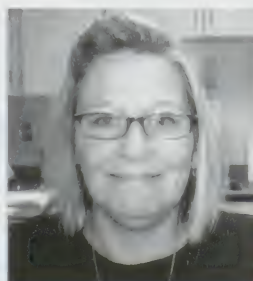
Sharon Akkouris
Education Assistant
9 years



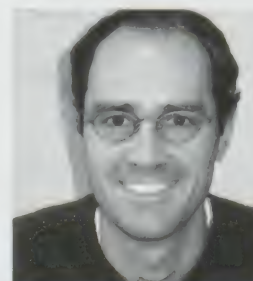
Paula Anderson
Secretary - 9 years
Bay Path College, AA



Terry Antram
Resource Officer



Molly Baumann
Nurse - 11 years
Curry College, BSN
Childrens Hospital Medical
Center



Mark Beigel
Science - 7 years
Univ. of Rochester, BA
UMASS, M. Ed



Michael Bosworth
Athletic Director - 1 year
UCONN, BS
Central CT, MS



Miriam Blackaby

Media Center
Education Assistant - 20 years
Mid-Herts College, BA



Jean Carmichael

Custodian



Sue Carlson

Business - 19 years
Rockford College, BS
CCSU, MS
Lesley Univ., MS



Kathy Carney

Pupil Services - 6 years
Bay Path College



Carl Casinghino

French and Film - 12 years
Princeton Univ., BA
Vermont College, MA
NYU, GFTV



Domenico Casolari

Mathematics - 8 years
Boston Univ., BS
Simmons College, MAT



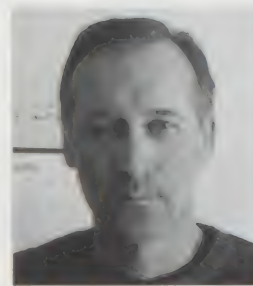
Laurie Castro

Special Ed. - 3 years
Elms College, BSW
Westfields ST. College M. Ed



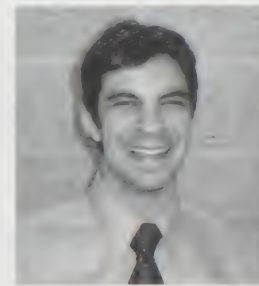
Viesha Chatel

Science - 1.5 years
Saint Joseph College BA, BS
& M. Ed



Timothy Coleman

Science - 1 year
ST Bonaventure Univ., B.S



Christopher Cosma

Mathematics - 9 years
Stonehill College, BA



Robert Coughlin

Mathematics - 2 years
Sacred Heart Univ., MAT
ECSU, BS & MS



Kevin Courchesne

Science - 3 years
Stonehill College, BS
Univ. of New England, M. Ed



Diana Cunningham

Physical Education - 25 years
Lesley Univ., MS
CCSU, BS



Christina DeAngelis

English - 3 years
Mt. Holyoke College, BA
Manhattanville College,
MAT



Libby Deedy

Business - 16 years
Bryant College, BS
Rensselaer at Hartford, MS



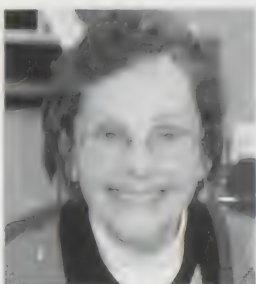
Steve Dudeck

Business - 10 years
W. New England, BS
Westfield State, M.Ed
Cambridge College, CAGS



Paul Dumais

Social Studies - 6 years
Assumption College
CCSU



Beatrice B. Duni

Secretary - 45 years
Suffield Regional
Agriscience Center



Cookie Duval

Cafeteria Staff - 6 years



Jason Elland

Social Studies - 2 years
Clark Univ.



Robert Eggleston

Pysical Education - 9 years
Westfield ST College BS, MA



Guy Fortunato

English - 6 years
Sacred Heart Univ., BA, M. Ed
Central CT, 6th Yr



Gina Garfield

Guidance - 3 years
Emmanuel College, BS
CCSU, MS



Daniel Gatto

Life Education - 6 years
Springfield College, BS, MS



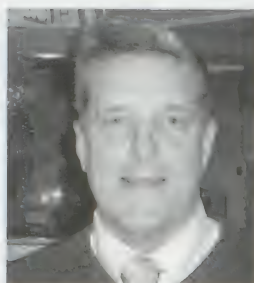
Jeffery Gowdy

Social Studies
39 years
CCSU, BS, MS





Janet Grasso
Paraprofessional



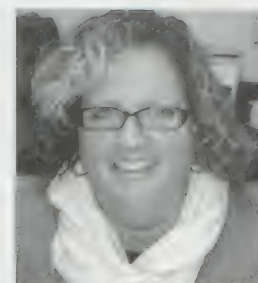
Harrison Griffin
Director Suffield Reginol
31 years
UConn BS, MS



Joseph Grimard
Science - 8 years
CCSU, MS, BS



Janet Hackeneyes
Special Education
4 years



Noreen Harnett
World Languages - 5 years
Smith College, BA
CCSU, MS



Darlene Harris
Main Office - 17 years
S.T.C.C.



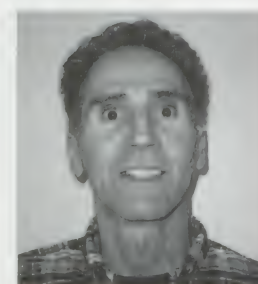
Allen Hoffacker
English - 5 years
Middlebury College



Christine Hoffacker
Music - 7 years
Royal Conservatory Music
ARTC
Royal Schools Music LRSM
Univ. of Hartford School of
Music, B. MUS



Stephannie Holland
English - 6 years
Middlebury College
Oxford, MS
South Western, BS



Eddy Huppe
Mathematics - 7 years
CCSU, BS
Univ. of Hartford, M.Ed



Mark Janick
Mathematics - 3 years
URI, Cental CT, BS, MS



Carol Jenkins
Education Assistant



Rick Jensen
Earth Science - 33 years
Rutgers, BS, MS



Jean Johnson
Physical Education - 8 years
CCSU, BS, MA



Kristin Johnson
Media Center - 9 years
UConn, BA
SCSU, MLS

Points of Interest



Place to Visit:
The Water

Favorite Car:
Jeep

Favorite Street:
Yawkey Way

Time of Year:
Summer



Place to Visit:
Beach

Favorite Car:
Mustang

Favorite Street:
Lombard St.

Time of Year:
Fall



William Jordison
History - 1 year
UConn M. Ed



Patricia Juhl
Mathematics - 2 years
Lebanon Valley College, BA
Univ. of Hartford, MA



Sara Kaplan
Social Studies - 5 years
UConn, BS, M.Ed



Justin Kaput
Agriscience - 6 years
Univ. of Maine, BS



Larry Katulka
Social Studies - 33 years
CCSU, BS, MS



Gail Katz
Latin/English - 8 years
NYU, BA, Yale Univ. MA
Trinity College, BA



Alan Kaufmann

Science - 5 years
State Univ. of NY
Univ. of Virginia, MS



Ron Kilby

Special Education - 12 years
Central CT, BA
Westfield State College, MA



Ann Marie Kimmett

Mathematics - 30 years
UConn BA
Wesleyan Univ., MA



Barbara Klaus

Special Education - 8 years
Westfield ST College, BS,
M. Ed



Kristina Kochanek

Guidance - 9 years
Springfield College, BS
American International
College, MA



Laura Laflamme

Agriscience - 7 years
UConn, BA
Central CT., MA



Ann Lewis

Special Education - 14 years
Univ. of Arizona



Nancy Lombard

Life Education - 28 years
Central CT, BS
Southern CT, MS



Robert Lowell

Head Custodian
26 years



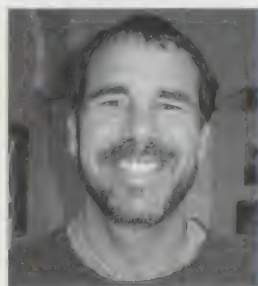
Norah Lusignan

Psychologist - 23 years
UMASS, ED. D.



Margaret Majewski

English - 5 years
Clark Univ., BA



Kyle McCullough

History - 10 years
American Univ., BS, BA
Univ. of Hartford, M. Ed



Katherine McGurn

Social Studies - 11 years
Univ. of Delaware, BA
Central CT, MA



Robin Mentzer

Mathematics - 5 years
Wheaton College, BS
Univ. of Hartford, M. Ed



Maryellen Mercik

Main Office - 10 years
Asnuntuck, AA



Karri Michaud

Art - 2 years
Central CT, BA



Joseph Migliore

Music - 25 years
UConn, BA
Central CT, MA



Donna Millikin

Technology Department
21 years
San Juan Vo-Tech School
Colorado, RN



Deborah Miner

Family and Consumer
Science - 15 years
Hillsdale College, BA
Bowling Green Univ.



Gina Orvieto (Fasoli)

English - 5.5 years
SUNY College Buffalo, BS
Springfield College, M. Ed



Marisa Packard

Spanish - 1.5 years
Notre Dame, BA



Cathy Peerless

Art - 36 years
Univ. of North Carolina BS
Univ. of Hartford, MAE



Diane Phelon

Secretary
10 years



Dennis J. Picard

English - 32 years
RI College, BA
Catholic Univ, MFA



Deborah Pierce
Mathematics - 11 years
Westfield ST, BS, MA



Sandy Plourde
Secretary - 22 years
Univ. of Rhode Island, BS



Janice D. Potter
English - 27 years
Central CT, BA, MS



Kim Radziewicz
Biology - 16 years
Bates College, BA
Tufts University, MAT



Steve Rascher
English - 3 years
Trinity College, MA
UCONN, PHD



Karin Riordan
Spanish - 10 years
Bates College, BA
Elms College, MAT



Judy Saunders
Cafeteria Staff



Timothy Shea
Social Studies - 3 years
UCONN, BA, MA
Central CT State



Steve Shultis
Spanish - 7 years
Westfield ST College BA
Madrid San Luis, MA



Lori Silva
Special Education - 13 years
Salem State College



Barbara Smith
Special Education - 15 years
Western CT State Univ. BS
Central CT State



Sandi Smith
Special Education 1 year
UCONN, BS, MA



Robert St. Amand
Guidance - 10 years
Westfield ST College BA
UMASS Amherst M. Ed,
CAGS



Brianna Stronk
Academic Lab - 1 year
Saint Joseph College M.Ed
UCONN, BS



Ned Sullivan
Guidance - 30 years
Westfield State College
BSE, MS

Points of Interest



Place to Visit:
The Ocean

Favorite Car:
Rav 4

Favorite Street:
Rt. 127

Time of Year:
Fall



Place to Visit:
Within

Favorite Car:
Minivan

Favorite Street:
Shakedown St.

Time of Year:
Summer



David Szabla
Science - 3 years
Tufts Univ., BS



Karima Tan (Belemlih)
World Languages - 7 years
Jacksonville ST Univ. BA, MA



Judy Tower
Tech Department
20 years



Lou Wanat
Technology Education
38 years
Central CT State, BS, MS



Anne Willard
Agriscience - 16 years
UCONN, BS, M.Ed
Central CT State, MS



Nancy Kelly
Spanish, 11 years
Trinity, BA
SUNY Albany, MA

Advising the Journey for the

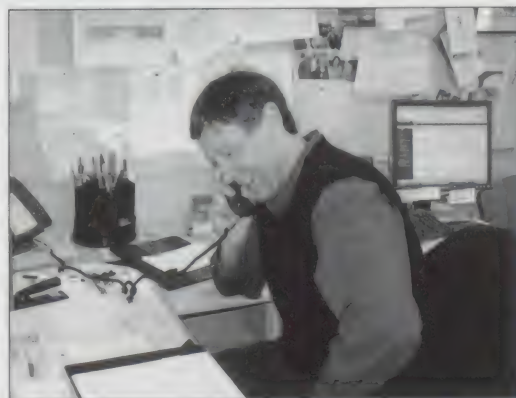
Advisors are what keep our class together and what makes our four year journey through Suffield High School as smooth and fun as possible. Not only do they add a ton of work to their schedule to benefit us but they also give up a lot of their free time to work with us on fundraisers and to supervise all of our class activities. We would not have made it through high school without all of the help and advice our advisors gave us.



(RIGHT) Mr. Sullivan and Mrs. Lombard hold up the senior class sweatshirts as they help to represent the class of 2009!



(LEFT) Mrs. Lombard takes her upperclassmen Life Education class to the library to work on a project. Mrs. Lombard is always a great help to her students and is always around to brighten your day!



(ABOVE) Mr. Sullivan takes a phone call in his office to help explain to a parent about their child's class dues. Mr. Sullivan is always in a cheerful mood and there to guide anyone through their toughest days.

Faculty Not Pictured:

Celeste Cannon
John Clapp
Dennis Goff
Marlene Morassi
Stacey Navratil
Teri Seidel



"We have very much enjoyed accompanying the Class of 2009 on their journey through SHS these past four years. From that very first fundraiser at Suffield on the Green freshman year to all of the great senior activities, it's been fun to come along for the ride! We'll both remember this class fondly and believe it or not, we'll even miss those early morning class council meetings too! We wish you all the best for life after Suffield High School and we hope that you will all find the success and happiness in life that you so richly deserve! Good luck & God Bless to the Class of 2009!"

-Mrs. Lombard and Mr. Sullivan

Clubs & Organizations

When the final bell of most schools ring, the student body heads home. When the final bell of Suffield High School rings, the student body stays and participates in various clubs and organizations. One part of Suffield High that stands out from the rest is our amazing student body participation. The wide selection of clubs SHS offers allows everyone to join a group and meet new people. The activities vary from community service, to anime, to saving our environment. With endless possibilities, students can test drive a club and join a different one if they choose. Everyone is always welcome. The Clubs and Organizations give students the chance to be who they truly are and express themselves. They offer a learning environment that cannot be found in the classroom and helps to express what SHS is really about.



(ABOVE) Members of the Best Buddies smile as they gather at a meeting to make paper snowflakes. Best Buddies is a unique club that creates an atmosphere where everyone is welcome to and no one is judged.

(BELOW) Senior Vincent Barnes offers advice to Freshman Daniela Kelliher. Vincent, along with several other students, spent every morning for the past four years working to produce a morning announcement program.



Clubs

2009 Student Council

2010 Student Council

2011 Student Council

Academic Quiz Team

Band

Jazz Ensemble

Senior Band Members

NCCC Group

Best Buddies

Book Club

Chamber Ensemble

Debate Club

Earth Club

Gay-Straight Alliance

Interact Club

Math Team

National Honor Society

Giraffe Club

The Messenger

Orpheus

Strategic Games Club

Student Senate

Student Activities Board

SHS Today

Wildcat Advisory Group

Wildcat Outreach



2009 Student Council

Nicole Salamone, Andy Lamagna, Lauren Mercik, Collin McGunigle, Nathan Rossi, Shannon Wilson, Eric Oullette, Bernadette Raum, and Michelle Kula

Class Advisors- Nancy Lombard and Ned Sullivan



2010 Student Council

Jacklyn Ferland, Katie Sullivan, Brett Gardocki, Kayla Nadeau, William Hermann, Drew Fortin, Eric Tenczar, Kaitlyn Szych, Tara Boudreau, Kate Eheander, Chelsea Bishop, Molly Drenzek, and Megan Madison

Class Advisors- Noreen Harnett and Larry Katulka



Band

Erin Cahill, Hannah Drinkwater, Victoria Ho, Ewa Lojewska, Naha Mehta, Amber White, Alicia Wilson, Jordan Arruda, Ryan Kulas, Tyler Lavoie, Eric Lenser, Sooyung Park, Alex Treiber, Nolan Donahue, Dante Maisano, Greg Ventrelli, Taryn Scozzari, Brittany Anthony, Linsey Carboneau, Cassandra Devney, Ashley Edwards, Carissa Collins, Robert Domin, Rebecca Suzenski, Julia Boldy, Gavin McKay, Greg Cristina, Nikki Boland, Michael Cristina, Joshua Giller, Andrew Lagana, Walter Malec, Chris Sweeney, Eric Jespersen, Wesley Sanborn, Brendan Stephen, and Colby Tyler

Advisor- Joe Migliore



Jazz Ensemble

Jordan Arruda, Ryan Kulas, Eric Lenser, Sooyung Park, Alexander Treiber, Dante Maisano, Taryn Scozzari, Carissa Collins, Julia Boldy, Gavin McKay, Greg Cristina, Michael Cristina, Andrew Lagana, and Brendan Stephen

Advisor- Joe Migliore



Book Club

Tran Phan, Denise Buckingham, and Elisha Dorsey

Advisor- Kristin Johnson



Chamber Ensemble

Michael Cristina, Elisha Dorsey, Amanda Emery, Shaughn Flynn, Gregory Hall, Sawyer Judkins, Gosi Kelliher, Brenna McGann, Florence Panasiewicz, and Hannah Vigneri

Advisor- Christine Hoffacker



2011 Student Council

Zach Anderson, Paige Anderson, Marco Muzio, Sarah Voisine, Lisa Forster, Brittney Anthony, Carissa Collins, Sarah Wilson, Julia Galica, Neha Mehta, Jamie Torone, Elena Zaykina, Azure Doney, Kelly Kenney, and Alida Lamagna

Class Advisors-

Domenico Casolari and Kristina Kochanek



Academic Quiz Team

Lucas Zielinski, Ana Zielinski, Marco Muzio, Kimberly Willett, Carissa Collins, Emma Kubetin, Morgan Wilson, Elisabeth Forester, Samantha Guzzi, Kristen Currier, Neha Mehta, and Rob Domin

Advisor- Christina DeAngelis



Senior Band Members

John Cosker, Josh Giller, Robert Domin, Michael Cristina, Wesley Sanborn, Walter Malec, Amber White, Rebecca Suzenski, Dante Maisano, Cassandra Devney, Lindsey Carboneau, Andrew Lagana, and Colby Tyler

Advisor- Joe Migliore



NCCC Group

Carissa Collins, Neha Mehta, Soobyung Park, Robert Domin, Michael Cristina, and Greg Cristina

Advisor- Joe Migliore



Best Buddies

Jennifer DiMauro, Victoria Heyse, Meghan Maliga, Joel Quentin, Natalie Hitt, Robert Brooks, Soo Kim, Margaret Reeves, Valerie Motter, Wesley Sanborn, Kelly Kenney, Rachel Tyman, Leah Mastroberti, Aaron Walters, Benjamin Dorman, Matthew Ventrelli, Thomas Loveland, Michelle Kopec, Rebecca Lavoie, Walter Malec, Jalon Rainey-Griggs, Hector Leon, Kayla Hale, Bryan Sutton, Joseph Heyse, Derek Burnaford, Nathaniel Book, Justin Abrams, Tran Phan, Denise Buckingham, and Elisha Dorsey

Advisors- Sara Kaplan and Barabra Klaus



Debate Club

Brendan Wagner, Heidi Wolfe, Jessie Strickland, Elena Zaykina, Brendan Stephen, Matt Magda, Brittney Anthony, Kayla Hale, and Neha Mehta

Advisor- Stephanie Holland



Earth Club

Devon Johnson, Megan Walsh, Will Holtzman, Rachel Burnaford, Allison Gagnon, Cara Ryan, Victoria Heyse, Emily DeFord, Eric Lenser, Brenna McGann, Anne Sollish, Robert Domin, Courtney Haglund, Rachel Liberty, Morgan Deske, Michelle LaPlant, Lauren Mercik, and Kristy Koistinen

Advisor- Justin Kaput



Gay-Straight Alliance

Marisa Lyndon, Allie Jones, Amy St. George, Megan Murphy, Ariel Rogeness, Aleix Ouerta, Sam Carlson, and Dan Adams

Advisor- Christina DeAngelis



Interact Club

Hilary Lattanzio, Peter Armata, Brenna Lowe, Azure Doney, Paige Anderson, Anthony Cervione, Michael Chapman, Robert Hale, Kevin Ho, Zachary Anderson, Elena Innes, Nicole Salamone, and Brittany Denué

Advisors- Nancy Lombard, and Ed Garvey



The Messenger

Dan Adams, Zachary Biederman, Rob Brooks, Alexis Cavanaugh, Elisha Dorse, Anna Durkin, Jessie Fahsbender, Alya Formeister, Alison Garber, Sophie Garber, Natalie Hitt, Will Holtzman, Brett Kaselouskas, Brianna Lertora, Meredith Lowe, Marisa Lydon, Kelsey Mackey, Stephanie Madden, Neha Mehta, Lauren Mercik, Steve Salter, Wesley Sanborn, Kristina Schneider, Stephanie Shamy, Jamie Sullivan, Abby Woodhouse

Advisor- Kristin Johnson



Orpheus

Stephanie Shamy, Olivia Cicitto, Tyler Simons, Lauren Mercik and Maddie Cicitto

Advisor- Janice Potter



Strategic Games

Nathaniel Book, Dylan Fields, Sawyer Judkins, Robert Logan, Connor Lynch, Matthew Nichols, Evan O'Connor, Ian O'Connor, Cory Roy, Josh Guzzi, Steven Salter, Michael Doherty, Shannon Bizeau, Morgan Wilson, and Andrew Pogg



Student Activities Board

Shannon Wilson, Cara Ryan, Michelle Laplant, Gosi Kelliher, Brianna Liquori, Colleen Moroney, Lauren Mercik, Kelly Kenny, TJ Sperrazza, Natalie Patterson, Julie Muscarella, Chelsea Hunter, Grase Presnick, Mitch Flagg, Daniela Kelliher, Julie Bianchi, Devon Johnson, Brianna Lertora, Kaitlin Synch, Katie Sullivan, Kristy Koistinen, Caitie Jones, Stephanie Shamy, Falyn Rasmussen, Meredith Lowe, Alex Smith, Erika Hull, Maddie Motherway, Alison Gagnon, Michelle Kula, Ali Daguio, Brittany Denué, Sabrina Cordiliko

Advisor- Dan Gatto



SHS Today

Lauren Mercik, Natalie Patterson, Michelle LaPlant, Gosi Kelliher, Amanda Emery, Evan Laux, Adam Santaniello, Jessie Strickland, Rachel Shermer, Moriah Canty, Brett Kaselouskas, Ariel Rogeness, Lilly Hopcroft, Samuel Mercouriou, Margaret Treiber, Angela Zaffetti, Davon Hardeman, Jalon Rainey-Griggs, Vincent Barnes, Brandon Clark, Daniella Kelliher, Brittany Hube, Bryce Skawski, Lindsay Strong, Anne Sollish, Kendelyn Ouellette, Nicole Ouellette, TJ Sperrazza, Dylan Fields

Advisor- Dennis Picard



Wildcat Advisory Group

Rachel Burnaford, Molly Drenzek, Paige Anderson, Zach Anderson, Fosié Cauley, Natalie Patterson, Colleen Moroney, Kelly Kenney, Michelle Laplant, Kyle Mercik, Cara Ryan, Lauren Mercik, Stephanie Shamy, Olivia Cicitto, Victoria Heyse, and Jenn Dimauro

Advisor- Rosa Perez



Math Team

Holly Chamberlain, Mike Formaggioni, Joel Jordan, Walter Malec, Tran Phan, Julie Silva, Ed Szoka, Taylor Worth, Sean Heyse, Kevin Ho, Dylan Lawrence, Cameron Luongo, Jeffrey Mazzetta, Jesse Potter, Maggie Reeves, Ralle Rocky, Andy Shea, Brendan Stephen, Anne Treglia, Soobyung Park, Sophie Garber, Victoria Ho, and Matthew Somerville

Advisor- Mark Janick



Student Senate

Chelsea Bishop, Danielle Caramante, Michael Cristina, Azure Doney, Molly Drenzek, Joseph Jauregui, Kelly Kenney, Soo Kim, Nicole Loughrey, Megan Madison, Collin McGunigle, Neha Mehta, Eric Ouellette, Stephanie Shamy, Andy Shea, Jamie Torone, and Sarah Wilson



Wildcat Outreach

Adam Santaniello, Evan Laux, Rebecca Suzenski, Robert Domin, Jen Dimauro, Brett Kaselouskas

Advisor- Kim Radziewicz



National Honor Society

Class of 2009- Brianna Cuevo, Eva Banlaki, Denise Buckingham, Anthony Cervione, Holly Chamberlain, Michael Chapman, Michael Crisitina, Jennifer DiMauro, Robert Domin, Amanda Emery, Kayla Fahle, Jessica Fall, Benjamin Forester, Alison Gagnon, Victoria Heyse, Kristin Horanzy, Eric Jespersen, Margaret Kelliher, Michelle LaPlant, Evan Laux, Amanda Leonhardt, Brianna Lertora, Nicole Loughrey, Meredith Lowe, Silvana Luongo, Brenna McGann, Jessica McKenna, Lauren Mercik, Colleen Moroney, Carley Neumann, Kristen Overson, Rachel Parckard, Courtney Randall, Joseph Rigby, Nathan Rossi, Stephanie Rypysc, Nicole Salamone, Adam Santaniello, Laura Sikes, Julie Silva, Alexandra Smith, Kallie Sullivan, Edwrd Szoka, Sarah Congden, Mitchell Flagg, Caitlin Jones, Melinda Kilty, Andrew Lugana, Casey Merrick, Natalie Patterson, Tran Phan, Dean Porcello, Shannon Wilson, and Heidi Wolfe.

Class of 2010- Peter Armata, Chelsea Bishop, Robert Brooks, Emily Deford, Mary Drenzek, Elisha Dorsey, Drew Fortin, Alison Garger, Brett Gardocki, William Hermann, Kevin Ho, Soo Kim, Kayla Nadeua, Nicole Picard, Nicole Poudrette, Ralle Rookey, Taryn Scozzari, Andrew Shea, Eric Tenczar, Kate Zien

Advisors- Deborah Pierce, and Deborah Miner



Giraffe Club

Jonathan Cieri, Mitchell Crosby, Cameron Luongo, Travis Crosby, Brittany Denuce, Nicole Salamone, Kelly McDonough, Tran Phan, Nolan Donahue, Jeffrey Lertora, Brendan Kirschbaum, Joshua Albert, Stephanie Madden, Shannon Wilson, Zachary Biederman, Shelby Bermani, Julie Bianchi, Amber White, Ashley Gleason, Sheila Drakeley, Rachel Burnaford, Jessica Carson, Amanda Lewis, Kylie Gifford, Stephanie Guminiak, Shawn King, Andrew Shea, Lauren Mercik, Isabella Isotti, Peri Stevens, Kathryn Ravenola, Kevin Ho, Michael Masso, Anthony Jauregui, Joseph Jauregui, Lucas Allen, Amanda Richards, Victoria Ho, Denise Buckingham, Alison Gagnon, Emily Ellithorpe, Arianna Rossetti, Dean Porcello, Wesley Contro, Stuart Malec, Anne Treglia, Courtney Randall, Alex Giuliano, Kyle Dallaire, Brianna Lertora, Peter Armata, Robert Hale, Megan Madison, Hilary Lattanzio, Karoline Porcello, Paige Anderson, Brett Gardocki, William Lapinski, Nicole Picard, Eric Tenczar, Molly Clark, Sarah Jordan, Katie Shute, Hadley Stevens, Emily Dormin, Lara Maleyeff, Kelsey Tustin, Soo Kim, Kayla Nadeau, Chelsea Bishop, Grace Presnick, Andrew Fahle, Zachary Anderson, Lisa Forester, Kimberly Mai, Paxton McNierney, Caroline Blake, Abigail Woodhouse, William Hermann, Neha Mehta, Kimberly Rossi, Daniela Kelliher, Margaret Treiber, Stephanie Pascoe, Michaela Fortin, Natalie Glynn, Nicole Gagnon, Madison Duffy, Kristen Dupuis, Kristi Chamberlain, and Benjamin Forester

Advisor- Ned Sullivan

Clubs

Have you ever been bored after school and didn't want to go home and do your homework just yet? You are probably not the only one. With more than 30 clubs here at SHS no one will be bored. Depending on your interests one or more of these clubs are perfect for you to be a

part of. Being a part of a club is a great way to meet new people and make new friends, or even have time to hang out with some old ones. The dictionary defines a club as "a group of persons organized for a social, literary, athletic, political, or other purpose." Not only are the clubs offered just fun, they can help students prepare for college or other real life experiences coming up in the near future. So what club are you a part of?



(ABOVE) Stephan Bascom, Carly Neumann, Celina Bycenski, Jessica Zamal, Janna Menroe, Stephanie Rypysc and Kristie Laverdiere, the 2008-2009 FFA Officer Team pose for a picture at the 2008 National Convention in Indiana.

Suffield Regional FFA

The Suffield Regional FFA program has worked very hard this year. Starting the year off with a successful trip to the 2008 National FFA Convention with a 6th place metal in Nursery Landscaping. During the holiday season the program worked hard to raise money for their program. With the money raised the teachers will be able to take their students on more educational field trips and have more money that can be useful for the working environment. A couple months later the Earth Club that is advised and has the support of the FFA program won a 20,000 dollar grant to make the school "greener". With the education that is provided, the agriscience students will have a wide variety of open doors for them in the future.



(ABOVE) Sharell Hunt poses for a picture with her horse at her family farm. Sharell's SAE is working on the farm and taking care of the animals and doing other important tasks. She spends much time working on her farm and receives more than the needed 150 hours for the program. She is a dedicated worker and is a well appreciated student in the program.



(LEFT) Celina Bycenski and Jessica Zamal pose for a picture with two Siberian Huskies that they work with throughout the school year. Siberian Huskies are truly amazing creatures as they carry one to two people on a sled across vast distances at a very extreme and rapid pace.



(LEFT) The Suffield Regional Chapter takes a quick picture to remember the fun and all the excitement there was at the 2008 National Convention. With a select number of students that decided to join the teachers, there was a few friends of the program that joined them on the journey to Indiana.

SUFFIELD REGIONAL FFA



(ABOVE) Samantha Seaha and her older brother Kane present their greenhouse project to the class. Showing the class how to mix soil with the proper percent of each ingredient. After mixing the soil they show the class how to plant a seed into a 6 pack and finish off by watering the soil and seeds.



(ABOVE) Mrs. Laflamme and Ms. Perez show off their excitement to the Nursery Landscaping Team who placed 6th in the nation. Eva Banlaki, Justin Pierce, Stephanie Shamy, Logan Horner, and Stephan Bascom show off their plaques that they received after placing sixth among many talented components.



(TOP LEFT) Mr. Griffin works on fixing a motor in his shop class with former Suffield students, John Cummings and Chris Puerta.

(TOP RIGHT) Mr. Griffin poses with his friends Mrs. Coulter, Lisa Holloway, Charlie Maurielion and Rick Jensen next to a deer, that's wearing a Connecticut Suffield Regional hat.



(BOTTOM LEFT) Mr. Griffin measures out a piece of wood that he is planning on cutting to continue building a fence at a local business.

(BOTTOM RIGHT) Mr. Griffin, his daughter Sarah-Jean and his wife Carol celebrate the day they all received their American Degrees. They are proud of each other for reaching their FFA goals.

Sports

The athletics of Suffield High School have influenced many students journeys over the years. Whether its sitting in the stands or sitting on the bench, everyone involved follows the long roads ahead for all seasons. Each athlete is encouraged at every game by all the fans that show up to see a victory. Even at away games in Windsor Locks, the players can look up and see blue and white everywhere in the stands. Our school victories in numerous NCCC and state championships have brought our athletics very far. We are proud of our teams and the student-athletes who fill their rosters.



(ABOVE) Chris Reynolds, the Boy's Cross Country 2008 Class SS Connecticut State Champion, leads the pack in a meet against rival schools. His determination, focus and effort are the qualities that make all of Suffield High School athletes stand out amongst the crowd.

(BELOW) In the dugout is where discussion, strategizing and the team comes together. The 2008 Suffield Softball team had one of the best seasons ever, making it all the way to the Connecticut State Championship game.





(ABOVE) Senior Captain, Rachel Packard says that "This season we worked really hard as a team and became the closest we ever have. I couldn't have asked for a better group of girls to play with. I'm going to miss them a lot."

Rachel Packard
'09



(ABOVE) Sophomore, Ally Pasquariello says "This year I had a lot of fun with the team and can't wait until next season. But I'm really going to miss our seniors."

Ally Pasquariello
'11



(ABOVE) Senior, Kristin Horanzy steals the ball away from the opposing player and sends a beautiful cross into the box to the forwards.

(RIGHT) Sophomore, Ally Pasquariello uses her body to shield the ball away from the other team and quickly sends the ball across the field.

(BELOW) Junior, Kelly McDonough works her hardest to get back and get the ball away from the other team before they got any closer to our goal.

(BELOW RIGHT) Senior Captain, Rachel Packard controls the ball and makes a pass up the field.



(ABOVE) Senior Captain, Rachael Bromson works to take on her player as she pushes the ball by her and sends it to an open teammate.



(Top Row) Coach Sullivan, Maddie Motherway, Erika Hull, Hadley Stevens, Brenna Lowe, Stephanie Guminiak, Sam Bujak, Katelyn Wood, Gina DiPrato and Coach Johnson. (Middle Row) Erin Linsenbigler, Kelly McDonough, Ally Pasquariello, Julie Muscarella, Grace Presnick, Kaitlin Sych, Tara Sullivan, Kristi Chamberlin. (Bottom Row) Kristin Horanzy, Laura Vallance, Kristen Overson, Kallie Sullivan, Rachael Bromson, Chelsea Hunter and Nicole Loughrey. (Not Pictured: Rachel Packard)

(Below) Seniors, of the Girls Varsity soccer team. Kristin Horanzy, Kristen Overson, Laura Vallance, Kallie Sullivan, Rachael Bromson, Chelsea Hunter and Nicole Loughrey pose for their last Suffield Soccer picture together.



(ABOVE) Junior, Julie Muscarella works hard to race her player to the ball. Julie became a very strong player this season, really helping out the midfield in the attacks on goal. Julie is going to be a key player going into her senior year.

GIRLS SOCCER



The Girls Varsity soccer team had a lot to live up to after making it into the finals for the past five years in a row. That didn't stop them from doing their best. After graduating six starting seniors and losing a total of twelve seniors from last years team, the girls didn't

receive any new players from the entering class. Making it difficult to uphold their record. However, the girls played together with a lot of passion and heart towards the game to become a strong team and finished the season with another impressive record.



(LEFT) Senior, Kirsten Overson gets air over her defending player and steals the ball right away from her before she even has a chance. Rachel Packard and Kirsti Chamberlin stands ready for the pass.

(ABOVE) Junior, Kelly McDonough wins a great ball and speeds down the field to create a break away. Kelly became a strong and key player during this years season.



(ABOVE) Junior, Gina DiPrato fights to win the ball back from the other team as she goes to block the girls pass. Gina doesn't let anyone beat her without putting up a fight.

BOYS SOCCER

Boys soccer has been brought in many fans to each game, which popular sport for many years throughout the town. encouraged them to do

The boys are always working hard and making the games entertaining to watch and cheer on. They have showed their enthusiasm and love for the game by making it far into the state tournament each year. Their winning streak

well. The boys lost eight graduating seniors going into this season but picked up four strong freshman players who brought a lot to the team. The boys finished with another strong season.



(ABOVE) Seniors of the Boys Varsity Soccer team. Andy Lagana, Mike Small, Nick Cotrone, Mike Chapman, Erik Lee, Collin McGunigle, Todd Betrand, Anthony Cervione and Joe Rigby.

(RIGHT) Senior Captain, Erik Lee pushes the ball to his right to beat his player. Erik was the leading scorer for the boy's team this season.



(BELOW) Senior, Nick Cotrone steals a great ball and looks to send it up field and out of the defending sides danger zone. Nick helped lead the team to a very successful season by being a strong player in the back.



(ABOVE) Senior Captain, Anthony Cervione makes a move past the defenders and dribbles up the field to send a great ball to his open players.



(ABOVE) Freshman, Steve Silva receives a great ball from another player and works hard to beat his player and send a good ball up the field. Steve had a great season making varsity as a freshman.



(ABOVE) Junior, Matt Shute stands ready for the pass from his teammate as they win another great game.

(LEFT) Senior, Collin McGunigle works hard to control the ball with his left foot to settle it down and pass to his forwards for another attack on goal.

(BELOW) Freshman, Jake Picard gets the ball and looks to make a pass as the team pushes forward for an offensive play.

(BELOW LEFT) Senior, Collin McGunigle gets up to make an amazing header to his teammates feet.



(ABOVE) Senior Captain, Todd Bertrand says that "This season has been the best by far. We really worked as a team and came to play at every game. We always left it all on the field."

Todd Bertrand
'09



(ABOVE) Senior, Mike Chapman says that "He really enjoyed the team this year and everyone always gave it there all. I couldn't have asked for a better season to end high school with."

Mike Chapman
'09



(TOP ROW) Coach Beigel, Mike Krzanowski, Andy Lagana, Mike Chapman, Drew Fortin, Matt Shute, Nick Cotrone, Collin McGunigle, Ryan Johnson, Will Wertman, Coach Cervione. (MIDDLE ROW) Josh Welch, Michael Small, Erik Lee, Todd Bertrand, Anthony Cervione, Joe Sullivan, Joe Rigby. (BOTTOM ROW) Pat Slattery, James Perez, Jake Picard, Steve Silva and Shane Keney.



(ABOVE) Senior Captain, Anthony Cervione fights the opposing player as he wins a great ball and heads to the goal. Anthony was a key player this season as he assisted many of the boys goals this year.

Girl's Soccer

Junior Varsity

The beginning of the season was a struggle for this years Girls JV soccer team, with a new coach and many new team mates the girls had to work hard against the tough competition. They had to quickly

learn each others styles of play and to come together as a whole. In the end they achieved much more than a successful season, they bonded and created memories they wont forget.



(ABOVE) The Suffield girls run back and celebrate after scoring a well deserved goal in a tough game against Enfield.



(BELOW) Junior, Nicole Poudrette steals the ball from the opponent and clears it out of the back. Nicole really helped lead the girls to a strong and successful season.



(RIGHT) Freshman, Gabby Attanasio wins the ball from the opposing team and sends it forward to win the girls another victorious game.



(ABOVE) Captains Emily Sweeny and Tara Boudreau pose for a picture together as they lead the team to a very successful season! The captains did a good job in bringing the team together and making the new girls on the team feel welcome.



(Top Row) Coach Drago, Brianna Bishop, Silvia Isotti, Peri Stevens, Hilary Lattanzio, Sheila Drakeley, Nicole Poudrette, Lindsey Henry, Jessica Flagg. (Middle Row) Gabija Pileika, Vanessa Coates-Cooney, Karoline Porcello, Katie Shute, Emily Sweeny, Tara Boudreau, Rachael Tedone. (Bottom Row) Eliza Doane, Gabriella Attanasio, Liz Pasquariello, Natalie Glynn, Nicole Gagnon, Ciena Canty.

Boy's Soccer

Junior Varsity

(BELOW) Sophomore, Seth Christian makes an outstanding save and pushes his team up to send out a perfect ball to his mid-fielders feet. Seth had a strong season this year, keeping his team in many games.



This year the boy's JV team had a lot of new faces on the field. Though they quickly learned how to play together as a team. Through the season it was clear that every boy on the team had been working their hardest to step their game up a level and play

to the best of their ability. The teams persistence led them to many wins and even though they had their rough days, in the end they always came together and showed the other teams what they were made of.



(LEFT) Freshman, Mitchell Crosby controls the ball and drives it up the field, creating a great offensive play.

(ABOVE) Sophomore, Charles McGann steals the ball from the opposing team and sends it down the line to his open teammate.



(Top Row) Alex Biederman, Andy Dodds, Mark Wice, Steve Roncaioli, Josh Dupuis, Dan Sullivan, Charles McGann, Matt Cotrone, Dylan Taravella Coach Cervione (Middle Row) Cory Allen, Travis Crosby, Steve Zaczynski, Eric Johnson, Liam Brown, Dan Zatony, Mitchell Crosby, Nick Rigby (Bottom Row) Seth Christain, Nate Fall, Alex Drake, Kevin Hull, Tyler Arciszewski, Drew Faley, Joe Mangiameli.



(ABOVE) The boys sit ready and enthusiastically watch their team as they win a well played game. The JV boys had a strong team for adding so many new players to their team

FIELD HOCKEY

This field hockey team will be greatly missed. Their leadership, dedication, and inspiring play made them the ideal role models for our younger players. They played the game the way it should be played." The the team came together and as a group they were successful in many games.

They worked hard and had fun. The upperclassmen worked well with the underclassmen on the team, making their journey through high school. Coach Gatto said about the seniors, "The seniors on this team



(ABOVE) Goalie Katie Sullivan anxiously watches as the defense works their hardest to get the ball away from Suffield's goal. A strong defense is an important component to a good team. If the defense could not stop the ball, protecting the goal would just be the goalie's responsibility.



(ABOVE) Coach Gatto encourages his team during warm-ups before the game starts. The players listen intently to the coach's criticisms and tips on how to play a successful game and defeat the other team.

(BELOW) Junior, Kelly Caron, alerts her team that she is open for a pass. In field hockey it is very important to make oneself available for the ball.



(ABOVE) During halftime, the Varsity Field Hockey team discusses what they need to work on in the next half in order to defeat the opposing team. This break gives the girls a chance to drink and regroup before they go back on the field. It also gives the coach the opportunity to give some encouragement.



(ABOVE) Caitlin Jones runs down the field with the ball in a breakaway towards the goal.

(LEFT) The seniors are Alexandra Smith, Victoria Heyse, Caitlin Jones, and Colleen Moroney. Missing from the photo are Kayla Fahle and Stephanie Shamy.

(BELOW LEFT) Alexandra Smith battles the opposite team. She positions her body between the ball and the player.

(BELOW RIGHT) Colleen Moroney gains possession of the ball and heads towards the goal, looking for an open player.



"Despite our unattractive record we had the best season yet."

-Victoria Heyse
'09



"It was a fantastic season, and I had a lot of fun, even though our record wasn't great."

-Ashley Giller
'10



(TOP ROW) Victoria Heyse, Lisa Forster, Casey Ryan, Julia Dalrymple, Kayla Nadeau, Emily Ellithorpe, Taryn Scozzari, Coach Gatto (MIDDLE ROW) Natalie Hitt, Katherine Sullivan, Ashley Giller, Caitlin Jones, Samantha Guzzi, Kelly Kenney (BOTTOM ROW) Alexandra Smith, Paige Anderson, Kelly Caron, Colleen Moroney Not Pictured: Kayla Fahle, Stephanie Shamy

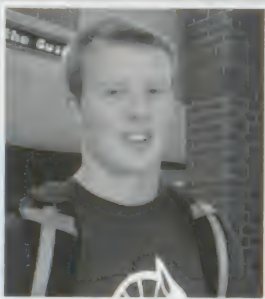


(ABOVE) Taryn Scozzari tries to get the ball away from the other team. Speed and good stick skills are important to getting the ball away from the other team so they cannot score.



"It was a tough season this year, but I think we all learned a lot in terms of accepting defeat."

**-Wes Contro
'09**



"I'll take away a lot from the experiences I've had with football and especially this team. I'll carry them with me through life."

**-Ryan Perkins
'09**



(ABOVE) Freshman, Curtis Cauley gains possession of the ball in hopes of scoring a touchdown for his team.

(TOP RIGHT) The team takes a water break to refresh during the game

(RIGHT) John Ratcliffe kicks the ball to score a field goal for the Raiders.

(BOTTOM LEFT) Curtis Cauley runs through defense of the opposing team.

(BOTTOM RIGHT) Windsor Locks player, Jace Wadsworth shows his aggression as he dives for the ball.



(ABOVE) After a tough play, Senior, Wes Contro shows his hard work and dedication as he runs on the field for his third year with the Windsor Locks Raiders. Wes was one of seven contributing seniors from Suffield on this year's varsity football team.



(ABOVE) With sincere looks of motivation, Senior Ryan Perkins, Senior Wes Contro, and Sophomore John Kopec, stand in the end zone anticipating for the next play to be made during the game.

(BELOW) Senior, Ryan Perkins tries to recover the loose ball that the opposing team had just fumbled. Although each play not always perfect, the Raider's showed that they played every game with strength and a will to win. This year was Ryan's second year on the varsity football team.



FOOTBALL

The Raiders of the Suffield-Windsor Lock's varsity football team came together to play on the field this year, hopeful to have a success and fun filled season. The team welcomed many new faces to the field, and they even had six starting freshman to the team this season. The Raiders were all dedication and commitment and worked hard on the practice field.

It became clear as the season progressed that the spirit of team work and was the greatest and most rewarding success for the varsity football team. It is hopeful that these lessons of good sportsmanship and teamwork will carry on to the field and through the team to the fall for next season.



(LEFT) Windsor Locks player, John Ratcliffe makes a run to tackle his opponent for the ball in hopes of scoring a touch down.

(ABOVE) Before the start of a game, a whole team huddles around to hear the advice and direction of their Coach, Pat Scelza. Coach Scelza was a great influence to the Raiders and helped to unite two towns to play as one whole team. His advice reflected in the team's hard work and determination.



(ABOVE) The Raiders stand proudly together for their team photo. This year's varsity team from Suffield consisted of Jace Wadsworth, Ryan Perkins, Wesley Contro, Rob Logan, Curtis Cauley, Kevin O'Kane, John Kopec, Greg Paquette, Mitch Kucia, Connor Betts, Anthony Liquori



(ABOVE) Junior, Collin McGhee makes a hard attempt to tackle his opponent as they run down the field in direction of the goal.

Field Hockey

Junior Varsity

The Junior Varsity girls Field Hockey team had a fun, and exciting season.

The team worked hard all season in order to win as many games as possible. The girls practiced every day, while their new coach pushed them until they were confident on the

field. The girls communicated, passed, and scored. They had fun while working hard and accomplishing things they had never done before. Field Hockey has taught these girls many lessons that will be helpful in their journey through life.

(BELOW) Freshman, Isabella Isotti, protects the ball from the oncoming opponent by hitting it in the opposite direction to a member of her team.



(ABOVE) The two teams wait patiently for the ball to come towards the goal. The Suffield players are ready to take a shot on the goalie.

(RIGHT) Emily Ellithorpe looks for an open person on her team, she can pass to, hoping a player on the other team does not gain possession first.



(ABOVE) Rachel Tyman winds up to hit the ball towards the goal. Scoring is very important to winning the games. Thankfully, this Junior Varsity field hockey team has great shooting skills. The girls practiced hard, and it showed during their games, when the offense gained control of the ball.



(TOP ROW) Julia Dalrymple, Julie Nadeau, Kelly Miskin, Sarah Jordan, Moriah Canty, Jaclyn Ferland, Emily Ellithorpe, William Jordison (MIDDLE ROW) Ashley Edwards, Erin Frawley, Amanda Boyd, Chelsea Peck, Isabella Isotti, Kristina Schneider (BOTTOM ROW) Giovanna Lancaster, Ashley Gleason, Madison Duffy, Rachel Tyman

(BELOW) Junior Gina DiPrato stops to tell us about her opinion on the amount of work that athletes at SHS put in all year. Gina plays for the varsity soccer and softball teams and thoroughly enjoys both sports and says she is up for new challenges that either sport may bring. She says, "Sports are a big deal here at Suffield High. The competition makes it fun."



(ABOVE) Senior, Kallie Sullivan stops at her locker to discuss the commitment of managing academics and athletics. While playing two varsity sports during the school year, (soccer and lacrosse) Kallie is still able to balance her school work. Due to her great academic achievements she was inducted into the National Honors Society in her junior year. She says, "I feel that playing sports and the pressure of minimal time gives me the motivation to keep up with managing my time. I practice two hours every day after school during the season and some nights I have little time to do my work, but I have learned the ability to balance it all."

Go Hard or Go Home

SHS Student-Athletes work hard all season

Students at Suffield High School that happen to play sports are often overlooked for the amount of time that they spend preparing for competition. Countless amounts of hours are spent training to get in shape, practicing, scrimmaging and competing to represent the athletic teams here at SHS. Some students often do not return home until late at night. The balance of school work and sports shows the true commitment that's needed to

maintain academics and athletics. All of our student athletes show extreme dedication for themselves and their team as a whole. If you walk through the halls of SHS each season, every team has signs of encouragement for an upcoming game or meet, all showing team spirit and support. Our athletes should be commended for their hard work and admiration for the sports they love to represent our school in.



(LEFT) Senior Erik Lee says "The past few years our basketball team has struggled with academic eligibility. This year that had to change, so as a captain I've tried to set an example of success in school."

(ABOVE) The indoor track does a thorough workout while training and lifting weights in the fitness center to keep themselves in shape all season.



(ABOVE) Freshman, Casey Ryan says, "It's easy to balance school and sports right now because I'm only a freshman and I don't get too much homework every night. I know from my older sister who's a junior that it will probably become harder to manage." Casey also told us that she had a great experience as a freshman on the field hockey team and made many good friends.



"We came together as a team this year and we really put our heart into it."

**-Steph Fahey
'10**



"It's sad to be leaving this year; but the team has grown so much in my 4 years."

**-Holly Chamberlain
'09**



(ABOVE) Caitlyn Martin takes a picture before her race. She put everything into her last season here at SHS.

(ABOVE RIGHT) The team stretches together to make sure that they are physically prepared for the meet.

(RIGHT) Alyssa Wagner finishes the race strong and never gives up. After finishing her race, she always has a feeling of satisfaction.

(BELOW) Mary Kate Tracey gains a tremendous lead ahead of the Windsor Locks runners in an away meet.



(ABOVE) Jessica Madore has the face of determination. As a freshman, she had a lot to learn about the sport from her captains and upperclassmen teammates.



(ABOVE) Soo Kim, Chelsea Bishop, Holly Chamberlain and Nicole Picard stop to take a picture after the race. Their smiles show how much they love the sport and how excited and happy they are to be having such a good time at a home meet!

GIRLS X-COUNTRY

The Girls Cross Country team stretched to the last mile, they worked tirelessly to have quite a successful season. When they weren't speeding by all their opponents at meets, they were putting in long hours of practice, running from the high school to Bruce Park. Running is one of the hardest sports in the fall season because they run non stop. It takes perseverance, determination and a passion for running. Despite having only two returning seniors this year, the Suffield High School Cross Country team proved they can still compete with the best. Cross Country, we hang our sneakers out to you. Congratulations on a great winning season!



(LEFT) Senior captain Holly Chamberlain is confident until the end of the race. She increases her speed as another runner comes up behind her.

(ABOVE) With the finish line in sight, Melissa Chapman keeps a steady pace so she can finish the race strong. She is determined to place in the meet against Tolland.



(FRONT ROW) Rachael Cocca, Soo Kim (MIDDLE ROW) Chelsea Bishop, Alyssa Wagner, Caitlyn Martin, Amanda Chamberlain, Rebecca Bowling-Worster, Jessica Carson, Stephanie Fahey (BACK ROW) Coach Burke, Stephanie Moise, Kathryn Ravenola, Chelsea Murphy, Nicole Picard, Lara Maleyeff, Sarah Wilson, Mary Kate Tracey, Melissa Chapman, Shannon Staves, Jessica Madore, Holly Chamberlain, Coach Dougherty. Not Pictured: Kerstyn Bassett.



(ABOVE) Rebecca Bowling-Worster gives everything she has during her last race of the season. As a sophomore on the cross country team, Rebecca is still learning the ropes and taking encouragement from her upperclassman teammates.

BOYS X-COUNTRY

Suffield High Schools Boys Cross Country team, again improved their time this year continued to stack up successful meets while slicing seconds off their time. Each member works as an individual to improve their time. Which ultimately benefits the whole team. Consequently, every member of the cross

country team has improved their time this season. They finished third at the SS State Meet. Together as a team they learned that with confidence, hard work and tenacity they can reach any goal. The bar is never set too high.



(ABOVE) Nick Tustin keeps a level head and a cool mentality in order to keep his lead on the Canton and Tolland runners. This is a key component to doing well in a race. Being a junior on the cross country team this year, Nick is experienced and knows what to expect at each meet.



(ABOVE) Chris Reynolds is running the 5K in the Class SS meet on October 25th, 2008, where he came in first with a time of 16:35. However, his personal best time is 15:50. Chris started running in eighth grade to improve in basketball and he wasn't very good then. "I think I came in 250th," he says. As his running time improved, he realized how much he loved the sport as well as the level of competition he could compete in as a runner. As Chris prepares for a meet, he doesn't think about the race, which definitely seems to help because he came in 14th at the CT Opens meet. Chris thinks this season was very successful, "Four of the top seven on the team are freshman and they impressed everyone. I'm really excited for next year."



(ABOVE) Brendan Kirshbaum is in the last leg of the 5K race in Tolland. Being new to the team, he had to prove himself and did so by qualifying for states.



(ABOVE) Since this is the fourth year for the seniors, they gave their advice to the underclassman. Since this their final year, they gave their all every practice and every meet. (LEFT TO RIGHT) Joshua Giller, Patrick Henderson, Timothy Dufore, Walter Malec III.



(ABOVE) Jesse Potter pushes through the rigorous race in Tolland. Determination and the love of the sport kept him going.

(ABOVE LEFT) Kevin Ho gains a lead on a Tolland runner. He continues a steady pace and finished ahead of the Tolland runner.

(LEFT) The Captains of the Boys Cross Country 2008 team, Josh Giller and Chris Reynolds pose for a picture.

(BOTTOM) Sean Heyse keeps his lead on the Ellington runners and maintains a positive attitude throughout the race.



"Our season is a constant uphill climb, but every hill has its end..."

-Dylan Lawrence
'10



"This season we made a great transformation. I'm going to miss the team so much next year."

-Josh Giller
'09



(BACK ROW) Nick Tustin, Peter Zaffetti, Tim Dufore, Dylan Lawrence, Chris Allan, Patrick Henderson, Chris Reynolds, Peter Armata, Denis LaBarre, Dan Moroney, Alan Zaffetti. (BOTTOM ROW) Mr. Casolari, Sean Heyse, Andy Shea, Josh Giller, Dalton Shank, Brendan Kirshbaum, Alex Treiber, Kevin Ho, Jesse Potter, Zach Anderson.



(ABOVE) Daniel Moroney is pushing his way through the race. He also qualified for NCCC. He listened to his captains and persevered in every meet.



"Being on swim team the last three years has been a great experience, I've made many new friends, and the team spirit is amazing. I can't wait for next year!"

-Amanda Lewis
'10



"The swim team was a great way to start off my freshman year. Everyone was so nice."

-Alicia Wilson
'12



(ABOVE) Freshman McKenna Tierney earns her spot on the team by quickly perfecting her breaststroke.

(RIGHT) Sophomore Brittany Hube starts off the meet with an excellent dive.

(BELOW RIGHT) Junior Amanda Lewis, another member of the diving team, proves Suffield is worthy of the best title by completing this perfect dive.

(BELOW) Seniors Meredith Lowe, Silvana Luongo, Gosi Kelliher, and Jennifer O'Leary smile as they celebrate their final season of swimming.



(ABOVE) Senior and captain Meredith Lowe signals to an incoming swimmer how many laps there are left to go in this event. Communication was a large contribution in how successful the swim team became this season.



(TOP ROW) Stephanie Wilson, Michaela Fortin, Kristen Dupuis, McKenna Tierney, Maura O'Malley, Rachel Dern, Brittany Hube, Alicia Wilson, Coach Beck, Chelsea Gervais, Sarah Dallaire, Lauren Haffner, Samantha Saner, Julia Galica, Anne Murphy, Kayleigh LaPointe. (MIDDLE ROW) Nicole Cordiliko, Madeline Droney, Lauren Bissey, Maggie Reeves, Jessica Pastula, Amanda Lewis, Maggie Treiber, Molly Clark, Kelsey Loveless, Sarah Voisine. (BOTTOM ROW) Anna DiLorenzo, Silvana Luongo, Gosi Kelliher, Meredith Lowe, Jen O'Leary, Kate Eheander.

(BELOW) Samantha Saner competes in the freestyle portion of the meet. Learning from her first year of swimming, Sam was quick to become one of the best sophomores on the team.



GIRLS SWIMMING

The girls swim team has shown great strength and determination to own their winning season. Captains Meredith Lowe and Gosi Kelliher lead the team to great wins and more team spirit than ever shown before by a previous season.

"We've all come a long way and none of it could have been possible without all of the girls," Captain Gosi Kelliher remarked after looking back on their amazing season. Surely the future teams will use the 2008 season as an excellent example to follow.



(LEFT) Quick to start, Sarah Volsine leaps over teammate Kate Ehander to compete in the final lap of the relay. Team work was key with every event.

(ABOVE) After only being on the team for two years, sophomore Chelsea Gervais demonstrates her nearly perfect skills at butterfly.



(ABOVE) Sophomore Sarah Volsine splashes up some water and takes a quick breath as she continues on her race to breeze past her competition. Sarah's speed and great techniques were key to coming out victorious in several of Suffield's meets.



(ABOVE) Junior Anna DiLorenzo shows how three seasons of high school swimming has perfected her backstroke. She has always been a huge contribution to the team, helping to win several of their meets.

BOYS SWIMMING

The 2008-2009 boys swimming team had a great winter season this year. They traveled as a team to several opponents' pools and showed just what Suffield team work and dedication was all about. With over half the team being made up of seniors,

the several new comers were led by great example to make this season one of their best. It will be difficult to match the victories when this year's seniors leave, but the dedication and hard work will definitely show in the remaining underclassmen members.



(ABOVE) Senior Andy Lagana uses all his strength and talent at the freestyle to catch up to his opponent swimming in the next lane over.

(RIGHT) Seniors Erik Murphy, Rob Domin, Tim DuFore, Andy Lagana, Chris Sweeney, and Mike Christina pose for a picture with their Coach who has guided them for the past four years.



(BELOW) Freshman Greg Christine demonstrates excellent technique as he swims to finish his backstroke as he swims to finish his event with a great time.



(ABOVE) Senior Austin Chandler demonstrates concentration as he prepares to start one of his events for the meet. An excellent start can determine the outcome of the swim and is therefore crucial for the win.



(ABOVE) Freshman William Morris continues his swim even after his goggles have fallen from his eyes. This just shows the incredible talent and determination that each and every Suffield High member demonstrates at all meets to represent our school.



(LEFT) Marc Murphy completes a difficult dive to earn a great score.

(ABOVE) Gavin McKay demonstrates how his freestyle technique has improved over the last three years.

(RIGHT) Reflecting on the calm water ahead, Rob Domin takes a breath while completing the breaststroke.

(BELOW) Senior Austin Chandler competes in the breaststroke.

(BELOW LEFT) Freshman Nick Gervais takes a quick breath to complete his race with an amazing time.



(TOP ROW) Grace Perrin, Helen Humphreys, Christopher Allan, Marc Murphy, Gavin McKay, William Morris, Nick Gervais, Greg Ventrelli, Greg Christina, Kelsey Loveless, Coach Beck (MIDDLE ROW) Michael Christina, Erik Murphy, Christopher Sweeney, Timothy DuFore, Robert Domin (BOTTOM ROW) Andrew Lagana. Not Pictured: Shaughn Flynn, Keyes Perrin, Timothy Kelley, and Austin Chandler



(ABOVE) Freshman Marc Murphy pauses and concentrates as he prepares for his first dive of the meet. Every move is crucial in order for the Boy's Swim team to maintain their amazing record.



"This season we really came together as a team. We had such a great season and we definitely are going to miss the seniors next year."

Jessica Flagg
'11



"Basketball is so much fun. We are all connected and get along very well. It is a great thing to be a part of."

Nicole Tedone
'09



(ABOVE) Senior captains Kristin Horanzy and Rachel Packard keep the team together and motivate them to victory.

(ABOVE RIGHT) Jessica Carson runs the ball up the court, charging through the defense with only a few minutes left.

(RIGHT) Brianna Bishop drives to the basket attempting to score for the lead.

(BELOW RIGHT) Jessica Flagg quickly throws the ball to her open teammate.

(BELOW) Brenna Lowe dribbles down the court with teammate Katelyn Wood following behind her.



(ABOVE) Senior Rachel Packard gets ready to shoot a three pointer to bring the Wildcats a strong lead over their opponent. She shows determination and concentration as she makes the shot.



(TOP ROW) Coach Daily, Nicole Tedone, Chelsea Bishop, Brenna Lowe, Stephanie Guminiak, Brianna Bishop, Coach Brown (MIDDLE ROW) Lindsey Henry, Jessica Carson, Jessica Flagg, Katelyn Wood (BOTTOM ROW) Kayla Nadeau, Rachel Packard, Kristin Horanzy

(BELOW) During a 30 second time out, Coach Brown talks to Kayla Nadeau, Jessica Carson, Jessica Flagg, and Katelyn Wood. He gives the girls advice on how to better their offensive skills. The girls listen very attentively because they are determined to end the game strong.



(ABOVE) Captains Kayla Nadeau, Lindsey Henry, Kristin Horanzy, and Rachel Packard pose together to take a quick picture as they have shown tremendous effort and teamwork while playing on the team for many years. Their athletic ability has really shown throughout the season.

GIRLS BASKETBALL



The Girls Varsity Basketball Team proved to Suffield High that they would be great this year. The team was led by captains Rachel Packard, Kristin Horanzy, Kayla Nadeau, and Lindsey Henry. The girls really stepped up this season by proving themselves on the court.

Their strength was shown through their offensive and defensive skills. The team always drove right to the hoop, scoring points after points. They have contributed to the team through all their hard work making the season a successful one.



(LEFT) Kayla Nadeau plays strong defense by blocking the other teams passes and stopping her opponent from getting passed her.

(ABOVE) Brianna Bishop, Katelyn Wood, and Stephanie Guminiak warm up before a big game. They cheer and pump each other up.



(ABOVE) Junior Stephanie Guminiak drives to the basketball hoop around one of her opponents from Ellington in order to make two more points, putting Suffield ahead for the win.

Girl's Basketball

Junior Varsity

The Girls Junior Varsity Basketball Team played exceptionally well this season. Their hard work on the court during both practices and games showed how much dedication the girls contributed to the team.

Through the entire season the girls never

gave up and always showed their effort towards success. They learned how to respect each other and grow as individuals throughout the season. Without the girls high spirits and good attitudes the team would not have been as successful.

(BELOW) Sheila Drakeley shows determination and concentration on the free-throw line, hoping to make both shots. She truly shows tremendous work out on the court. Making both foul shots she brings the team that much closer to a win for the Suffield High Wildcats.



(ABOVE) From the side line, Ashley Gleason throws the ball to her teammate hoping for her to score, but she is blocked by her opponent.

(RIGHT) Julie Nadeau and Stephanie Fahey fight for the rebound so they can get another opportunity to shoot the ball and score two more points.



(ABOVE) Michaela Fortin makes a drive down the court dodging right past her opponents. She is a strong player and shines every time she has the ball. Making it all the way to the basket, she sets up for a shot.



(TOP ROW) Coach McGurn, Rachael Tedone, Stephanie Fahey, Nicole Poudrette, Sheila Drakeley, Coach Daily (MIDDLE ROW) Hilary Lattanzio, Peri Stevens, Michaela Fortin, Ashley Gleason (BOTTOM ROW) Kayleigh Worster, Rachel Liberty, Julie Nadeau

(BELOW) Playing for both Junior Varsity and Freshman Basketball, Michaela Fortin keeps the ball away from her opponent while searching for a teammate who she can pass to during the Freshman Girls home game verse Ellington.



(BOTTOM) Keeping away from her opponents, Peri Stevens dribbles down the court making her way to the net for a chance to score.



Girl's Basketball

Freshmen

The Freshman Girls Basketball Team played very well this year. The team showed incredible improvements from game to game. They always played their very best and tried their very hardest because they wanted to show off their new skills they learned

at their practices everyday. Being relatively new to the sport, the girls proved to their coach and the fans how to play a good game. It was very impressive how the girls came together as a team. They will be ready to step it up next year.



(ABOVE) Blocked by an opponent, Ashley Gleason looks to her open teammates to make a quick pass in order to get the ball to the basket.

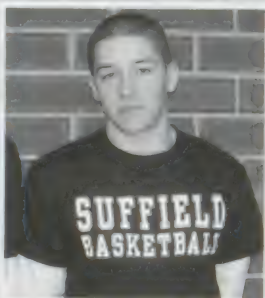


(ABOVE) Sheila Drakeley dribbles in all the way from half court maneuvering around her opponents for either a quick pass or an opportunity to take a shot.



"The team has awesome chemistry this season and we are making great progress."

Drew Fortin
'10



"It's our senior year so we're all really excited to see what we can accomplish. If we all work hard things will go our way."

Mitch Flagg
'09



(ABOVE) Alex Flynn warms up before a big game taking shot after shot.

(ABOVE RIGHT) Kendall Albert, Jeff Leonard, and Matt Ullmann sub in for their teammates at the Bolton game.

(RIGHT) Kendall Albert rushes down the court making a lay up for the Wildcats.

(BELOW RIGHT) Mitch Flagg bumps chests with Mike Chapman before the start of the game.

(BELOW) Ben Forster, Mike Chapman, and Matt Ullmann play defense in order to stop their opponents from scoring.

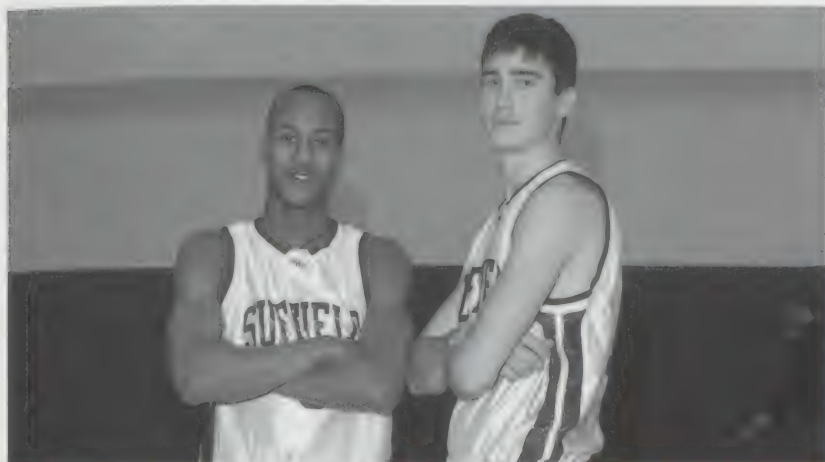


(ABOVE) Erik Lee shows strong defensive skills as he blocks his opponent from getting passed him. His concentration and athletic ability to succeed allows for him to steal the ball and take it down the court.



(TOP ROW) Alex Flynn, Jeff Leonard, Ben Forster, Matt Ullmann, Coach Gatto (MIDDLE ROW) Mitch Flagg, Andy Dodds, Mike Thibodeau, Kendall Albert (BOTTOM ROW) Erik Lee, Mike Chapman, Eddie Danek (NOT PICTURED) Dan Wallace, Drew Fortin

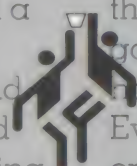
(BELOW) Senior captains Erik Lee and Mike Chapman are strong competitive leaders. With their determination and drive to win each and every game, they have held the team strong this year. Their hard work out on the court really pays off and shines through the entire team.



BOYS BASKETBALL

The Boy's Varsity Basketball Team had a great year to shine. With Coach Gatto and captains Erik Lee and Mike Chapman helping the team along, the boy's were ready to dominate each opposing team. The team always got pumped up for each

game which allowed for them to step up their game and work even harder for a victory win. Even though a lot of their opposing teams were tough, they pushed themselves at practice in order for them to be ready for the intense games.



(LEFT) Matt Ullmann dodges hard down the court making it all the way to the net. He quickly sets up and swishes in a two pointer.

(ABOVE) Mitch Flagg, Mike Chapman, and Matt Ullmann play strong defense when blocking their opponents from getting to the basket.



(ABOVE) Jeff Leonard, Ben Forster, Matt Ullmann, Mike Chapman, Erik Lee, Alex Flynn, and Kendall Albert huddle together before the start of every game. They get each other pumped up and motivated to play a strong and intense game.



(ABOVE) Jeff Leonard goes up for a lay up at an away game. Jeff has definitely contributed to the team's final score because he has the offensive skills it takes to be a star.

Boy's Basketball

Junior Varsity

The Boys Junior Varsity Basketball Team had a successful season. The hard work and effort they put in at every practice really paid off. The team has earned a good reputation as an up and coming team. At each game the boys gave it their all to ensure

a win for the Suffield High Wildcats. They have improved tremendously through out the season and will continue to grow as a team. Their dedication and commitment proves that they are ready to step up next year and become varsity players.



(ABOVE) Jake Picard slows down the game to get his teammates ready for the next play he is about to call. The outcome of the play was successful.

(RIGHT) Zachary Biederman sets up before taking two foul shots. The team gets fired up because he made both shots which ended the game strong.



(BELOW) Zachary Biederman, Michael Krzanowski, Jake Picard, Stuart Malec, Mark Wyse, and Cody Kaczmarek cheer on their teammates as they watch the game very attentively and sit anxiously on the side line for the turn out of the third quarter.



(ABOVE) Dan Sullivan takes a shot from the three pointer line, swishing the ball into the basket with high hopes to win the most exciting game of the season.



(TOP ROW) Michael Krzanowski, Mark Wyse, Tyler Devine, Daniel Sullivan, Cody Kaczmarek (BOTTOM ROW) Jacob Picard, Stuart Malec, Patrick Slattery, Zachary Biederman (NOT PICTURED) Coach Taravella

(BELOW) Will Clark works very hard during each and every game contributing his skills to the team. He is a strong athlete and has the motivation to succeed. His defensive and offensive skills have improved throughout the season.



Boy's Basketball

Freshmen

They Boys Freshman Basketball Team has worked really hard this season to perform their best while on the court. As freshman, it is their first year on the team and they are ready to see what Suffield High basketball is all about. They have shown deter-

mination and teamwork through out the course of the season. They work hard at every practice in order to better themselves as players. The team went above and beyond this season and will step up to Junior Varsity or the Varsity team next season.



(LEFT) Faking out his opponent, Scott Ocampo shoots the ball hoping that he will put the Suffield Wildcats in a strong lead over Ellington.



(ABOVE) After being fouled on the three pointer line, John LeDoux gets the opportunity to take three foul shots and help raise the score.



(TOP ROW) Will Clark, Scott Ocampo, John LeDoux, Tyron Jones, Coach Semanle (BOTTOM ROW) Curtis Cauley, Alex Biederman, Steven Roncaloli, Liam Brown



(ABOVE) Curtis Cauley puts all his concentration and use of his strong athletic ability into the game against Windsor Locks. He gets ready to shoot the ball sinking it right into the basket.



"Track is the best. I love coming everyday and spending time with my friends."

**-Sarah Jordan
'10**



"Track keeps me busy after school. I have had a blast this year."

**-Julia Boldy
'10**



(ABOVE) Coach Sinacrope explains to the team his expectations for the next track meet. He tells the team that they will need to work hard if they want to win.

(RIGHT) Helen Humphreys sets up the pole vaulting mat. She is making sure that the pole will be placed correctly. This is to prevent any accidents.

(BOTTOM RIGHT) The girls track team does a strength and conditioning workout against the wall to get ready for their hard, tiresome practice.

(BOTTOM) Holly Chamberlain gives the team a demonstration on how to use the weights for ab workouts. Since she is a captain this is one of her responsibilities.



(ABOVE) Helen Humphreys and Eliza Doane do a warm up stretch with weights to prepare for practice along with the rest of the girls team. Warming up is a necessity in order to perform well during practice and meets.



Top (left-right): Coach Janick, Eliza Doane, Gabija Pileika, Katie Ravenola, Molly Clark, Lisa Forster, Clare Tassinari, Rachael Cocco, Julia Boldy, Coach Sinacrope Middle: Deashya Hardy, Kristina Schneider, Natalie Hitt, Chelsea Peck, Mandy Chamberlain, Mary Kate Tracey, Helen Humphreys Bottom: Julia Muscarella, Grace Presnick, Tara Boudreau, Holly Chamberlain, Fozie Cauley, Anjali Quinones, Stephanie Moise Not Pictured: Chelsea Hunter, Meredith Lowe, Maddy Droney, Kimberly Kuras, Katelyn Moores, Shelby Bouchard, Alexis Cavanaugh, Melissa Chapman, Abbie Creighton, Rachael Dern, Lauren Haffner, Kelly Kenny, Emma Kubetin, Kim Willett, Sarah Wilson, Ana Zielinski, Caroline Blake, Kristen Dupuis, Kayleigh Lapointe, Marisa Lydon, Lara Maleyeff

(BELOW) Seniors Holly Chamberlain and Fozie Cauley love indoor track, and their team. They will miss it next year when they graduate. Track gives the girls a chance to hang out with friends and get a great workout before they have to start homework later at night.



GIRLS INDOOR TRACK

The Girls indoor track team had a wonderful season. They worked harder this year than they had ever worked before. Their meets took place at colleges throughout Connecticut and Massachusetts, so they were always traveling. Practicing everyday at the school, the girls had an excruciating schedule. They worked hard to shorten their lap times and lengthen their jumps. They hurtled over their obstacles to become a better and stronger team. Their hard work and dedication payed off in the long run.



(ABOVE) Meredith Lowe, Julia Boldy, and Molly Clark listen to Coach Sinacrope as he explains to them what they need to work on during practice. He also elaborates on the importance of that practice as there is a meet early the next morning that the girls need to be prepared for.



(ABOVE) Emma Kubetin, and Sarah Wilson with a group of girls help each other to become stronger runners. Running together helps them to keep running, even when they may be tired. They are hoping to increase their endurance and improve their times for the important upcoming track meet.



(ABOVE) Rachael Cocca spends some time on the bicycle. Biking is very good to strengthen legs. Strong legs are very important when it comes to racing other schools at the teams many meets.

BOYS INDOOR TRACK

If you are ever in the halls after school, you will be bombarded by a group of dedicated young men. This is the boys indoor track team. Without an indoor track at our school, the boys have to work even harder running the halls of Suffield High School and baring the cold weather outside. Running track is mostly an individual sport where runners prepare to improve their individual score. However, all the scores add up to make for an excellent team. The boys practiced hard to earn a winning season.



(Above) Senior captain Josh Giller demonstrates what the team needs to be doing in order to warm up for practice. Before every practice and meet the team gathers in the gym to loosen their muscles. Josh makes sure that everyone is doing what they are supposed to, and doing it correctly.

(BELOW) Bruce Mackay prepares himself for pole vaulting. In pole vaulting the jumper needs speed and strength to propel themselves over the bar.



(Above) Bruce McKay, and Soobyung Park warm up for the practice. They lift weights in order to stretch. If they do not stretch before practice they could pull a muscle and not participate in the meets.



(Above) Kevin Chimel and the rest of the team listen intently to their coach. The day before a big meet it is very important to pay attention and stay focused during practice. It is the last chance the runners have to perfect their techniques and shorten their times if they want to win at the meet.

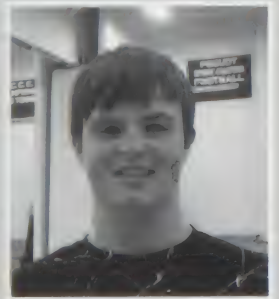


(ABOVE) Peter Zaffetti and the track team does warm ups across the gym to make sure that their muscles are very loose for the upcoming practice.

(LEFT) Captains, Josh Giller, Logan Horner, Pat Henderson and Chris Reynolds take the job of being captains very seriously.

(BOTTOM LEFT) Bryan Sutton works out on the cardio machines in order to build strength in his arms for the shot put event during meets.

(BELOW) Nick Tustin and Dylan Lawrence run on elliptical machines for long distance races. They need to build up their cardio.



"Indoor Track is a great opportunity to work out, learn new skills and hang out"

-Stephen Bascom
'09



"I love indoor track because it keeps me in shape through the winter."

-Peter Armata
'10



(ABOVE) Top Row: Coach Sinacrope, Glenn Dardanelli, Bruce Mackay, Soobyung Park, Christian Skawski, Joel Jordan, Zach Anderson, Will Wertman, Peter Armata, Don Beresford, Connor Blake, Alan Zaffetti, Leo Zaffetti, Steve Bascom, Coach Janick Middle Row: Brendan Kirschbaum, Nick Peluso, Luke Allen, Marco Muzio, DJ LaBarre, Kevin Ho, Connor Gates, Josh Albert, Zachary Bergamini, Kevin Chmiel, Dan Moroney Bottom Row: Andrew Fahle, Peter Zaffetti, Ryan Kulas, Logan Horner, Patrick Henderson, Josh Giller, Chris Reynolds, Andy Shea, Nick Collins, Alex Treiber Not Pictured: Tom Loveland, Walter Malec, Justin Pierce, Will Holtzman, Dylan Lawrence, Nick Tustin, Nick Rigby, Dan Banks, Matt Cotrone, Nolan Donahue, Dylan Rupp



(Above) Josh Giller and Bryan Sutton along with Nick Tustin prepare the high jump bar and mat for practice. It is important for the mat to be put together correctly for the safety of the athletes.



"Wrestling was an awesome experience and I look forward to next year."

**-Corey Allen
'11**



"I'm going to miss wrestling and all of my awesome teammates."

**-Jamal Saleh
'09**



(ABOVE) Eric Jespersen begins his match against his opponent. Win or lose he continued to increase his skills.

(TOP RIGHT) Greg Paquette attempts to get out of the strong hold his opponent has him in.

(RIGHT) The Suffield wrestling team watches their team mate during a match and shout supporting comments.

(BOTTOM RIGHT) Azmi Hamideh wishes his opponent luck before wrestling him.

(BOTTOM LEFT) The Suffield wrestling coaches sit and shout out helpful tips during a match.



(ABOVE) Kyle Sheridan tries to push against his opponent and regain the lead during the match. He was an important part of the team during the year and always brought his all to every match and practice.



(ABOVE) (Front row left to right) Dalton Shank, Dan D'Ostuni, Azmi Hamideh, Tim Buckingham, Geoffery Bridge, Mario Santos, John Kopec, Austin Bacon, Erik Jespersen, Ryan Buckingham, Corey Allen, Kyle Sheridan, Jamal Saleh, Greg Paquette, Kevin Bentz, and Joe Gleason.

(ABOVE) Corey Allen attempts to pin his opponent during this crucial league match. Intense determination can be seen on his face, and he is working with all his might to win this match for himself and the team.



WRESTLING

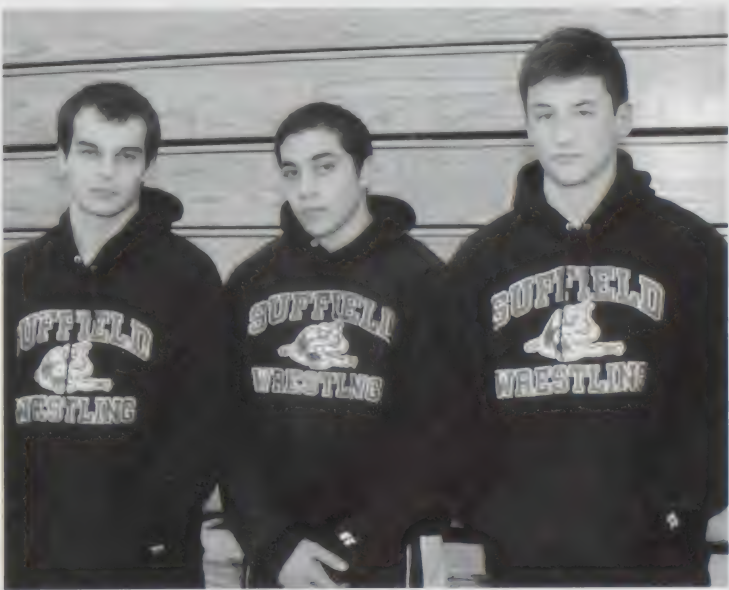
The wrestling team spent their winter weekdays and weekends practicing, conditioning, and competing. A common misconception is that wrestling is an individual sport. Although members do individually compete, the scores all combine at the end. Each match is as equally important as the other, and the team won and lost together. The endless hours of conditioning and practice all come together during a match. This years seniors led the team through a season filled with lots of hard work, which in turn led to a succesful season.



(ABOVE) Ryan Buckingham stands in a ready position to defend against what ever move his opponent throws at him. He will then counter attack in hopes that his move will pin his opponent to the ground and lead to a victorious finish. Ryan had many successful matches throughout the year and gained the team many points to add to their overall score.



(ABOVE) Senior Jamal Saleh gains the upper hand during this important match. He is planning his next move in hopes that it will lead to a succesful pin, which will then in turn lead to points for the team. His hard work and determination will be missed next year.



(ABOVE) Left to right, Geoffery Bridge, Jamal Saleh, and Kyle Sheridan pose for a quick picture after practice. They were all essential parts of the winning formula the team put together throughout the year.

HOCKEY

The hopes and goals were set very high for this years varsity hockey team. Even after losing some key seniors from last years team, they excelled and had a great season. The team had its ups and downs throughout the year but finished strong.

Although there were low points of the season, the boys learned from them and the good outweighed the bad. The seniors left an important legacy behind, one of hard work and determination that will benefit the teams in the future.



(ABOVE) Captain and senior Collin McGunigle flies down the ice while making his way towards the net in hopes of scoring a goal. Collin was an important part of this years team and has left an important legacy behind, one of which many captains after him would want to follow.



(ABOVE) Jon Cieri races down the ice and breaks away from the pack towards the opposing goal. Only a junior, Jon brought a lot to the team and looks forward to having the opportunity to lead the team next year when he is a senior.

(BELOW) Seniors Kyle Doane and Collin McGunigle stand together with their teammates from Granby and Windsor Locks. They both exhibit tremendous leadership to the team by using all of the lessons they have learned from previous years.



(ABOVE) (TOP ROW LEFT TO RIGHT) Matthew Spadorcia, Jesse Potter, Zac Allard, Eric Tenczar, Kyle Doane, Collin McGunigle, Jon Cieri, Mark Pearson, Tim Bourdeau, Brenden Fleming, Brett Gardocki, Mitchell Crosby.



(ABOVE) The Suffield hockey team gathers together before a big game. The captains and coach gave useful advice and encouragement that would get the team pumped up and motivate them to play better.

(TOP LEFT) The boy's celebrate after scoring a big goal. They do not have much time to celebrate as the opening face off is forthcoming and the game will continue on.

(LEFT) Jon Cieri wraps around the goal to shoot but is denied by the opposing goalie. Although unsuccessful this time, Jon had numerous other successful goals throughout the year.

(RIGHT) Brett Gardocki receives a pass from his teammate and prepares to make his run up the ice in hopes of scoring a goal or passing to assist one.



(ABOVE) Eric Tenczar and Mitchell Crosby defend against any puck that comes their way. Defense is a very important part of any sport, especially hockey where the tremendous defense led to many victories.



(ABOVE) Junior Zach Allard skates across the ice to wish his teammate luck before the upcoming game. The boy's could always be seen offering encouragement to each other and this led to their successful season.

The Never Ending Journey To Home

Home field **advantage** is a huge plus for teams, as the familiar foreground and the sound of the friendly roaring fans is not present when the teams travel to a **hostile** location to play an away team. However, the Suffield hockey team has never had this **luxury**. They have had to endure all of their seasons without these extra **commodities** that all their opponents had the benefit of having. However, the Suffield hockey team has continued to **thrive**, and make the best of the situation. Win or lose the hockey team doesn't use the excuse of not having a home field to accredit a win, or **blame** for a loss. The hockey team faces many other challenges as well. The team is only allotted one hour of practice time on the ice. This means they must cram in all of their **game** preparation in a very short period of time. Despite the many challenges the hockey team has had to endure throughout the **season**, they had a very successful one. The future does not look any better, as there is no plan to put in a hockey rink in Suffield. However, the hockey team continues to have a positive attitude, no matter what comes their way and continues to **excel** despite the many challenges they are forced to face. Some of the members of the hockey team were asked their opinion on not having a home rink and their answers varied but they all demonstrated a tremendous enthusiasm about the sport they love, **hockey**.



(ABOVE) Junior Brett Gardocki replied, "It would be nice to have a home rink but Enfield is not that far away. There are three schools represented on the team which means three times as many fans. Enfield is a nice rink and I feel lucky that Suffield has a hockey team for me to play on."

Wildcats Hockey



(ABOVE) This is the logo for the Suffield hockey team. Instead of only having the Wildcat the other town's mascots are represented as well. Some of the members of the team like having kids from another town, while others don't.



(ABOVE) Senior Kyle Doane said "It is a disappointment not having a rink in Suffield because we are forced to share a rink with our rivals. Also, if we had a rink in Suffield I feel that we would have more fans come to our games, because the rink is closer and it is more convenient for the fans to come to the game."



(ABOVE) Junior Sean Riddell said "Suffield does not have enough players to have a varsity and junior varsity team but having a rink here in Suffield might change that."

(BELOW) Brenden Fleming takes the puck and prepares to head up the ice and avoid any defenders that may come his way. Brenden is only a sophomore but he brought a lot to this year's team and was always a team player.



Boys Hockey

Junior Varsity

Junior Varsity hockey is meant to prepare the players for the varsity level. The team definitely accomplished this goal and ensured a successful future for the varsity program. Although the boys went through some rough times, they always got through them and

continued to play their hardest no matter what the score was. The younger players looked up to the older players for advice on their game and they were always given great advice. The team had a great season and looks forward to next year.



(ABOVE) Charles McGann and his out of town teammate stand together ready to defend against the on coming offensive attack. They worked together very well throughout the year and stopped many goals.



(ABOVE) (TOP ROW LEFT TO RIGHT) Sean Heyse, Brenden Hatheway, Brenden Fleming, Charles McGann, Sean Riddell, Travis Crosby, Matt Kolensky, Travis Crosby,



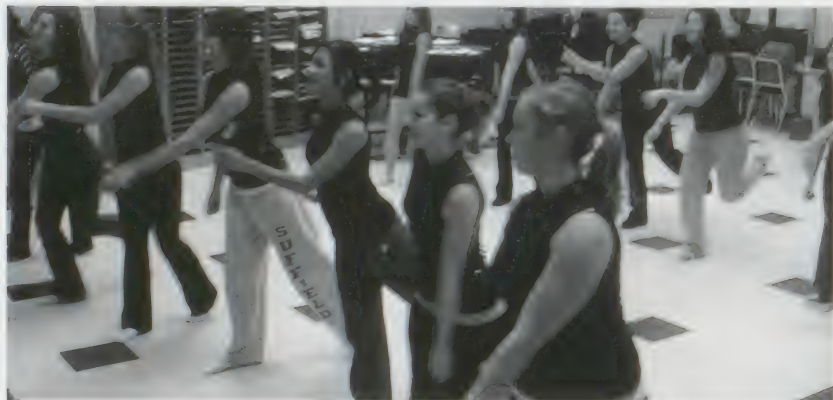
(ABOVE) Stephen Zaczynski stands by his goalie and clears the puck from the front of the net. He looks for an attacking teammate to pass the puck to and head towards the opposing net.

Dance Team

Varsity

For the dance team, the winter season is especially important. The girls and boys varsity basketball games gives the team a chance to show their skills and routines they put much hard work and dedication into. The team practices four times a week, with

two days of choreography and technique practices. The skills of the dancers ranges from all grades and each member of the team brings a unique style to the floor to help contribute to the great routines the crowd sees at each half time performance.



(BELOW) The seven seniors of the team, Sabrina Cordiliko, Alison Daguio, Brittany Denué, Julie Bianchi, Katie Romano, Michelle Kula, and Guili Tittarelli pose for their final picture together.



(ABOVE) After just receiving their new uniforms, the team practices their routine and synchronization before an upcoming game that evening.

(RIGHT) This year, the team took on a new approach to capturing the crowd by dancing in the dark with black lights hoping to impress their audience with their moves while glowing in the dark.



(ABOVE) Senior, Giuliana Tittarelli smiles as she excitedly walks onto the basketball court before beginning to perform the first routine of this year's season. Guili obtained the position of one of the captains to the girls of this year's varsity team.



(ABOVE) Giuliana Tittarelli, Brittany Denué, Sabrina Cordiliko, Alison Daguio, Julie Bianchi, Katelyn Romano, Azure Doney, Nicole Torres, Heather Boudreau, Erika Hull, Jaclyn Ferland, Moriah Canty, Michelle Boudreau, Rebecca Bowling-Worcester, Jamie Torone, Kathylee Brightman, Taylor Piccalo, Rebecca Tittarelli, Ashlee Smith, Carissa Satryb
(Not pictured: Michelle Kula and Danielle Carmante)



(ABOVE) At practice, Coach Lisa Worcester directs the girls to changes needed to be made to their routine



(TOP LEFT) The team impresses the crowd with their incredible dance moves.

(LEFT) The team stands in line for the playing of The National Anthem.

(BOTTOM LEFT) Julie Bianchi, Heather Boudreau, and Nicole Torres strut their stuff to Rhianna's hit song "Disturbia"

(BELOW) Kathylee Brightman and Carissa Satryb wait in anticipation for the music to start.



"I've loved being apart of the team for the past four years. We've had many changes, but its overall been a great experience. I'll miss it."

-Sabrina Cordiliko '09



"The two years I've been on dance team I've come to love it; the team is like a family. Every practice is entertaining and fun."

-Michelle Kula '09



(ABOVE) The dance team lights up the floor with their new uniforms as they strike a series of poses at the end of their routine. The team is known for captivating their audience with high energy and an upbeat performance everytime they enter the court to dance.



(ABOVE) Seniors Brittany Denué, Julie Bianchi, Giuliana Tittarelli, Alison Daguio, Michelle Kula and Sabrina Cordiliko all pose with their coach Lisa during a practice.



(LEFT) Boys of the JV basketball team watch the game hoping for a successful win from Suffield.



(TOP RIGHT) During a time out, the varsity basketball team listens for the plan executed for defeating the opposing team.

(TOP MIDDLE) The boys of the Indoor Track team take a relaxing moment to show their "bonding" side for a picture.

(RIGHT) The crowd cheers for the home team showing some school spirit for Suffield at a home game.

(BOTTOM RIGHT) Jamal Saleh puts his opponent in a strong hold.

(BOTTOM LEFT) A "Suffield High Swimming" banner represents the great success and reputation and held by both boys and girls swim teams at SHS.



(ABOVE) The junior varsity girls soccer team huddle together in celebration of a successful win during one of their games. Their chemistry and positive team spirit showed greatly out on the field.



(ABOVE) Coach Gatto takes some time during halftime to offer the girls of the varsity field hockey team words of encouragement and advise towards what they can do to win their game during the second half.

(BELOW) The girl's varsity basketball team and the crowd cheers for Senior Rachel Packard while she and the rest of the starting line up are introduced for a thrilling game at the home of the Wildcats.



(ABOVE) Senior, Kristen Overson fiercely races down the field to get ball from her opponent. Kristen did a great job in playing competitively to help lead the girls to a successful season for varsity the lacrosse team.

Wildcat Pride

Suffield Spirit Shown Through Sports

Suffield is widely recognized for its overall success in athletics. Those of all ages and especially from the student body of Suffield High School enjoy to represent our sports teams, even if they aren't taking place in the action out on the field or court itself. These times can be some of the most uniting and exhilarating for people all school year. Any game is generally packed with fans, along with an outpouring

amount of support for all the athletic teams at our school. Students that participate in sports here at SHS take much pride in representing our school's name and reputation. Our athletes proudly wear our school colors of blue and white and play a game of determination and dedication. They encourage each other and all sports with team and school spirit for success and a hopeful win for Suffield.



(LEFT) The varsity Hockey team thrills the crowd with their clean skills and determined spirit on the ice, representing the Wildcats well.

(ABOVE) Girls of the Class of 2009 proudly represent Suffield High School at the Boy's Soccer Semi-Finals. By spelling out "Go Suffield" on t-shirts they made, and cheering loudly during the whole game, they show school spirit and encouraged the boys.



(ABOVE) The varsity basketball team proudly shows the unitedness and pride for their team by displaying their team motto "I Am Because We Are" on their warm ups.

GIRLS LACROSSE

What a great year for the girls lacrosse team. With a new coach this year, the girls were able to pull together and play better than they ever had before. The team was close and performed well together. Ending the regular season with fourteen wins and two losses the team was more positive than ever going into the post season. They were the runner-ups in the Connecticut state tournament. All in all, girls lacrosse has grown into a winning team.



(ABOVE) The team comes together before the second half of a game. The coach pumps the girls up and they go into the second half ready to go.

(RIGHT) Katie Shute, an attacker always knows what to do with the ball. She looks for an open pass, in order to move the ball down the field.



(RIGHT) Goalie Katie Sullivan anxiously awaits the ball. She is always prepared and she has a strong defense to help her out when she needs it.



"You know there was some nervousness of how the girls would all mold and gel, but it was never a question of if you were a freshmen, sophomore, junior, or senior; it was we're a team. We play together to win!" Coach Clark said.



(ABOVE) One of the freshmen that made the varsity team, Ally Pasquariello, an important member to the defense, takes the ball out of Suffield's side of the field. The defense is the backbone of the team, without a strong defense the team cannot continue winning.



(ABOVE) Captains Lisa Beltramello, Meghan McGunigle, and Kelly Christian ran the team with class this season. These three girls led the team everyday in warmups and were strong voices on the field. Without this trio the team would not have come together and won so many games. The girls made sure their team stayed on track throughout the season, while still having a good time.

(RIGHT) Goalie Katie Sullivan watches as her team tries to score on the opposite end of the field.



(LEFT) As a defender, Emily DeFord shows outstanding defensive technique and forces the offensive player to the outside of the field away from the goal.



(TOP ROW) Silvia Isotti, Stephanie Shamy, Kayla Fahle, Kallie Sullivan, Brenna Lowe, Meghan McGunigle, Grace Presnick, Cara Ryan, Allyson Pasquariello, Coach Sue Clark. (MIDDLE ROW) Kelly Miskin, Alison, Murray, Kristen Overson, Katherine Sullivan, Katie Shute, Kelly Christian, Laura Vallance, Molly Clark. (BOTTOM ROW) Tara Sullivan, Margaret Cooper, Lisa Beltramello, Emily DeFord, Brittany Crosby, Kristi Chamberlain.



(ABOVE) Stephanie Shamy fights for the ball. Good stick skills are important to getting the ball, and this team demonstrates this well developed skill in every game. Forcing the opponent out, Stephanie will get the ball.



(ABOVE) Seniors James Wilson, Brett Sullivan, Shawn DeFord, and Justin Philips dominated the field. They took control and the many underclassmen looked up to them, and their skills. The four seniors helped to lead the team a the team will be stronger than ever next year.

(BELOW) The team receives advice and tips from their coach during half time. The team listens and in the second half they play even better than the first.



(ABOVE) Shawn DeFord races past a Somers player, pushing him out of the way to help out his team and get the ball down the field. Boys lacrosse is a contact sport, meaning being aggressive is a necessity.



(ABOVE) Coach Cervione, Coach Conway, William Wertman, Eric Tenczar, Gregory Paquette, Christian Skawski, Nicholas Cotrone, Matthew Shute, Matthew Winne, Ryan Perkins, Daniel Carney, Shawn DeFord, Joseph Sullivan, Wesley Contro, Coach Lee.

(MIDDLE ROW) Peter Zaffetti, Ryan Johnson, Jesse Potter, Justin Waterman, James Padrevita, Sean Riddell, Nicholas Peluso, Timothy Glynn, Cory Allen, Brett Sullivan, Peter Armata, Collin McGunigle. (BOTTOM ROW) Anthony Cervione, Andrew Shea, Justin Abrams, Zachary Biederman, Justin Philips, Alexander Chaplin, Andrew Fahle.

(LEFT) Collin McGunigle takes control of the ball and dodges the opposing team. He looks for an open teammate as he races towards the goal.



BOYS LACROSSE

This year the boys lacrosse team was very successful. The teams expectations were high considering the amount of new recruits. Everyone pulled together and worked hard in order to win several key games throughout the season. The boys never

stopped fighting to win the ball and make the pass. They brought their A- Game every day and it truly showed. With their great determination to win, every game was filled with excitement. This pleased the crowd that showed up to see a victory.



(LEFT) Matt Shute wins the draw and heads straight towards the goal. He uses his skills to dodge the opponent all down the field.

(ABOVE) Ryan Johnson fakes out a Somers' player. The coaches and team watch anxiously as he moves down the field.



(ABOVE) Goalie, Justin Abrams, always has his eye on the ball. By moving around the goal, he is able to see everything that is going on, including a player behind him. With lots of concentration he is able to stop even the hardest of shots. No opponent's offense is a match for Suffield's defense and goalie.



(ABOVE) Timothy Glynn cradles the ball after a team member sets a pick for him. As he moves down the field, the rest of the team gets open for a pass in hopes of scoring a goal and winning the game.

Girl's Lacrosse

Junior Varsity

Intimidation was the key factor when the girls went out to play.

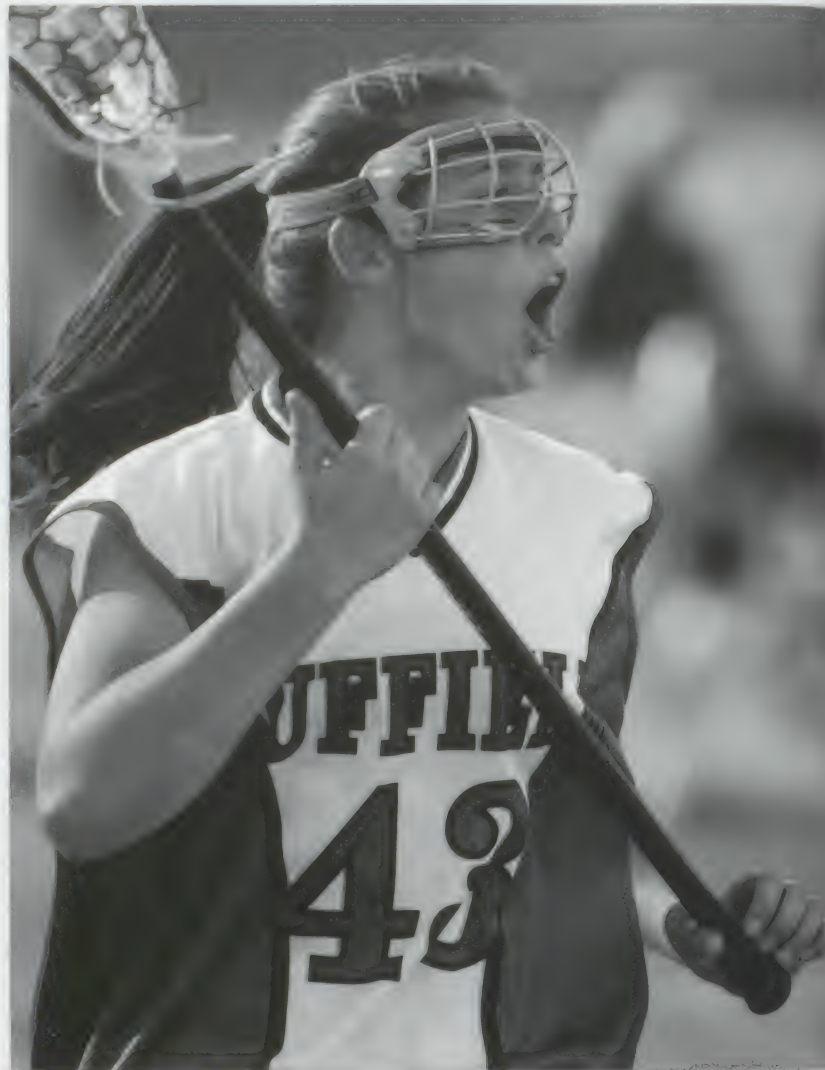
Everyday these girls arrived on the field and measured up to the Varsity team's level of intimidation. During games, everyone worked together to intimidate the competition.

The team practiced hard, played with notable determination, and with great sportsmanship. As a new member, Brianna

Lertora said, "I remember my first day on the team. The dedication of the girls was amazing. We all work together as one."



(ABOVE) A freshman, Karter Kaplan cradles the ball while racing to the goal after she gains possession of it. Karter loves being on this team. "I love when we all come together on the field and win games, it is so much fun." Not only do these girls win they have fun doing it! Having fun while playing results in wins.



(BELOW) Emily Sweeney calls out to her team. Communication is a large part of the game. If the girls cannot communicate they will not succeed.



(ABOVE) Amanda Conway races an opponent from Somers to a ground ball. The faster person will win the ball. Coming up with the ground ball is very important to gaining and advantage in the game of lacrosse.



(TOP ROW) Erika Hull, Madeleine Motherway, Lisa Forster, Sarah Jordan, Amanda Conway, Karter Kaplan, Coach Slattery. (MIDDLE ROW) Emily Sweeney, Emily Ellithorpe, Lilly Hopcroft, Michelle Kula, Kelly Miskin, Ashley Giller, Megan Moreau. (BOTTOM ROW) Brianna Lertora, Sarah Voisine, Paige Anderson, Nicole Cordiliko, Madeline Droney.

Boy's Lacrosse

Junior Varsity

(BELOW) Cory Allen calls for the ball, ready to outrun the other team. Staying open for passes is necessary in order to move the ball across the field.



The Junior Varsity boys had a great season. Everyone welcomed the new freshmen players to join and contribute to their already improving group. Coach Cervione watched as the boys grew into a winning team throughout the season.

Some players even gained the opportunity to play with the varsity team and welcomed the chance. Having some tough opponents only made the boys work harder to win. They had a great time and they cannot wait to show off their skills next year.



(ABOVE) The boys huddle together one more time before they take the field. The coach takes this time to tell his players last minute tips, and encourage them to play hard. The players pump each other up, chant "Go Suffield," as they get ready to play harder than they did in the first half.



(ABOVE) Drew Fahle, a freshman, dodges a defensive player to get open for a pass. Moving to get open when one does not have the ball is an important aspect of the game. Drew loves his first year on the team, "The teamwork is amazing!" he said. The boys have come together this season and succeeded.



(ABOVE) After his team gains possession of the ball, Will Wertman runs down the field looking for an opening where he can call for the ball. When he finds an open teammate he will pass the ball.



"It was such a great season this year. Going to Florida was an amazing experience and I am going to miss all the seniors a lot."

-Julie Muscarella
'10



"We worked so hard all year, and it was awesome to see that effort pay off through out the season."

-Colleen Moroney
'09



(ABOVE) Coach Presser congratulates the girls for winning the NCCC banner, for the second year in a row.

(ABOVE RIGHT) Captains, Michele Niejadlik and Samantha Ciere were great leaders for the team.

(RIGHT) Angie Moskwa strikes out many opponents throughout the season.

(BELOW RIGHT) On first base, Emily Droney, gets ready to run to second base for a steal.

(BELOW) Taylor Bartini throws the ball to second base for the Wildcats first out.



(ABOVE) After a great hit by Sam Cieri, Jenn Silva rounds third for the first run of the game. She had a very strong season this year. The Wildcats ended the game beating their rival team, Enfield High.



(TOP ROW) Coach Presser, Kathryn Kenney, Angie Moskwa, Jennifer Thresher, Emily Droney, Taryn Scozzari, Coach Lombard. (MIDDLE ROW) Julie Muscarella, Jennifer Silva, Colleen Moroney, Lauren Mercik. (BOTTOM ROW) Taylor Bartini, Michele Niejadlik, Whitney McKay, Kara Chamberlain, Samantha Ciere.

(BELOW) Batting in the beginning of the line up, Michele Niejadlik is sure to get on base. Up at bat, she concentrates on the incoming pitch. She was a key offensive player on the team.



SOFTBALL

The varsity softball team had a very promising season. The girls showed enormous talent and motivation. Without the team's hard work and strong leadership, they would not have shared in as many successes. Making it to the State Championship

Softball Finals boosted the girls confidence and motivated them to work even harder. Constantly being challenged from their opponents, coach, and teammates the girls stepped up to the plate. It was a successful year for the varsity team.



(LEFT) Working extremely hard at first base, Jenn Silva gets low stopping all the ground balls during the game against Granby.

(ABOVE) Even with a great play by Windsor Locks, Taylor Bartini slides safe into second base. The Wildcats had great offensive plays this season.



(ABOVE) Second baseman, Michele Niejadlik catches the ball throwing it right to the pitcher, Lauren Mercik after completing a double play. The Wildcat's strong defensive skills brought the team very far this season.



(ABOVE) Jenn Thresher, a star player on the team, gets ready to catch a fly ball. She wraps up the first inning, in the game versus Tolland. Jenn was the starting shortstop for the Wildcats.

BASEBALL

The varsity baseball team started off their season successfully with a winning streak. The team came together and worked extremely hard. The team accomplished many great things, by putting in 100% effort everyday during practices and games.

They made it to the State Championships and were in the running for the NCCC title. With their show of team work and commitment the Suffield Varsity Baseball Wildcats will strive for another great season next spring.

(BELOW) Catcher Frank Minch runs over to talk with pitcher Chris Stein. On the mound they discuss what pitch to throw in order to strike out the next person up at bat. It was his first year on the team as a sophomore and he improved tremendously.



(ABOVE) Erik Washburn patiently waits in the outfield for the ball to be hit his way. Suffield's tight defense made the varsity team tough to beat.

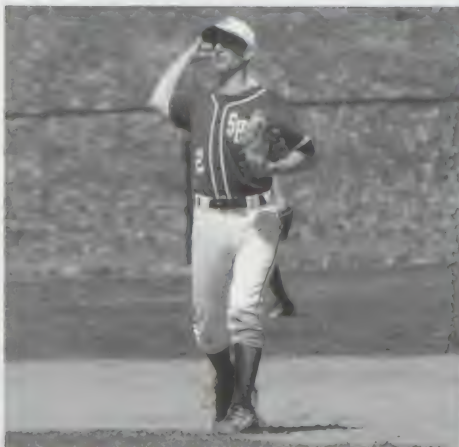
(RIGHT) Mike Presnick swings hard, aiming to bring his teammates home on second and third base. The boys offense really shined this season.



(ABOVE) Chris Drake hits the ball out of the park for a home run for the Wildcats. He made several home runs his last year on the team. He had a lot of experience, being on the team for four years.



(ABOVE) Nick Moskwa throws the final pitch of the first home game which also was the Wildcat's first win of the season. He not only was a pitcher but he also had many different positions through out his three years on the team.



"Our team enjoyed a good season. We were in the running for the NCCC title until the very end of the season. We finished 15-5."

-Coach Eggleston



(ABOVE) Erik Washburn, fires the ball to first base for the first out of the game.

(ABOVE LEFT) The leadership of captains, Bryan Hull, Chris Drake, and Luke Anderson made the team a great success this year.

(LEFT) Shawn King is determined to win their last game of the season.

(BELOW LEFT) Luke Anderson fiercely throws the ball to second base.

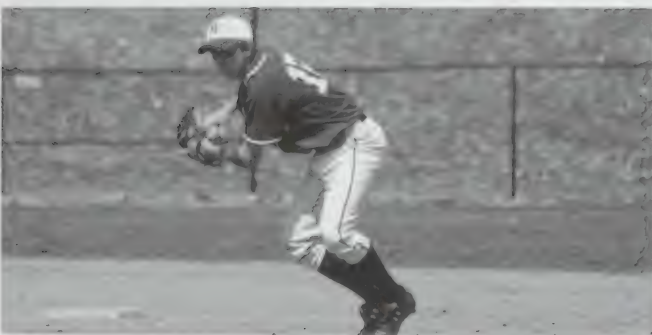
(BELOW) Bryan Hull leads off second base to run to third base on the next successful hit.



"The season was really fun and there was great team chemistry. The seniors set good examples for the underclassmen."

-Dean Porcello

'09



(ABOVE) Luke Anderson, looks to his third base coach for a sign of approval after a great hit for a double. He is proud of accomplishing his goals and having a successful season as a senior.

(TOP ROW) Coach Eggleston, Alex Guminiack, Max Wiosna, Christopher Stein, Glenn Dardanelli, Frank Mnich, Shawn King, Michael Thibedeau. (MIDDLE ROW) Michael Presnick, Erik Washburn, Nick Moskwa, Dean Porcello, Dylan Lawrence, Luke Allen. (BOTTOM ROW) Mario Frare, Bryan Hull, Christopher Drake, Luke Anderson, Matthew Schnepf.

Girls Softball

Junior Varsity

The junior varsity softball team had a great season showing dedication and exceptional skill. The girls improved through out each game working hard as a team. Not only during the games did the girls show commitment, but they proved themselves to be great by

working hard at every practice. The team challenged their opponents but also themselves.

Showing desire and enthusiasm to win makes a great and successful team. Suffield High can expect to see several of these girls on the varsity team next season.

(BELOW) The team gathers together during a time out to quickly discuss their defensive plays. They focus on how they are going to strike out their opponents and keep the innings short by catching every fly ball and ground ball.



(ABOVE) Maggie Reeves worked very hard as a defensive player this season. She stays low so ground balls will not be able to get past her.



(RIGHT) Kayla Nadeau steps up to the plate to bat. She prepares for the on coming pitch hoping to bat in some more runs for another win.



(ABOVE) Alyssa Wagner fields a ground ball and throws it down to the first baseman for the team's first out of the inning. The game was filled with impressive plays from all the Suffield players.



(TOP ROW) Coach Kadamus, Emma Kubetin, Kayla Hale, Stephanie Guminiak, Gina Diprato. (MIDDLE ROW) Samantha Pandolfi, Maggie Reeves, Alyssa Wagner, Kayla Nadeau. (BOTTOM ROW) Kelly Kenney, Melissa Zaczynski, Stephanie Fahey, Kylie Gifford, Samantha Guzzi.

Boys Baseball

Junior Varsity

(BELOW) As the boys huddle in together, they talk about how they are going to end the game with a win. They reach their hands up and chant "LET'S GO SUFFIELD!" By doing this the team gets motivated and ready to play a good game.



The junior varsity baseball team combined their talents sharing in many accomplishments this season. With all their hard work and dedication the boys will be ready to step it up and become varsity players. The team kept their spirits high and had

to work together in order to succeed. The boys showed team spirit and demonstrated improvement throughout the season. Next year we hope to see as much commitment and dedication as the team portrayed this year.



(LEFT) Leading off second base, Craig Henderson gets ready to make a run to third base by paying close attention to Tyler Devine up at bat.

(ABOVE) During a home game against Coventry, Kyle Dallaire, shows his skill and athletic ability by diving into third base.



(TOP ROW) Coach Gatto, Kyle Dallaire, Craig Henderson, Cody Kaczmarek, Dan Bartini, Tyler Devine. (MIDDLE ROW) Kyle Mercik, Brenden Fleming, Kevin Chmiel, Dan Sullivan, Kevin Gundersen. (BOTTOM ROW) Matthew Pasquariello, Dan Bartley, Stephen Zaczynski, Dennis Ferrari.



(ABOVE) With Dan Bartini's head in the game, he fiercely throws the ball to second base wrapping up the fifth inning with three outs. His strong defensive skills contributed to the team's wins.

GIRLS TENNIS



This year's tennis team had a very successful season. They worked extremely hard and gave true meaning to the definition of teamwork. With only three seniors and many newcomers, they had to reach their goal by working together and showing great determination. The

girls 2008 tennis team showed their skills and improved greatly from last year. Every girl put forth an amazing effort whether it was in a match, or a practice. They shined tremendously until the very last ball was served.



(ABOVE) During a match, junior Rachel Packard gets ready to serve. With past experience, she contributed her skill and knowledge to the team.

(RIGHT) Swiftly hitting the ball, junior Alex Smith sends it back over the net. Alex is looking forward to the upcoming season.



(ABOVE) Allison Rodgers stays focused during practice by tuning into some pump up tunes on her iPod. Allison Rodgers was a senior and a very strong player on the tennis team.



(Above) Abigail Creighton makes a crucial play and gets a high ball above her head, scoring another point for Suffield. As a freshman on the team last year, she looked to the upperclassmen for advice and she learned from their experiences.



(ABOVE) Kim Willet nails a hard return in a crucial match during the girls season.

(LEFT) Katie Zien is focused at practice, as she concentrates on her shot. Katie was very satisfied with this girls season.

(BELOW LEFT) Being the only seniors on the team, Ashley Boudle, Allison Rodgers and Jessica Haffner had to show good leadership skills throughout the season. These three girls were also the captains for this year.

(BELOW RIGHT) uren Haffner has fun at practice but keeps her concentration.



"We started out a new team, but in the end we all came together and had a great season."

-Alex Smith
'09

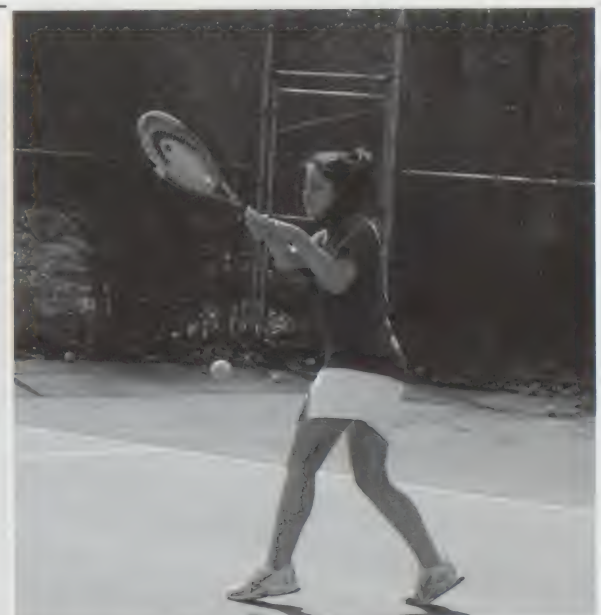


"We worked really well as a team this year and we showed great improvement from last season."

-Rachel Packard
'09



(ABOVE) Team Picture (BACK ROW) Soo Kim, Maura O'Malley, Kelly McDonough, Amanda Lewis, Rachel Burnaford. (SECOND ROW) Abigail Creighton, Katie Zien, Dallas Thompson, Kim Willet, Lauren Haffner. (FRONT ROW) Rachel Packard, Ashley Boudle, Allison Rodgers, Jessica Haffner, Alexandra Smith.



(ABOVE) Kelly McDonough shows her competitive side during a match against Avon. Her spirit and determination helped put Suffield over the edge this season. Kelly had a great first season with the Wildcats.



(ABOVE) Austin Chandler shows a strong follow through after hitting a ball over the net. He stands ready to return his opponent's hit.

(RIGHT) Last year's senior Andy Parent shows tremendous concentration when returning this blistering serve.

(BELOW) Andy Lagana and Mike Cristina demonstrate great teamwork during their difficult doubles match.

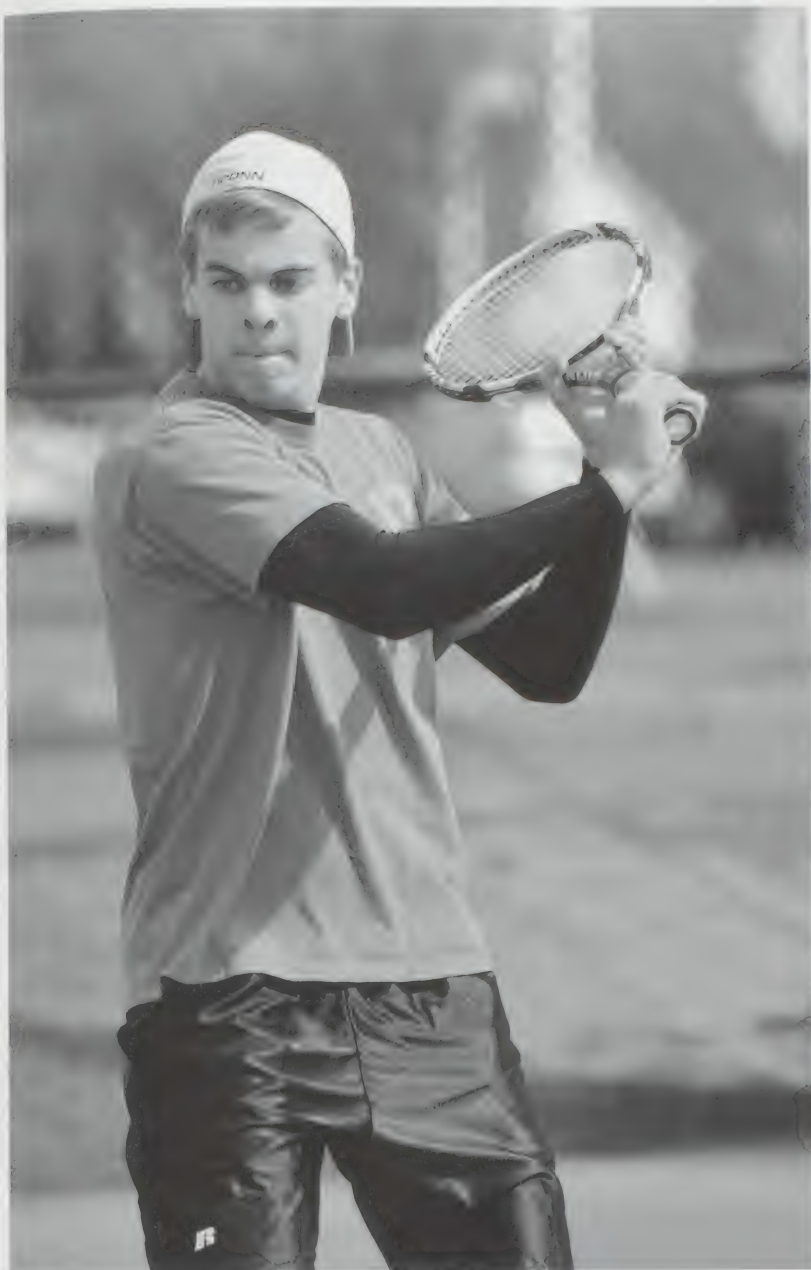
(LEFT) Andy Lagana stands on the baseline ready for any ball that may come his way.



(ABOVE) Bruce Mackay exhibits tremendous composure when returning this difficult serve from his opponent. He learned many new skills this year that will contribute to yet another successful season this year.



(TOP ROW) Manager Julie Silva, Ryan Kulas, Sean Heyse, Brandon Stephen, Austin Chandler, Benjamin Forster, Derek Stiles, William Holtzman, Kevin Ho, Coach Mark Janick. (MIDDLE ROW) Travis Crosby, Michael Cristina, Bruce Mackay, Branden Kearney, Andrew Lagana, Eric Lenser, Mitchell Crosby. (BOTTOM ROW) Andrew Parent, Eric Heaney, Chrstopher Holtzman, Christopher Oprica.



The boys tennis team really showed off their skills this year. A large quantity of boys showed up to the tryouts, delighting the coach. I have never seen this many people interested in the sport, and it makes me proud, said coach Janick.

BOYS TENNIS

The boys showed great strength in both singles and doubles, and the days leading up to the matches were full of anticipation. With so many young faces taking the court, some people were skeptical on how the season would go, but the team proved them wrong and played with all their might, coming out on top.



(LEFT) Benjamin Forster demonstrates perfect backhand form and determination during his singles tennis match against his opponent.

(ABOVE) Eric Lenser proves he can return his opponent's blistering serve and is determined to win this point and eventually the match.

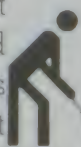


(ABOVE) Seniors Branden Kearney, Christopher Holtzman, Eric Heaney, Andrew Parent, and Christopher Oprica pose for a picture. Their leadership, hard work, determination, and presence helped lead the team through a great season.



(ABOVE) Christopher Holtzman demonstrates his unique tennis stance. The work ethic and determination of this senior led to success throughout the season.

GIRLS GOLF



The 2008 Girls Golf Season started out great with an unexpected amount of sign-ups compared to recent years. 23 golfers signed up, but only 13 survived the season. "It's the hardest game in the world", Coach Kilby said. While some girls were playing in the match, others were behind them practicing to get better

for the next one. "I had fun watching my teammates play while being with my friends. We always had a great time!" Molly Bascom said after watching a home match at Airways Golf Course. With no graduating seniors, the team's positive attitude and dedication will help their success continue on through next season.



(ABOVE) New to the golf team, Anne Murphy begins her first match with a strong drive down the fairway at the golf team's home course, Airways.



(RIGHT) Anna Dilozenzo gets into a comfortable stance as she starts the match off right with a nice long drive down to the green.



(ABOVE) After teeing off for the first time Anne Treglia couldn't take her eyes off her ball until she knew it had landed on the green.



(ABOVE) On one of the last holes of the match, Katelyn Wood concentrates on her teammate Anne Murphy carefully sinking her final putt, hoping she can do the same when her turn comes.



(LEFT) Katelyn Wood was determined to get her ball out of the sand pit without adding extra strokes.

(ABOVE) Anne Treglia focuses on the green before teeing off.

(RIGHT) Brenna McGann watches her ball as she follows through her smooth swing.

(BOTTOM) Katelyn Wood takes a few practice swings before completing this hole with a par.

(BOTTOM LEFT) Brenna McGann and her opponent both look to the green searching for her long hit ball.



(TOP ROW) Coach Kilby, Molly Bascom, Brenna McGann, Rebecca Lavoie, Kristy Koistinen, Anne Murphy, Coach Cunningham. (MIDDLE ROW) Michelle LaPlant, Jessica Flagg, Margaret Kelliher, Hilary Lattanzio. (BOTTOM ROW) Katelyn Wood, Nicole Loughrey, Karoline Porcello.



(ABOVE) Anne Murphy concentrates as she lines up her shot so she would be able to get the longest amount of yards to beat her opponent to the green.



"The future of Suffield golf is very bright!"

-Coach McCullough



"We started off hitting some balls into the woods, and ended hitting dingers down the fairway."

-Mitchell Flagg '09



(ABOVE) Branden Bielonko searches for his ball that flew into the air after a powerful drive.

(RIGHT) Andy Mai gets into the zone as he tries to determine how hard he should hit his ball to be able to score under par.

(BELOW RIGHT) Matthew Lavoie and Branden Bielonko take a quick break from the match to chat about their strategies for the upcoming hole.

(BELOW LEFT) Michael Formaggioni watches teammate Mitchell Flagg hit his ball at one of the last greens of the day.



(ABOVE) Michael Formaggioni finishes up his final stroke of the match with a nice easy putt. Every member needed to gain a large amount of concentration and patients to do well this season.



(ABOVE) Team Picture Top Row: Branden Bielonko, Andy Mai, Coach McCullough, Mitchell Flagg, Mathew Lavoie Bottom Row: Mike Masso, Michael Formaggioni



Starting the season with a strong win against Tolland, the 2008 Boys Golf team was very excited to continue from a great season last year. With a large amount of talent continuing through this season they had no problem beating even their toughest opponents. The boys golf team was led by freshman Andy Mai who was named to the all-state team

BOYS GOLF



and sophomore Mike Masso, named to the NCCC conference team. The boys golf team qualified for the State tournament for the first time in 6 years and is highly motivated to improve next year. The boys put in lots of time and effort to look their best and it all paid off. Hopefully they can continue their success through next season.



(LEFT) With great accuracy Mitchell Flagg concentrates on putting the right amount of speed on the ball

(ABOVE) After a great tee off, Michael Masso keeps a close watch on his ball as it soars closer to the green.



(ABOVE) Team leaders Michael Masso and Andy Mai carry their clubs and talking about their game strategies as they continue to walk to the next hole they will be teeing off at.



(ABOVE) Matthew Lavoie tees off during a home match at Airways Golf Course where he continued to improve throughout the match while cheering on and helping out his teammates.

GIRLS TRACK

Track is a combination of many different activities bringing together different athletic abilities to form the Suffield Girls Outdoor Track team. This year's team includes many dedicated and devoted girls from all four grades. The captains and coaches are very proud of the team and their accomplishments. They all stayed very enthusiastic throughout the entire season. The girls made it to the NCCC tournament and demonstrated a phenomenal effort. The team is looking forward to their upcoming season and hopes to bring home a state championship next year.



(ABOVE) Melissa Chapman shows off her amazing skills as she flies over the hurdles, while preparing to land and continue her race.

(RIGHT) Chelsea Bishop passes off her baton to teammate, Nicole Picard during a Baton Relay. The two worked very hard and did their best to win the meet.



(ABOVE) Holly Chamberlain sprints to get momentum to get the most possible distance in the long jump. With amazing concentration she is sure to get a great distance and beat her competitors.



(ABOVE) Senior Alexandra Messmer uses all the strength she has to push herself over the high beam at a home meet during the Pole Vaulting event. With great determination, Alexandra lifts her legs high into the air so she doesn't touch the bar as she flips over and lands on the other side.

(Right) Silvana Loungo flies into the air to get over the high bar during her Poll Vaulting event in a home meet. She definitely will not have a problem making it over.



(ABOVE) Jessica Carson uses her skills to win the event. She is continuously improving her hurdle jump.

(ABOVE RIGHT) Hadley Stevens sprinting on the last straight away to come in first.



(RIGHT) Kendelyn Ouellette preparing to release her disc, hoping she will get a better distance than the others.



(BELOW LEFT) Meredith Lowe and Chelsea Bishop race off against two competitors.

(BELOW RIGHT) Chelsea Hunter clears the air with great speed and height as she jumps over the hurdles.



(TOP ROW) Coach Begley, Sarah Wilson, Rachael Cocco, Chelsea Bishop, Valerie Motter, Margaret Treiber, Brittany Hudson, Anne Sollish, Kendelyn Ouellette, Tara Boudreau, Nicole Picard, Coach Sinacrope. (MIDDLE ROW) Anjali Quinones, Melissa Chapman, Holly Chamberlain, Kaitlin Sych, Chelsea Hunter, Kerstyn Bassett, Brittany Hube, Julie Nadeau, Hadley Stevens. (BOTTOM ROW) Alex Wilson, Jasmine Betts, Elizabeth Treiber, Alexandra Messmer, Kristie Albert, Lauren Beaulieu.



(ABOVE) Sarah Wilson is about to land after jumping over a series of hurdles. She is preparing to take off to continue to the next set of hurdles and finish her race.



"The track team did very well this year and worked very hard"

-Timothy Dufore '09



"I am so glad I did the team this year. I met a lot of new people and made a ton of new friends."

-Zachary Anderson '11



(ABOVE) Joseph Rigby runs with a smile on his face, knowing that he soon will have successfully completed his race.

(RIGHT) Joel Jordan uses all his might to throw the shot as far as he can in the Shot put event at a home meet.

(BELOW) Eric Ouellette throws and releases his disc in attempt to throw further than his competitors in the Discus throwing compition.



(ABOVE) Daniel Zatony runs to teammate Nicholas Riby to pass off his baton. The two worked very well together to complete their race. They showed what teamwork is all about.



(TOP ROW) Coach Begley, Justin Pierce, Logan Horner, Robert Domin, Patrick Henderson, Robert Perise, Nicholas Tustin, Eric Ouellette, Coach Sinicrope.
(MIDDLE ROW) Christopher Reynolds, Andrew Dodds, Charles McGann, Patrick Slattery, Zachary Anderson, Nicholas Rigby, Joseph Rigby, Marco Muzio.
(BOTTOM ROW) Walter Walec, Ian Shulman, Mitchell Moody, Robert Hale, Jameson Grout, Nathen Sheridan, Joel Jordan.



BOYS TRACK

Competitive doesn't begin to describe the boys outdoor track team. The drive and determination of the team made this season a great one. The boys practiced together, worked out together and cheered each other on.

The captains couldn't be more proud of this year's team and excellent season. The team excelled through the NCCC with great pride and focus. The boys outdoor track team ended with a well deserved season.



(BELOW) Justin Pierce sprinting on the first lap of his race, focusing on nothing but the finish line. Planning to reach his goal of coming in first place.

(ABOVE) Chris Reynolds and Rob Perise compete against the town of Granby at a home meet. The determination of the two brought a great result at the end of the race.



(ABOVE) Josh Giller flies over the high bar to get to the other side without touching. He clears over the bar preparing to land on the mat after his amazing Poll vaulting event at a home meet. He is one of many talented poll vaulters on the team.



(ABOVE) Logan Horner racing to the finish line on the last stretch of his race. Running with great determination and speed he will clearly will come in one of the top spots.

P.O.I.

Points of interest

Every journey is made up of several points of interest. They are the activities and places we visit that makes this long trip worth while. For the average student at SHS, their points of interest may include events like Prom, Spirit Night, the FFA Agricultural Fair, or Mr. Suffield. Every point of interest we attend makes our personal journeys unique, however still brings us together at the same time. Without the student life, our school and all the members would never be able to get together and show their school spirit. How fun would the trip be if there were no stops along the way? The events at Suffield High truly have shaped each and every student.

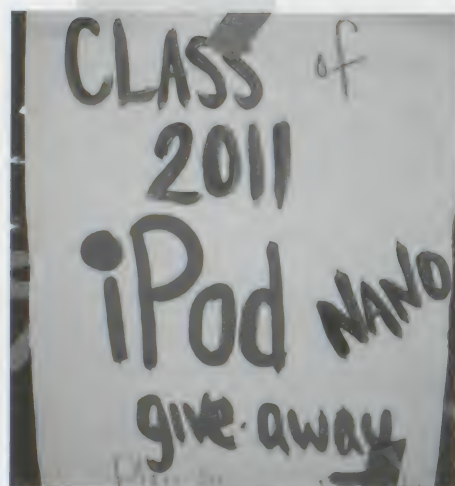


(ABOVE) Joe Rigby and his classmates show off their best football pose for an ESPN camera crew. The crew followed Joe around school after hearing of his nomination for the Wendy's Heisman Award.

(BELOW) Dedicated Jasmine Ruckey prepares a flower arrangement for the Agricultural Expo. Every other year all the hard working FFA students show off all they have learned through the program that only Suffield offers in this area.



Suffield on the Green



(ABOVE) The class of 2011 raffled off a iPod Nano. In order to win the iPod, families and friends had to buy raffle tickets. It was a great success for the sophomores because they raised a lot of money when people kept buying the raffle tickets.

(RIGHT) The Suffield Swim Team sets up a booth on the green in order to raise money to cover their expenses for the year. Without the dedication of the team members this year they would not have sold as many Suffield flip flops this year.

(BELOW) Every year the seniors raise money by letting people try and dunk students and teachers. This year, Mike Chapman volunteered to be dunked. Children enjoyed throwing the ball at the target then watching him fall into the bucket of water.



Another year has come and gone and the Suffield on the Green was another great success. The Suffield on the Green is a traditional event that takes place every year in the month of September. It is a time when the Suffield community comes together to promote, provide information, and spread the news about different businesses and organizations. The Suffield on the Green welcomes families to

to spend a day relaxing, eating, and just having fun. Each class at Suffield High School raises money toward their senior year activities by creating booths of games and different activities for children to play. The Suffield on the Green is the main fundraiser of the year for each grade at Suffield High School. It is an excellent opportunity to spend a summer day congregating with families and friends.

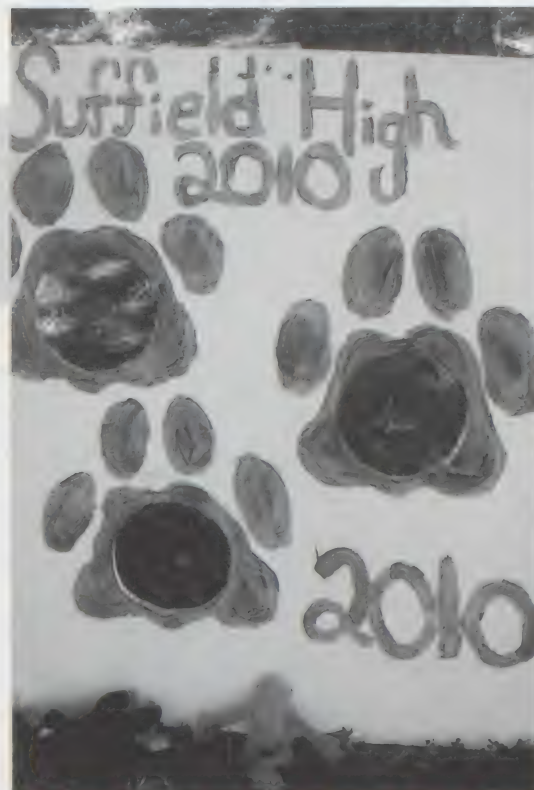




(ABOVE) Sophomores, Sarah Voisine, Hadley Stevens, Elisabeth Forster, Paige Anderson, and Sarah Jordan pose to take a picture while working at their class booth.



(LEFT) Many people come to the green to go to the craft fair at the Hathaway House. You can catch many people walking out with a lot of new things that they bought.



(BELOW) This year the Junior class put together a bean bag toss to raise money for their class. The game was very popular and well liked by children at the green.

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"Suffield on the green was a blast! We ate a lot of good food and played games with all our friends. It was really fun being able to spend the day together."

Paige Anderson and Katie Shute '11



J



"Suffield on the green was really successful this year. We were able to fundraise a lot of money for the senior class."

Nathaniel Rossi '09



"Being captain of the swim team this year i stayed at our booth the whole weekend. Luckily we were right next to the senior booth so i got to help out with our class too."

-Gosi Kelliher '09'



(LEFT) The Suffield on the Green was the place to be this year. Kids came together to joust and have a good time. The parents enjoyed watching their children have fun.

(RIGHT) The Junior class attracted many children as well as adults to their sand art booth. Parents and their children enjoyed the arts and crafts idea.



Fall Play



(ABOVE) Sawyer Judkins was a Soldier of the State. He is pictured above in the room of fears where he follows orders from O'Brien. He stands on guard next to the door with his partner, Jasmine Ruckey.

(RIGHT) Miranda Ingram played the Landlady. She gave insight to Winston and Julia when they were moving into a room in her house. She shared her great wisdom and memories with Winston and Julia.

(BELOW) Winston and Julia, played by Evan Laux and Jenn DiMauro, went through alot so they could be together without anyone find out their secret.



The annual fall drama production took place on November 7th and 8th this year. The play was 1984 based on the novel by George Orwell. Once again, Ms. Holland put together an outstanding performance that will be remembered. This year's student directors, Jessica Lawrence and Katie Summa worked tirelessly backstage to make sure the show ran like clock work. The technical

director, Bryce Skawski is a four year veteran of SHS drama productions. It was his responsibility to make sure that his crew had all the lights and sounds working properly. Since these three are seniors, their experience paid off. Hollywood here they come! The 2008 play enthralled all ages because of its humor, intensity and exceptional acting skills. Remember, 2 plus 2 equals 5!



(ABOVE) Evan Laux played Winston Smith who is awfully afraid of rats. Evan and Ross McKinley are pictured in the room of fears where Ross, who played O'Brien is trying to get Winston to confess and turn in his girlfriend, Julia.

Mr. Suffield

The senior boys got all dressed up for Mr. Suffield this year. Their talents ranged from dancing to singing and to behaving just plain crazy. Everyone was astounded to hear the great voices of Mitch Flagg and Austin Chandler singing *Piano Man*. The Senior Class danced along with six of the contestants that danced to *Jump On It* from our Spirit Night skit of sophomore year. Alex Flynn and Anthony Cervione added

some shock value to the evenings festivities when they performed their rendition of *Barbie Girl*. Laughter filled the auditorium while Tim DuFore showed off his incredible ribbon dancing skills. Andy Lamagna surprised the crowd when he sat on his drum and performed a beat of his own percussion. The night culminated when Nate Lamagna, the first Mr. Suffield, crowned Mitch Flagg as Mr. Suffield 2008.



(ABOVE) Mitch Flagg is pictured wearing his wonderful sash and glamorous crown. The votes were close but Mitch was the winner of Mr. Suffield and Tim DuFore was the runner-up.

(LEFT) The MC's for the evening were Wes Contro, Ben Forster and Josh Giller. They did an incredible job keeping the audience attentive while the contestants were busy primping backstage in between each segment.

(BELOW) Anthony Cervione and Alex Flynn showed up as Ken and Barbie. Their roller-blading show and incredible voices definitely made it difficult for anyone to show them up.



(ABOVE) The escorts were beautiful arm candy for the contestants. (BACK ROW) Meredith Lowe, Brianna Liquori, Falyn Rasmussen, Kallie Sullivan, Casey Merrick, Holly Shea, Devon Johnson, Alison Gagnon, Lauren Mercik, Colleen Moroney (FRONT ROW) Kayla Fahle, Rachel Packard, Michelle Kula, Brianna Lertora, Kylie Gifford, Laura Sikes, Katie Romano, Catie Jones, Chelsea Hunter, Sharell Hunt and Bern Raum.



Spirit Week



(ABOVE) Juniors Lauren Monsieigneur, Nicole Picard, and Tara Boudreau pose during Spirit Week. The girls dressed up like they were living in the 80s. However, the seniors won that days competition despite all of the girls efforts.

(RIGHT) Junior boys Mike Thibodeau, Dan Bartini, Drew Fortin, Jesse Potter, and Eric Tenczar get comfy on one of their Spirit Night props. The junior theme this year was Inferno and the boys dressed up as fire fighters.

(BELOW) Senior Fosie Cauley and Sophomore Felicia McPherson show off their Suffield attire during spirit week. The girls said Suffield Day was their favorite part of the week.



Spirit night was a blast this year as the school gathered in the gym to compete in this annual spirit event. The freshmen theme this year was The Wizard of Oz.

They gathered as a grade screaming, "I dont think were in Middle School anymore!" The sophomore class was dressed as stranded islanders who were Ship Wrecked. The juniors'

elaborate decorations and firemen costumes made their theme, Inferno, seem realistic. The seniors however, blew the place away with their Roman themed skit, possibly one of the best to pass through the High School's gym walls. The night was full of surprises and exciting games which made the event one of the best of the year.





(LEFT) The seniors decorations for their Roman theme were very realistic this year. The colosium mural really made you feel like you were visiting Italy.

(BELOW) Freshmen Chris Allen, Peri Stevens, and Isabella Isotti take a picture during their required Information Management class. They are dressed in there Suffield attire for Spirit Week.



(ABOVE) Junior Lenna Weathers poses with Mrs. Klaus between classes. Lenna wore her Spirit Night Inferno shirt to school to support her grade during the school color competition.

(LEFT) Sophomores John Kopec, Dylan Feilds, and Mike Doherty take part in the toilet paper wrap during Spirit Night. The sophomores came in second during this event.



(ABOVE) Senior Nicole Loughrey shows off her Tie Dye shirt on 70s day. The senior hallways were very colorful that day because all the seniors were wearing their Tie Dye shirts. Nicole was excited that the seniors only had to dress up at hippies because the rest of the catagories were tough to depict. Some of the other catagories ranged from cowboys to 60s fashion.



(LEFT) Mrs. Lombard, Senior Advisor, teaches a class to seniors Matt Lavoie, Jamal Saleh, and Craig Henderson. They are all wearing the senior roman shirts that were made for Spirit Night.

(RIGHT) The sophomore decorations were very good this year. Their theme was portrayed very well by with their the decorations.



W inter Semi



(ABOVE) Hector Leon and Maggie Reeves share a quick laugh as they enjoy their evening dancing the night away. The semi is a great place to catch up with friends while having fun.

(LEFT) Brian Sutton and his date paused from dancing to take a quick picture. They spent the entire night dancing together, only stopping to chat with friends.

(BELOW) Rachel Tyman, Nicole Torres, and Jasmine Ruckey take a break from the dancing to pose for a picture and show how much they are enjoying their Junior year semi-formal.



On January 31st, the Juniors and Seniors swept into the commons from bitter cold weather outside.

They were dressed in semi formal wear for a night to be remembered. The weather conditions nicely complimented the theme of Winter Gala. Students before the dance, had hand made decorations in a snowy theme. All together, this created a great atmosphere to spend with friends and dates.

With a constant supply of great dancing music, the night was able to kick off quickly and get everyone out on the dance floor. Not only was this dance created to give the students a fun filled night, but it also had a great purpose. Usually the dance only raises funds for the senior and junior class councils, however this year a portion of the profits were donated to Sam Smyth and his family.



(ABOVE) Andrew Lagana, Colleen Moroney, Courtney Randall, Derek Stiles and Lucas Zielinski are dancing the night away. With several other students, they are able to create a great dancing atmosphere and make this a very memorable night for everyone.

Spring Semi

In April, the freshman and sophomores piled into the commons for a fun filled night full of dancing, music and friends. This year's theme was Mardi Gras. The theme provided a brightly colored room and lots of purple, green and gold balloons. Some kids even dressed up in theme with masks and beads. However, patterned dresses for the girls and dress

shirts with colorful ties for guys dominated the dance floor. With an excellent DJ who supplied great music, the entire night was spent dancing and posing for pictures with friends. Everyone brought all of their energy to make this one of the most exciting dances Suffield High has ever seen. It was definitely not a night you would want to miss out on.



(ABOVE) Brenden Fleming and Silvia Isotti dance together and enjoy their first high school dance. The semi is a great opportunity for Freshmen to experience the real Suffield High School atmosphere.

(LEFT) Moriah Canty and Soo Kim dance the night away. The girls had a blast preparing for the dance. When they got to the school they didn't stop dancing until it was time to go home. It was without a doubt the best Semi ever.

(BELOW) Kevin Ho loves to dance. It is not a dance without him there rocking out to the music. The music at dances provides great entertainment for all students. It is the highlight of the night when a good song comes on.



(ABOVE) Sophomores Erika Hull, Madeleine Motherway, Nicole Picard, Katherine Sullivan, and Tara Boudreau stop dancing to take a picture. Semi-Formal is always a fun filled night of dancing, friends and picture taking. There is no better time to get dressed up and hangout with your friends than at a Suffield High dance.

Agriscience Expo



(ABOVE) Kasey Srubas and Daniel Wallace pose for a quick picture next to a John Deere tractor. As the two walked around, they saw many interesting and different projects.

(RIGHT) Mindy Kilty petting her calf Duffie, waiting for a tour to come by her exhibit so she can present her project. She was very proud of how her calf and how well her project turned out.

(BELOW) Carly Neumann cuddling with her goat as she posing for a quick picture. She takes a break from her project to spend some quality time with her furry little friend.



On April 7-8, the 2008 Ag Expo came to SHS. Throughout the 500 and 600 hallways the Agriscience classrooms were filled with tri-folds, animals, food, and other agricultural related projects. The Ag Expo wasn't just a classroom event. As you walked out the doors you stepped into a new world. Outside were tractors, horses, and even dogs. Throughout the two day event many tours were

given, projects were presented, and there were many hands on activities for the hundreds of visitors from surrounding towns and schools. Unfortunately the Ag Expo comes every two years, but we will have thousands of memories leading us to the next upcoming Ag Expo. This clearly was one of the best Ag Expo SHS and will have thousands of memories leading us to the next upcoming Ag Expo.



(ABOVE) Nine Spaulding students pose for a quick picture as they take a break from their tour. The kids are excited about how much fun they are having with all the projects and many hands on activities. This is a great field trip to show the kids how much fun school could be.

Holiday Sale

Ho Ho Ho.....Here comes Santa Claus; here comes Santa Claus, right down Agriscience Lane. The Agriscience Program has brought the Holiday Sale back again this year on December 2 to December 12 . With thousands of things to sell for the holiday, Santa's little helpers raised money to help their program. Selling wreaths, cemetery boxes, poinsettias, flower arrangements, and other

holiday inspired things. During classes the students and teachers worked hard on creating holiday decorations. The Holiday Sale Comittee prepared for weeks to come up with ways to help the Holiday Sale run. With many helping hands, the program was able to have successful sale. Creating a decrative and happy holiday season for their customers.



(ABOVE) Chris Richardson, Katie Voilette, and Kyle Wesolowski work together on a order. Adding gold balls to a 10" wreath and talking about how what their upcoming plans.

(LEFT) Sharell Hunt and Kelsey Bentz seperate decorations for a wreath. Planning how and what they are going to do to create a pretty wreath for the up-coming customer that will someday buy their wreath.

(BELOW) Ross McKinley seperates and tags wreaths to know what size a wreath is. After he tags a wreath he will bring it to someone to be decorated and it will then be placed on display for somone to buy.



(ABOVE) Caitlyn Martin, Kaela Huther, Vinney Barnes, and Michelle Kopec work on making cemetary boxes. Helping each other out to figure out what will look good for their arrangemnt. as they talk about how much fun the Holiday Sale is.



Springs Play



(ABOVE) Junior Samantha Corallo makes a call during the 2009 Spring play *The Outsiders*. She played a school teacher in the play and really enjoyed the part.

(LEFT) Seniors Evan Laux, Thomas Burchell, and Adam Santaniello act out a scene where Johnny is lying hurt in the hospital. Their acting skills were put to the test as they acted out a very emotional scene.

(BELOW) Graduate Pebbles Lacross poses back stage with Seniors Carly Neumann and Kathleen Summa and sophomores Marco Muzio and Alida Lamagna.



This years Spring play was "*The Outsiders*", which was adapted from the S.E. Hinton's novel of the same name. The story is about two different groups of friends, the Socials and the Greasers, and the tragic events that occur because of their conflicts. Both the acting and the stage props were phenomenal and the director, Ms. Holland, did a wonderful job piecing it all

together. The atmosphere of the theater during the performance was like the atmosphere at any Broadway play. The audience was captivated by the great and talented acting and fast transitions. Backstage was fluent and organized, everything was where it was supposed to be. It was definitely a five star production put on by SHS.



(ABOVE) Senior Eric Jespersen sits on the couch in the Curtis family's living room. The entire set was quite impressive, as was Eric's Performance. Eric played one of Ponyboy's protective older brothers. His personality and talent combined to make him the perfect candidate for this role.

Field Trips

One of the greatest points of interest at Suffield High is the amazing opportunities that students get to receive outside the school. Field Trips are a way for students to experience first hand what they have been learning in the classroom. Trips have varied from traveling to Salem with the American Literature classes to showcasing musical talents with the

Suffield High Band at the Big E. Every other year, students are even given the chance to travel to a foreign country and use all they have learned to communicate with another culture. Field Trips have always been a large part of the learning environment at Suffield High and will continue to bring forth unique learning opportunities to all of the students.



(ABOVE) Juniors Jessie Strickland, Cory Roy, Erin Brault and Nicole Ouellette pose with their English teacher, Ms. Majewski, in front of the Salem Witch Museum sign before entering to learn more about the Salem Witch Trials.

(FAR LEFT) Junior Kelly Miskin shows that nothing can stop her from enjoying a day out in Salem with her English class.

(LEFT) Rob Domin and Brenna McGann read and participate in interactive stations at a historical museum that the AP US History class visited in 2007.

(BELOW) Senior Wesley Sanborn demonstrates his percussion skills as he performs with his band mates at the Big E parade.



(ABOVE) A group of students studying English III smile and pose for a picture as they enjoy their nice day in Salem, MA. The English classes, who are reading Arthur Miller's *The Crucible*, traveled to Salem to experience what life was like for people like John Proctor, who suffered from the Salem Witch Trials.

V

olleyball Marathon



(ABOVE) In their first game of the night Team Serves You Right's player Stephanie Guminack quickly gets ready for a bump as The Funk member Michael Formaggioni sets the ball over the net.

(RIGHT) After a quick warm up with their team Juniors Tara Boudreau and Erika Hull try to refuel with a soda to gain some energy back that they have lost during the night.

(RIGHT) With lots of down time, students try to stay awake by drinking energy drinks including Red Bull, Monster, Vault, and Rockstar. Only a portion of the cans consumed were used to make this tower built in the commons. Students were sure to stay awake through the night with all this caffeine.



one last time. As the warm-ups start, the curiosity of what teams will be playing who grows. Soon enough the games are in full swing and scores are being updated every 10 minutes by Members of the National Honor Society. All of a sudden breakfast is being served and you are following your friends to the gym to watch the final two teams fight it out for the name of Volleyball Marathon champs 2008. With a senior team winning this year it only give underclassmen more drive to want to win next year.





(LEFT) After the opening meeting, the members of The Untouchables start the marathon off right with a team warm-up of bumping and setting to each other.


(BELOW) When students want a break from volleyball the commons are a nice place to relax. You can sit around and talk to friends, or try to become a Guitar Hero like Ryan Perkins.




[

"I really like how members of the National Honor Society still have a chance to attend and be involved with the Volleyball Marathon. Its fun to be able to help out while watching my friends play."

Adam Santaniello '09





"Our favorite part of Volleyball Marathon is being able to spend all night with friends we usually don't see outside of school. It's fun to just be able to hang out and relax with them."

Lauren Bissey & Madeline Droney '10

]



(ABOVE) 24 teams entered in the marathon and only 4 courts leaves lots of down time for the rest of the students not playing. A fun activity to do is to watch peers and teachers play in the gymnasium.



(LEFT) Although Seniors Alex Flynn and Erik Lee are starting to loose some energy they take a quick break and cheer on their team from the sidelines.

(RIGHT) Meredith Lowe, Alexandra Smith, and Nicole Salamone of the National Honor Society take a quick break from a busy night of taking attendance and reffing to chat about their favorite teams and their predictions for the final game.



(RIGHT) The dance floor was filled with people taking pictures with their friends and talking amongst their dates. As soon as the music started playing, everyone was on their feet and having a great time!

(BELOW) Falyn Rasmussen and Nicole Loughrey stop for a picture. "Everyone looked so good at prom and it was nice to see everyone dressed up for the occasion." Says Nicole Loughrey of the event.



"Prom was so much fun this year. I had such a great time with all of my friends and the food was great! I can't wait for next year because I know it will be twice as good."

-Ben Forster '09

Q & A

How long did it take you to get ready?

Guys: 30 minutes
Girls: 3 hours

How much did you spend?

Guys: \$300
Girls: \$250

What was your favorite part?

Guys: Eating
Girls: Dancing

Where did you get your dress/tux?

Guys: Mr. Tux
Girls: Macy's

How long did it take you to pick out your dress or tux?

Guys: 30 minutes
Girls: 2 Hours

How did you arrive?

Guys: Friend drove
Girls: Friend drove



(LEFT) The 2008 ice sculpture was beautifully displayed under a waterfall. The decorations for the night displayed the theme, *These Are the Best Days*.

(RIGHT) Students line up at the door to enter. Many attendees arrived at prom via a chauffeured limousine. Prom is the one night of the year that students can go all out.



Prom Night

Prom is something that almost everyone at Suffield High School starts looking forward to once they attend their Class Night in eighth grade. The date is secondary to the perfect dress and ensemble. The 2008 Prom was extravagant and drew a huge crowd. It didn't matter whether you went with a date or a group of friends. The Juniors and Seniors came together to spend a night of socializing and

dancing at Chez Josef in Agawam, Massachusetts. Despite the rain, everyone showed up looking glamorous and ready to dance all night. Throughout the evening, the dance floor was never empty. The stressful preparation for the night payed off in the end. The class of 2009 had an unforgettable night with their classmates one last time and agreed that *These Are the Best Days*.



(ABOVE) Courtney Randall and Michael Christina pose for a picture at the entrance to the Prom. Mike got into the mood by sitting down to play the piano before in the lobby while he waited to enter the prom.

(LEFT) Ashley Brightman smiles with her date as they dance to the music. The night passed quickly because everyone was having so much fun. At the end of the night, many were tired from all the dancing, but everyone agreed that it was worth it.

(BELOW) A group of guys kindly take pictures of all their dates posing together. The lobby was packed with prom-goers posing for pictures with their classmates and teachers before they entered the prom scene.



Local Support

Admit it. No matter where you are on your journey, it's good to hear from mom and dad. They always seem to make things right by saying hi. Their words of encouragement keep us going and it's always good to know they are proud of us. It's also nice when they give a little financial support. Everyone needs support, verbal and financial, to continue on with their journey. The businesses that put ads in our yearbooks are just like mom and dad. You would not be here without your mom and dad, just like this yearbook would not be here without the great support of our local businesses. We would not have been able to make this without them!

Thank you.



(ABOVE) Rockville Bank, located off of Mountain Road, has been a money management inspiration to our staff as well as a great sponsor to the cost of making our book.

(BELOW) Chestnut Oak Associates really is our hometown realtor. They are located right in the center of town, on Mountain Road. In addition to helping fund our yearbook, they have consistently put forth effort to assist everyone in town.





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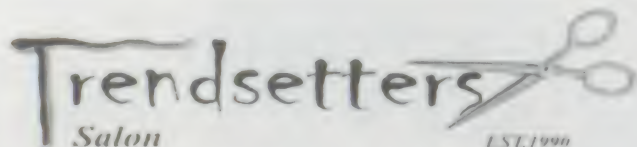
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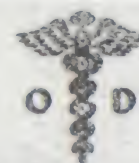
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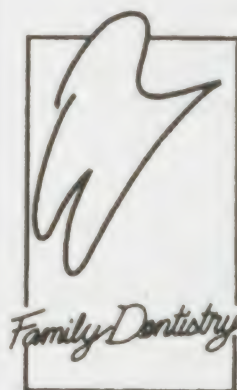
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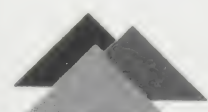
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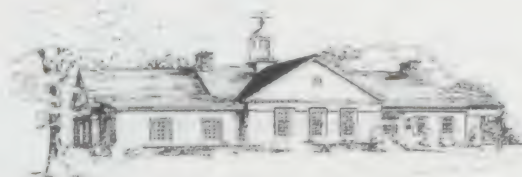


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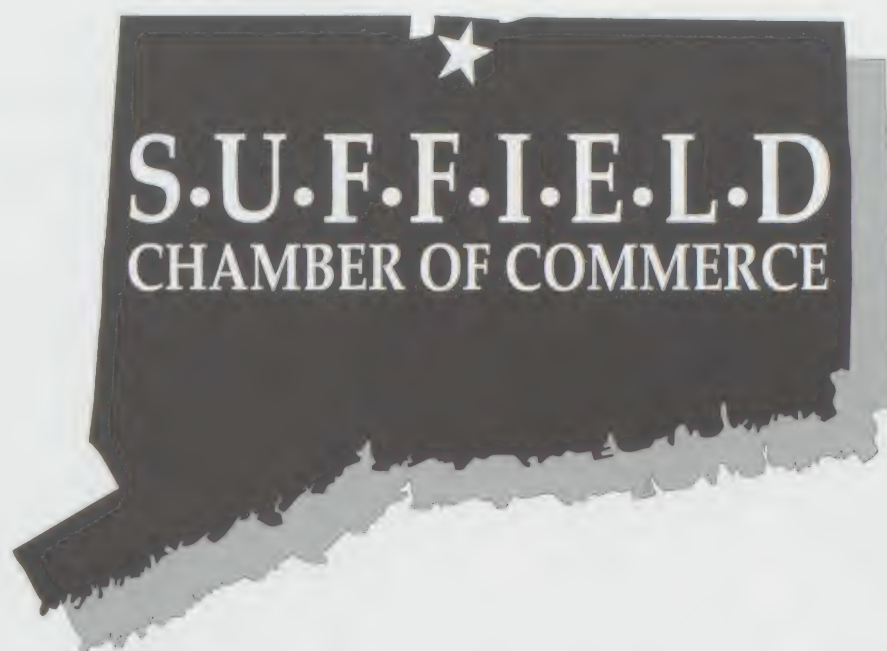
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(RIGHT) Devon Johnson, president of the Earth Club, holds the plaque that the club won for participating in a Connecticut Light and Power contest. The group won a \$20,000 grant for the school.

(LEFT) Carissa Collins waits eagerly for the band performance to start. Every year the band plays the Big E. Carissa can't wait for next year, when they play again.



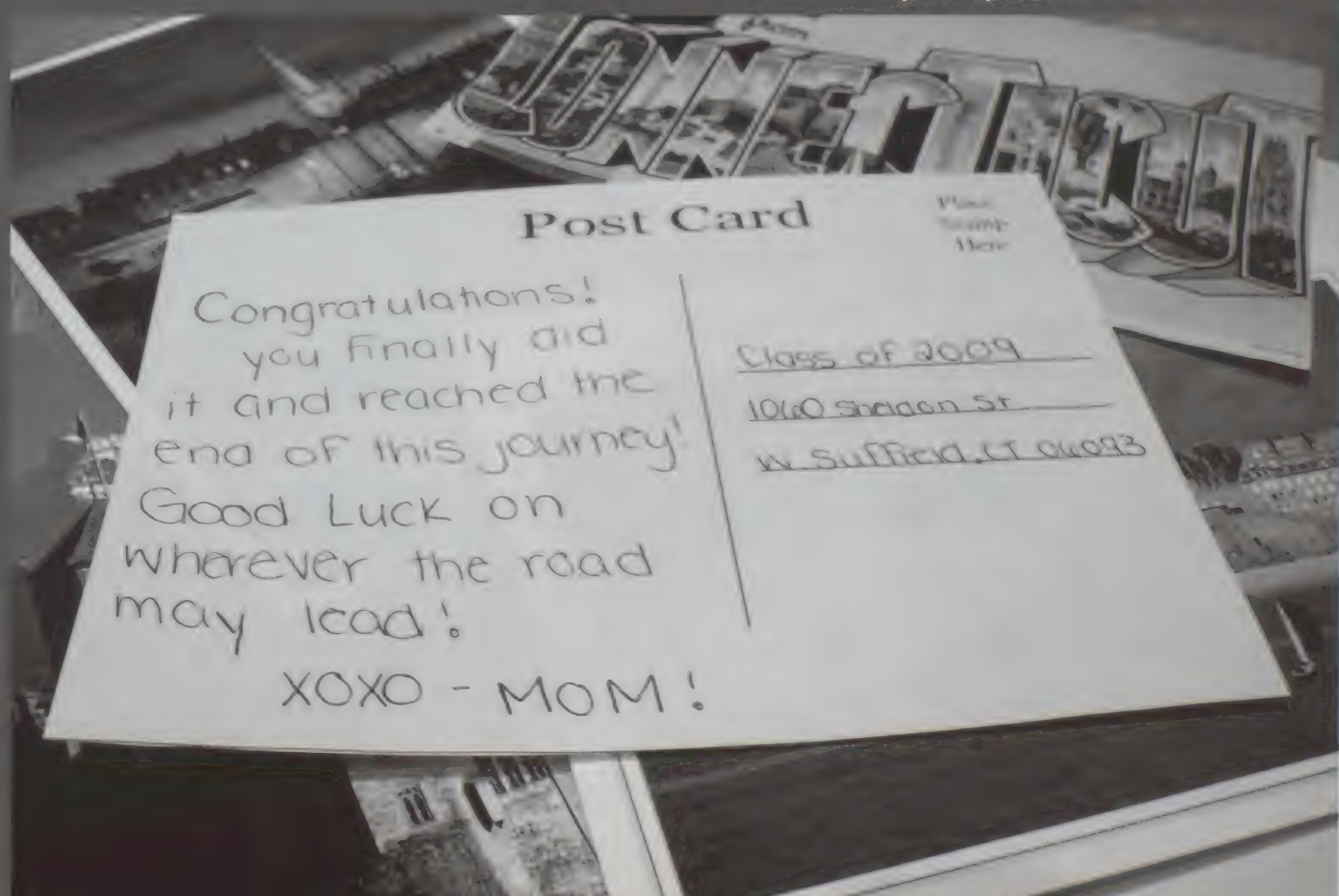
Postcards From Home

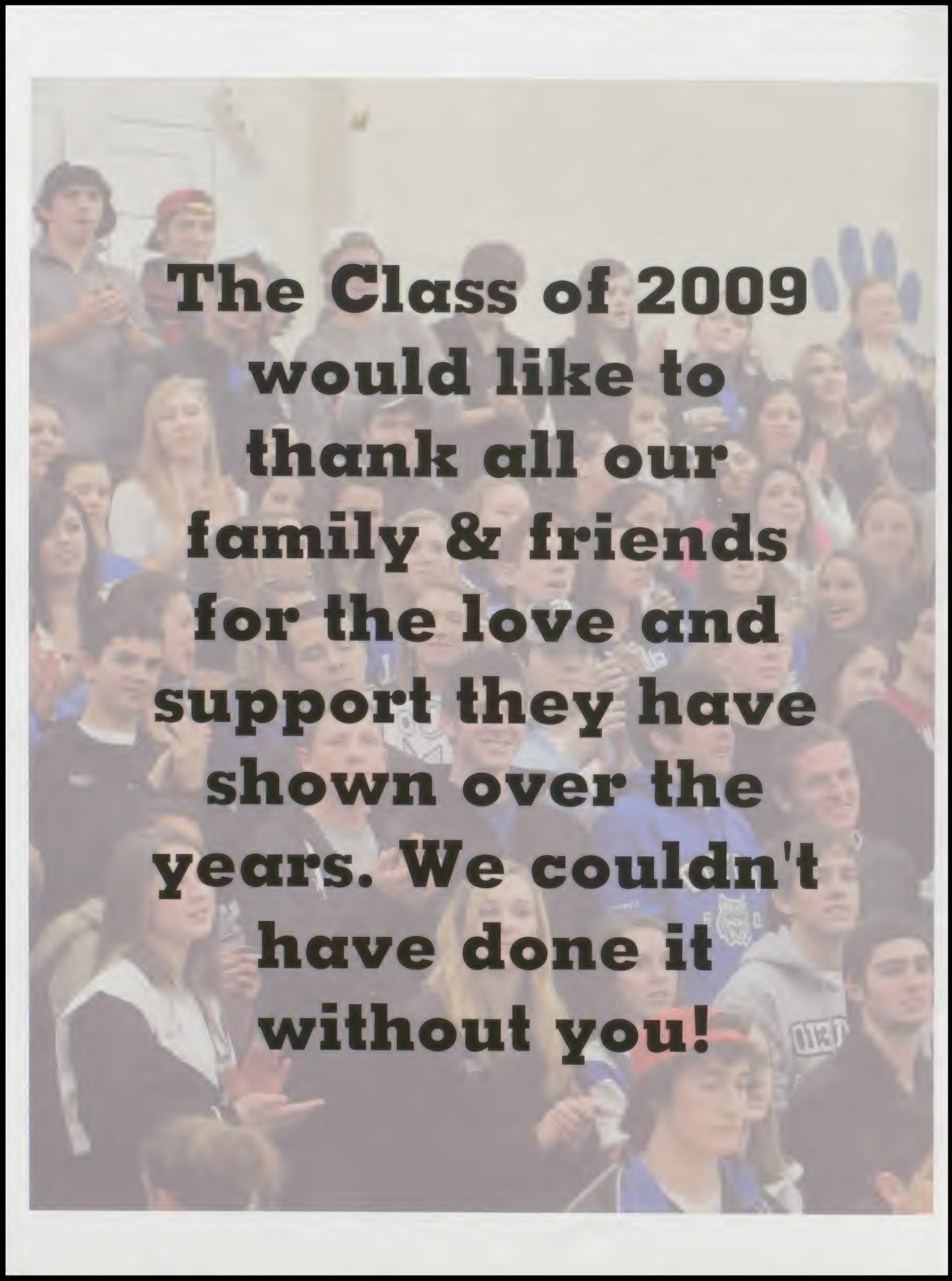
Wherever the road may lead us, we can always count on one thing to stay the same. Our Family. They have been there since our journeys first began and have seen us through the ups and downs. Whenever we are away, they are always sure to write. The postcards from home remind us that while it may seem that our journey through high school is ending, another one is just beginning. We have endless possibilities and those who care for us want to be there every step of the way. Their congratulations and best wishes will be sure to keep us on track, which ever path we may take. All their cards have been postmarked and stamped. The destination is wherever you choose.



(ABOVE) A mailbox hangs open to display the letters and best wishes sent from home. No matter where we are on our journey, we can always count on our loved ones to keep us going and make sure the road never gets too rough.

(BELOW) Over the years, we usually collect postcards with the words of a person on a journey. Just for now, however, we receive them with words of encouragement for the journey we are at the end of.





**The Class of 2009
would like to
thank all our
family & friends
for the love and
support they have
shown over the
years. We couldn't
have done it
without you!**

CONGRATS & GOOD LUCK

MICHELLE!



Always show the world the warmth of your smile! We are so proud of you!

Dream big!
We love you!

Mom, Ray,
Kevin & Brian



Ryan Perkins

RYAN
No more little boy!
CONGRATULATIONS
We are so proud of
everything you've done
BEST OF LUCK
IN THE ARMY!

We love you,
Mom, Dad, Carrie
Gram, Gramp,
Donna, Zac



Shawnee Sherman



Congratulations Shawnee!

*We are very proud of you.
May all your dreams come true.*

*We love you
Mom, Dad, Aneisa & Rachael*

Chris Sweeney



Congratulations
Chris.

Hope your future is
as easy going as it
was here.

Love,
Dad and Gramma

Shelby Bermani

CONGRATULATIONS SHELBY!

*We are so proud of you!
You are an incredible
daughter and we love you
very much!*

*With all our love,
Mom and Dad*



Congratulations!

JESSICA AND THE CLASS OF 2009



*Be content with what you have, rejoice
in the way things are. When you realize
there is nothing lacking, the whole world
belongs to you.*

~Lao-tzu

Love Always,
Mom and Dad

Great Work Graduate!

Sarah Congden

We wish you all that
your heart desires as
you start your new
journey in life.

We love you!

Dad, Mom, Sean and
Keith



Meredith

Congratulations!

With no effort on
your part you were
born to be something
very special and set
apart.

Love, Grandma



Congratulations!

Michael



"Only as high as I
reach can I grow, only
as far as I seek can I
go, only as deep as I
look can I see, only as
much as I dream can I
be."

We are proud of you!
Love always,
Dad, Mom and Greg



Congratulations

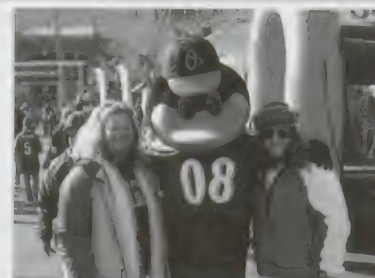
Kristy Koistinen



Day Bow Bow
Chick Chick-Chick-a



Love,
Bob, Kimmy Shimmy, Kitty, Briz & Mox



Fall.Laugh.Garbo
Love you Pudds!



Katie Lynn

"I see you slowly swim away,
Cause the light is leaving town,
To a place that I can't be."
~Jack Johnson~



Have fun at Auburn
University!
We will always be
there for you.

With Love Mom,
Dad and Sara

WAREAGLE!!!!!!

Joshua Giller



"You have to wonder at times what you're doing out there.
Over the years, I've given myself a thousand reasons
to keep running, but it always comes back to where it
started. It comes down to self-satisfaction and a sense of
achievement."

Steve Prefontaine



Congratulations, Josh!

We love you!

Mom, Dad, Jessica, Ashley
Rusty, Sonny & Misty

Congratulations

Michelle



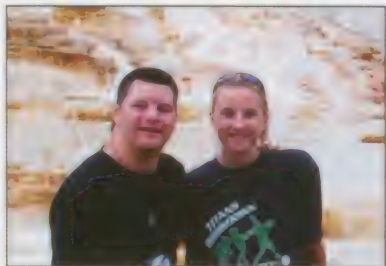
From your first day of
preschool through your
graduation, you have accomplished so
much and we are very proud of you.
Continue to follow your dreams and we
wish you all the success in whatever your
future holds.

Love,
Mom, Dad, Jen, Lily and Ryleigh



Congratulations Bryan. You did it!!!!

Bryan Sutton



Bryan,

We're very proud of all the things you've accomplished. It's been an exciting and rewarding experience watching you grow up. You are an amazing and determined young man, and we love you very much.

We wish you the best of luck as you graduate from High School and move on to the next stage in your life. We're sure you'll continue to impress us, and those around you, with your humor and compassion.

Know that we will always be there to support you in anything that you do.

Love,
Mom, Dad, Brittany, Grandpa and Snickers



Congratulations!

TOM!!!!

Proud of you!!
Keep up the good work!!

Love,
Mom, Amanda, Sarah and Matt!

CONGRATULATIONS!

MIKE & THE CLASS OF 2009



We are so proud of you.
Keep working hard and you will
accomplish your goals.

All our Love,
Mom, Dad & Ryan

Nathan ~

You are a very special Son & Brother.
We Love you!

Mom, Dad, Kimberly & Sarah

*Think of yourself on the threshold of unparalleled
success. A whole, clear, glorious life lies before you.
Achieve!*

You make us so proud!



KAYLA FAHLE

"Wherever you go,
go with all your heart."

We Love You!
XOXO-M,D,D+M

Congratulations Wally!

We are all very proud of you.

Love, Dad, Rachel,
Jason, Maddie,
Kasey, Melissa,
Lindsie and Mom.



Congratulations!

Joel

"I can't breathe fire
yet, but I can do this."



Congratulations!

Todd Bertrand



We know you have
had a tough year, but
always remember you
are truly a winner, and
we love you very
much!

Love, Dad, Tim, Cara,
Lindsay, Pat

In memory of MOM
(12-30-49 to 1-23-08)



Congratulations

Olivia!



Our beautiful blonde
one, we are so proud
of you. You have
grown into a smart,
lovely young lady.
Your future is bright.
We've got so much
love for you!
Love, Mom, Pop,
Lauren & Maddie



Amanda Emery

Amanda

*Time for you to live
Time for you to sing
Time for you to lay down all
you worries & spread your
wings
Time for you to fly*

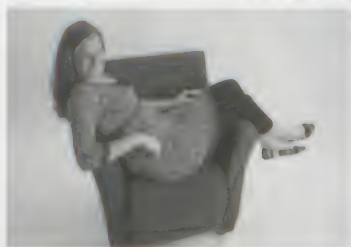
*We love you,
Mom & Dad*



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Congratulations

Brenna!!!

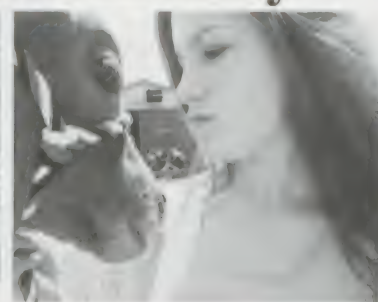


Go confidently in the direction of your dreams. Live the life you have imagined. - Thoreau

We are so proud of you - we'll be cheering for you and whatever your future holds! May God bless you! Love, Dad, Mom, Charles, Kellen & Erin

Congratulations Mindy!

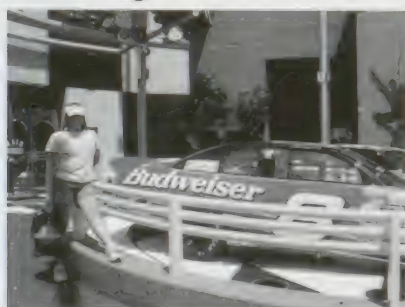
Melinda Eileen Kilty



Our Beautiful Mindy! We have watched you grow and mature over the years into a loving, caring, bright young lady. You will succeed in all you do. Love with all our hearts - Mom, Dad & Jennie Rose

Congratulations

Ashley



Life is not measured by the breaths you take, but the moments that take your breath away.

Set your sights and go for it!

Love always,
Mom, Amanda,
Auntie, Grandma and
Papa

Congratulations!

Sabrina



Go confidently in the direction of your dreams. Live the life you have imagined.

Im so proud of you
I love you so much
Mom

Good Luck Nina!
Love you , Sammi



Congratulations!

Courtney



You were once our
little girl
and now you are
our shining star.

Wherever you go,
Go with all your heart.

We are so very proud
of you!
Love, Daddy & Mama



Congratulations!

Joseph Patrick Rigby

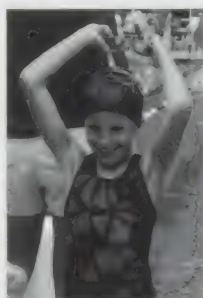


High Goals, Hard
Work, Determination
has helped you
succeed and will carry
you far! We're proud
of all your
accomplishments!
We Love You!
Mom & Dad
Matthew, Nicholas,
Elizabeth, Thomas &
Lady McBride



Meredith Kay Lowe

Congratulations!



It's time to let go of
the waterwings and
dive into the next
phase of your life.
We're positive you'll
achieve a spectacular
splash of success.
You are a true winner!

We love you,
Mom, Dad, Brenna,
& Mika



CONGRATULATIONS

Brittany & Meredith

You make us very
proud and know that
we love you both!
Grammie (aka Ema)
& Papa



Way to go Britt!!!

We're proud of you!!!

Love You,
Mom, Dad, & Emily



Congratulations

Holly



"Live life as if it were
created just for you"

Maya Angelou
We are so proud of the
person you have
become and all your
accomplishments.
Follow your dreams
into college and
beyond.
Love, Mom, Dad, and
Mandy



Congratulations

Justin!



"Go confidently in the
direction of your
dreams"

Henry David Thoreau

We are so proud of all
that you have
accomplished. The
best is yet to come.

Love,
Mom and Jessica



Congratulations

Kallie

You have always made us proud, Kal. It's
been a pleasure watching you turn into
such a beautiful, young lady.

It was a joy to watch you grow. We esp.
enjoyed 4 special years watching your
represent SHS in the classroom and on the
field. No matter where you go, you will
always be a Wildcat.

You have the ability to spread happiness,
Kallie. "Be kind whenever possible. It is
always possible."

We love you
Your Biggest Fans,
Mom, Dad and Danny



Kristen Overson

Kristen you have made us so very proud.
Your relentless determination has let you achieve great things.
Congratulations on an outstanding high school career.
The best is yet to come.
Love mom and dad



Shannon Wilson

SUFFIELD HIGH SCHOOL CLASS OF 2009



Shannon:
Your drive & determination amaze us
more each day. We are so very proud of
what you have accomplished so far and
we know this is only the beginning.

We love you very much.
Love, Mom, Dad, Ryan & Travis



Stephanie Pascoe



Stephanie,

A moment ago you were the baby in my arms and now I see the beautiful woman you have come to be. I kissed your knee when you scraped it and hugged you when situations didn't turn out as you expected. It is time now for you to make your own memories. But should you ever need a kiss on the head or a hug when things don't go quite right, my heart and the door to home will always be open. I am so very proud of you. I LOVE YOU! Mom

Congrats Sis!!! Good Luck in College!!! Scott

Congrats Anthony

and the Class of 2009

We are so proud of all you have accomplished and we know you will continue to succeed in life. Love,
Mom, Dad, Nikko



Jenn DiMauro

Congratulations Jenn



Your Loving Family & Ling-Ling

All the Best, Class '09

PROUD OF YOU, COLLEEN!



You are a beautiful, confident, young woman.

We love you- even though you are a kindergarten drop out!

*Love,
Mom, Dad,
Dan & Katie*



Nicole Tedone

Congratulations!



The exciting adventures in your life are but a glimpse of things to come. The future is your chance to make your mark. We will always be there to support you in your endeavors. Love
Dad, Mom, Rachael, & Anthony



Heidi Wolfe



Heidi,

*When you get the chance to sit
it out or dance...we hope you
dance!*

You've shown us
what it means to
be fully present
in every moment.

May you bless
others with this as
you go.

With love and
congratulations,

Dad, Mom, and Tim



congratulations



Nicole Loughrey

We are so proud of you and all
that you have accomplished.
Keep up the great work!
Love always Mom,Dad& Dani

CONGRATULATIONS!!



Alexandria

We are so proud of you. You
have grown into a wonderful
young lady. We all love you
so much!!

Mommy Auntie Nana & Papa

Alexandra Smith

Alex - Remember that
"I will always love you"!

Love,
your sister Hadley

Brittany Denué



Brittany

You are determined to succeed.
Your efforts make us very proud.
Reach for your goals in whatever you do.
Never give up....

We love you!
Mom, Dad, Kimberly and Michaela

Anthony

CONGRATULATIONS!

We are so proud of you.
Continue to be the best
you can be!

Love,
Gma & Gpa Christian



Bernadette Raum



Bern,

You've earned your wings....

Now go and fly.

*Love you,
Cack*

Cara Ryan



*Cara,
Congratulations!
You are on your way!
Remember as you soar,
always be true to YOURSELF!*

*Love,
Mom and Dad*



*"Tenderness and kindness are
not signs of weakness and
dispair but manifestations of
strength and resolution."*

-Kahil Gibran



Bernadette Raum

Bernadette,

*This is the beginning of a new journey in your life....
Continue to grow, you are an amazing young woman with so
much more to experience.*

We love you and are very proud of you.

*We look forward to watching and sharing in this next part of
your journey in life.
Enjoy every minute.*

*All our love,
Dad, Mom and Olivia*



CONGRATULATIONS!

BRENDAN



Good Luck and Best Wishes

We Love You,

Dad, Mom, Conor, Kara and Brianne

Michael Chapman CONGRATULATIONS!



We are proud of all you've accomplished
and the man you've become.

Follow Your Dreams

Go Yankees

Love Mom, Dad, Rob, & Bill

CONGRATULATIONS



Christa

We are so proud of you! You truly
ROCK! You are one of the most stellar
human beings we know. As you travel out
into the great unknown be strong and don't
forget how much you are loved and
cherished here at home! God bless you
and the class of 2009! All our love,
Mom, Dad, Kayleigh, John,
Sarah, and Jesse



You Did It...Congratulations!



RACHIE

Feeling So Proud
of all your caring,
loving ways that make you
such a special person.
You are Truly a Gift from God

Be You
Be True
Always Believe!

Love,
Mom, Christopher & Ali

*Congratulations
Class of 2009*



Congratulations Class of 2009 We wish you much happiness and success!

RACHAEL LUCILE BROMSON

There she is "Our Rachael"

*Caring, Loving, Kind, Considerate (and an
awesome soccer player)!!!! We could go on and on
about this young lady but to suffice "She has it all."*

*When you need a friend, there she is...When you
need a confidant, there she is...and in our family
when you needed a Granddaughter to save your life
who was there? Rachael!*

*She did save her Grandmother's--Gig's--life
and her Grandmother is and will always be
eternally grateful.*

*As you go off to college Rachie, remain who you are
as you have for your last 18 years...*

*Our love will be with your every step of the way
Gig & Max*



Brianna Lertora

CONGRATULATIONS BRIANNA



We are very proud of you and who you have become ~ a strong, intelligent, caring, confident, and independent young woman. Remember to go after your dreams and remain true to yourself.

May God guide you in life's journey as you strive to make a difference in this world. We wish you a successful future with much love and happiness.

We Love you,
Mom, Dad and Jeff



CONGRATULATIONS

Craig and Friends

We are so very proud of you. May all your hopes and dreams come true!

Love Mom, Dad,
Kevin and Patrick



CONGRATULATION

Patrick and Friends

We are so proud of you. May all your dreams and hopes come true.

Love Mom, Dad,
Kevin and Craig!



Denise Buckingham



Congratulations Denise!
To the best sister in the world.
I'll miss you when you go to college.
Good Luck!

Love, Erin

Denise Buckingham

*Denise-
Congratulations on all your accomplishments!
Best of luck in all your future endeavors.
You have made us proud.*

*Love,
Mom and Dad*



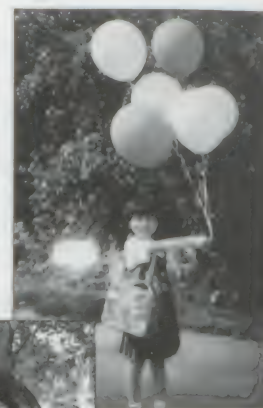
Congratulations!!!



EMILY ZAC

Emily Tara, our fearless explorer of the seashore, our Pink Power Ranger, our enthusiastic ant who moved the Rubber Tree plant, our happy girl jumping off the bus, our Lieutenant E. Zac, our own who confidently looks into the face of the unknown and conquers with a smile...We are so proud of the decisions you've made, how you've handled yourself, and the determination & work-ehitic you've demonstrated. We on your way to a happy & healthy life...
We are filled with pride.

All our love,
Mom & Dad



Congratulations Nicole!

May all your dreams
come true!

Love,

Mom, Dad & Michelle



Congratulations Rachel !!!

Love Mom and Dad

You can be whoever
you want to be, do
whatever you want to
do...but ALWAYS
remember to live life
to its fullest.



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Recognition...

To the yearbook staff: thanks for all your work over the last year! **Kristy**, Thanks for doing all the ads in Antarctica and keeping us laughing ever time you tripped! **Cara**, Thanks for basically living and breathing the senior section for months. **Lauren**, Thanks for keeping me from ripping up the coverage report! **Wells**, Thanks for all your hard work on the clubs! **Justin**, you have some strange talent for calling up businesses and selling ads. Thanks! Happy Panda (Kristy). **Ali**, Thanks for the best opening pages EVER! **Brit**, our yearbook layout is going long distances! (yay journey!). **Laura**, Thanks for practically doing everything. You managed to put together the superlatives and survey in record time! **Bromson**, Thanks for always bringing a calm atmosphere to the class. And last but not least, **Dub-Check**, Thanks for putting up with all of us this past year! DARN ZOHO! STOP REWIND! FRENCH TOAST!



Colophon

Pages created using yearbookavenue.com on 23 Dell Optiplex GX520 computers. Photos taken with Sony Cyber-shot DSC-S85, Nikon Coolpix L12, Kodak Easyshare M763, and various personal cameras. Scanning done with Hp Scanjet 7400c scanner. Senior, Underclassmen, and sports photos taken by Gryn & Barrett. The theme Journey was created at SHS, Room 614 in West Suffield, Connecticut. Staff members created our 192 page book. Amy Dunn was our representative. The book was created from January 2008 to January 2009. There were 305 book sales at \$70 each. The book was published by Jostens Printing in Topeka, Kansas. Fonts: body copy, captions, dividers, titles: Memphis Light and Memphis Extra Bold.

Commemorative Edition

08-09[®]

World Beat

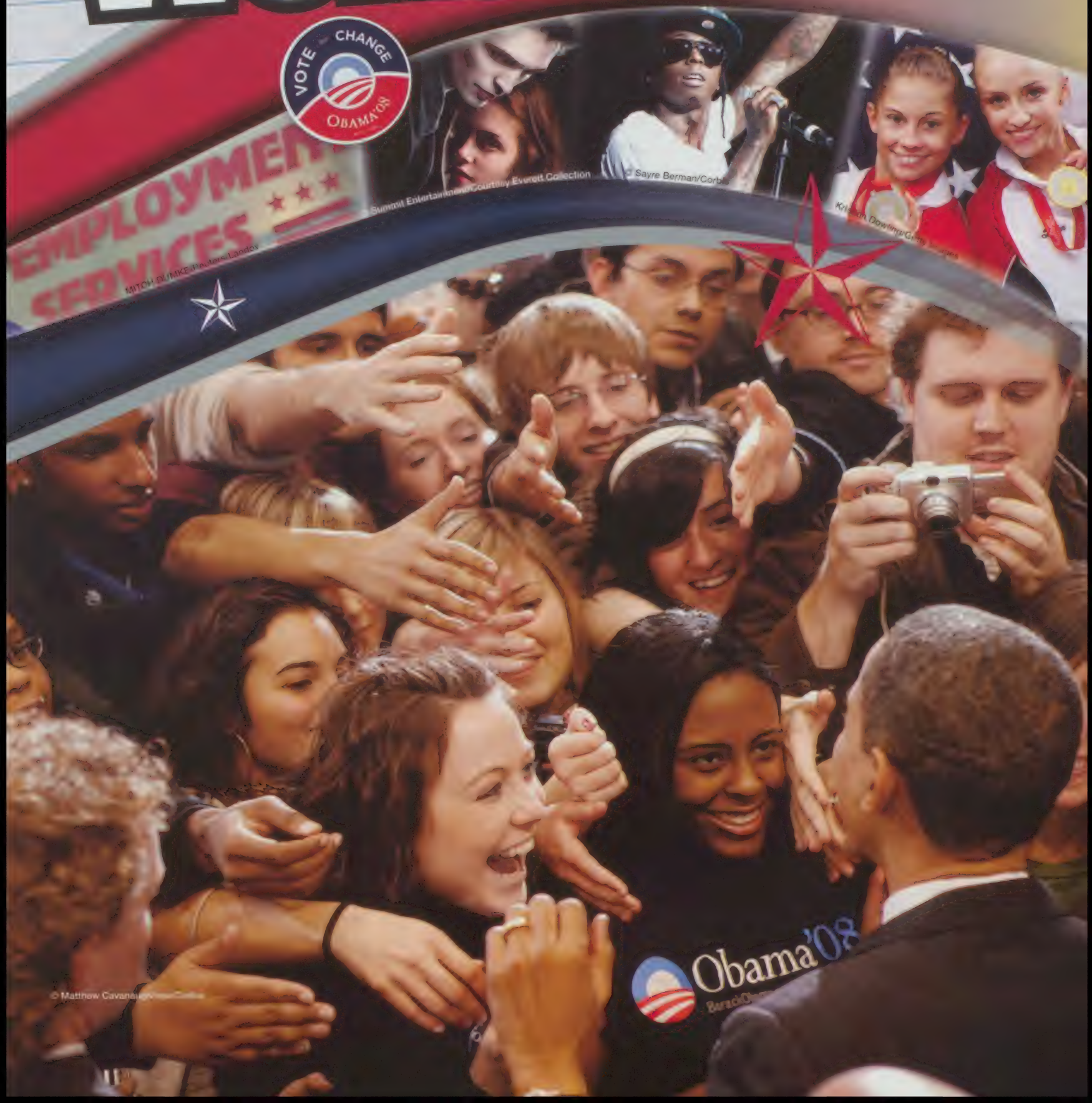


Summit Entertainment/Courtesy Everett Collection

Sayre Berman/Corbis

Kristen Downing/Gary Sargent

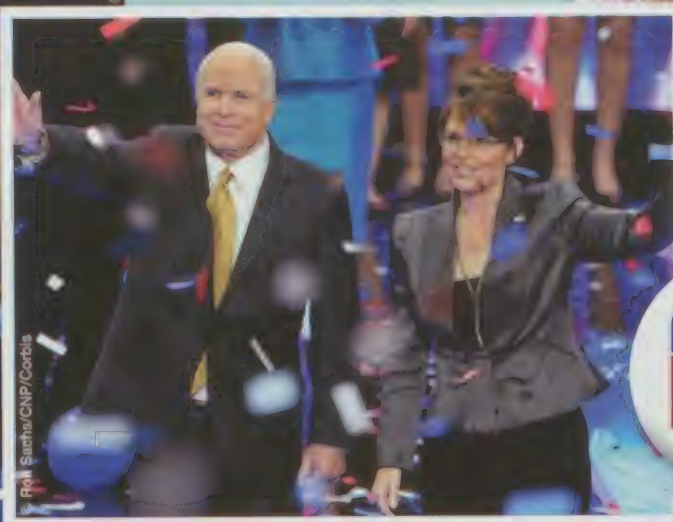
MITCH DUMKE/Reuters/Landov





© Michael Czerwinski/epa/Corbis

Arizona Senator John McCain wins the Republican nomination for president and names Alaska Governor Sarah Palin as his running mate. Palin is the Republican Party's first female nominee for vice president.



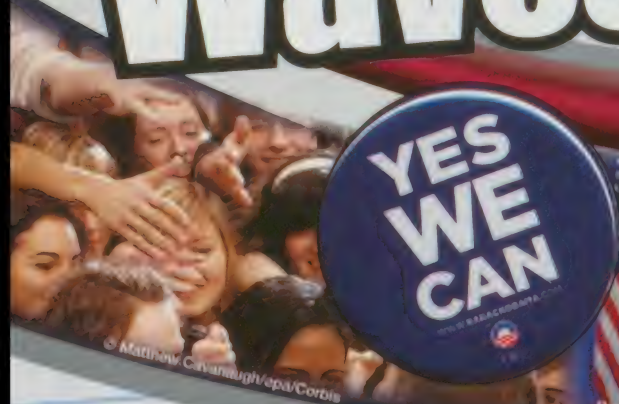
Paul Sachs/CNP/Corbis



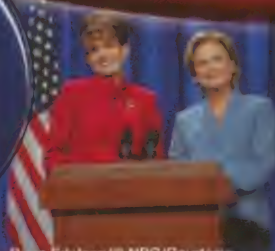
JESSICA GRIFFIN/GETTY IMAGES



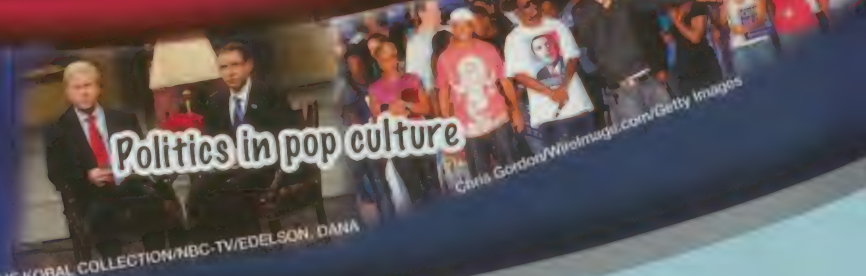
Waves of Change



© Matthew Cavanaugh/epa/Corbis



Dana Edelson/NBC/Courtesy: Everett Collection



Politics in pop culture

THE KOBAL COLLECTION/NBC-TV/EDLSON, DANA



JOE BURBANK/GETTY IMAGES

Democratic Senator Joe Biden of Delaware becomes the 47th vice president of the United States. A member of the Senate since 1973, Biden brings long-time Washington experience to the Obama administration.

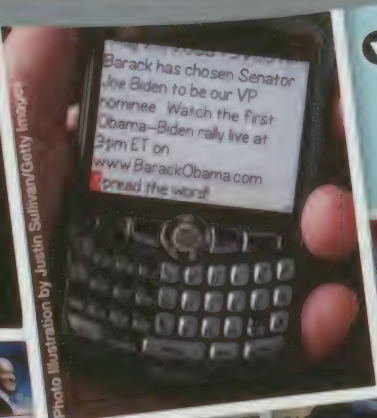


Photo illustration by Justin Sullivan/Getty Images

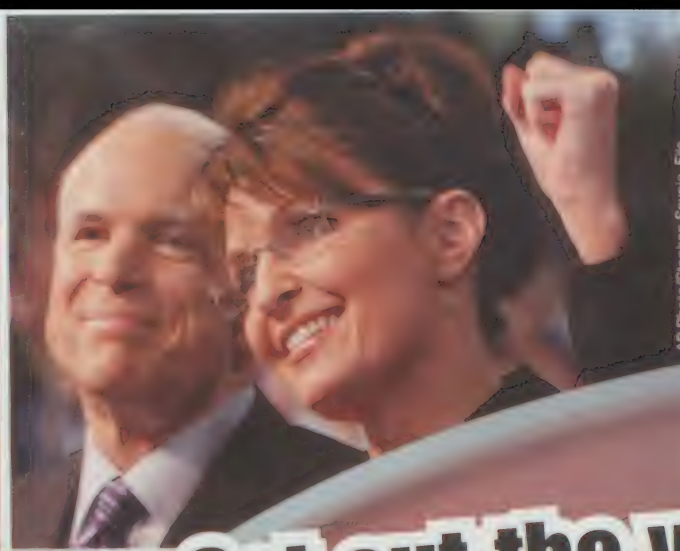


ROB KIM/Landov

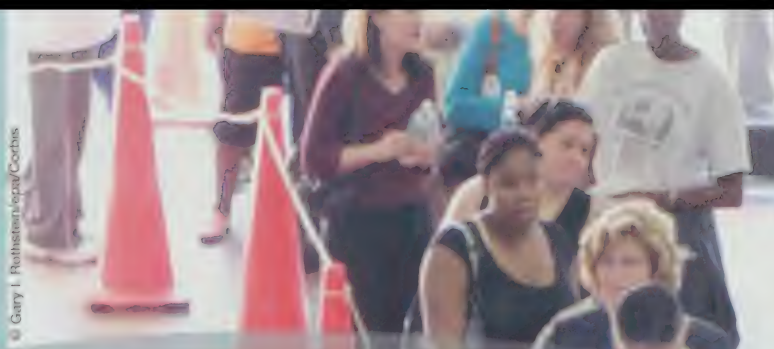


© Zhang Yan/Xinhua Press/Corbis





AP Photo/Stephan Savoia, File



© Gary I. Rothstein/epa/Corbis

Get out the vote!



Campaign volunteers



Dr. Billy Long/MCT/Landow



© Larry W. Smith/epa/Corbis

AP Photo/Bill Waugh



Obama's grassroots organization and innovative Web campaign is credited with inspiring young and first-time voters to participate heavily in the election.

First-time voters



ED HILLE/MCT/Landow



© 2008 The White House/Contribution: Curtis Compton



The values, fashion and personal vitality of the Obama family resonate with Americans. Public interest in the first family rivals that of the interest in the Kennedy family in the 1960s.

AP Photo/Juan C. Hernandez





Barack Obama makes history as the first African-American to win the presidency of the United States. The former Illinois senator promises an era of change that captures the imagination of voters nationwide.

REUTERS/Jason Reed/Landov

Electoral Votes

Obama	365
McCain	173



New York Times

Obama Wins



AP Photo/Jeff Chou

AP Photo/Chris Carlson

AP Photo/David Guttenfelder

Robert Nickelsberg/Getty Images



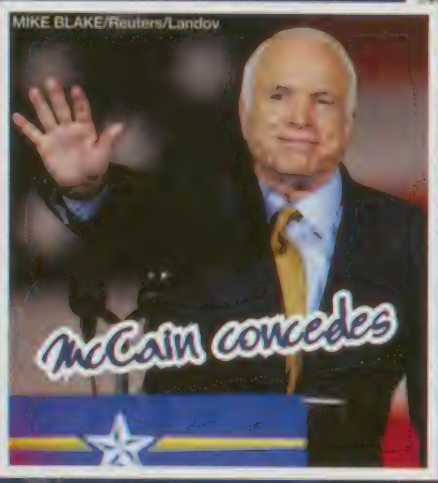
McCain/Palin run a strong campaign, winning 22 states. But they are defeated 53 vs. 46 percent in the general election and by a substantial margin in the Electoral College.

© Thomas M. .../Corbis



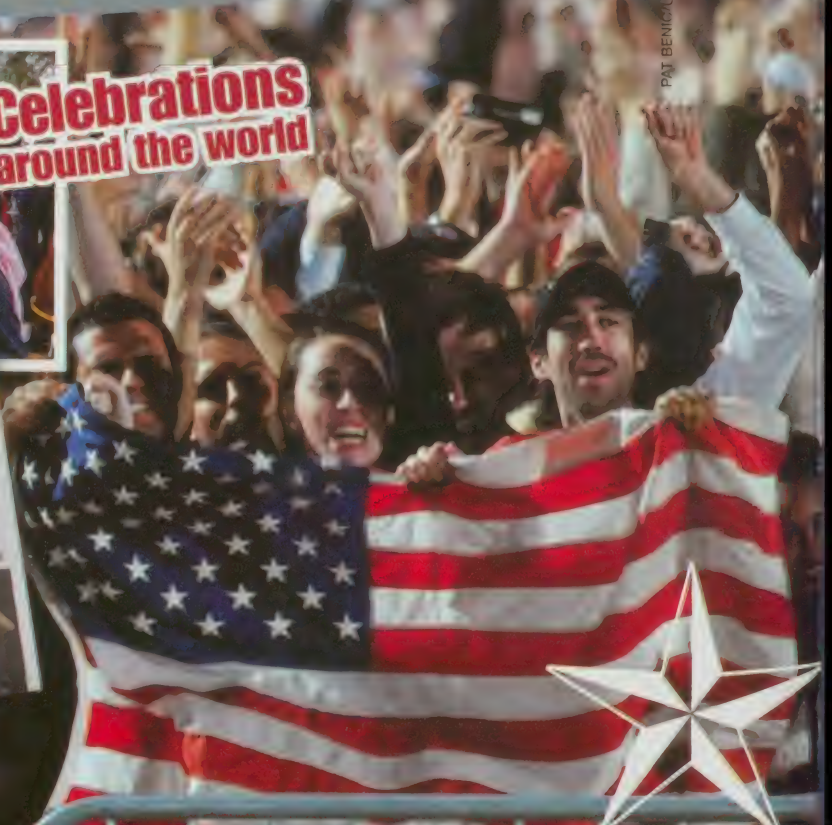
Celebrations around the world

PAT BENICU/UP/Landov



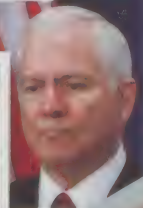
MIKE BLAKE/Reuters/Landov

McCain concedes



Obama's Cabinet nominations

REUTERS/Landov



In January 2009, president-elect Obama attends the ultimate power lunch in the White House, meeting and getting advice from President Bush as well as former Presidents George H. W. Bush, Bill Clinton and Jimmy Carter.

Getting prepared for office

KEVIN LAMARQUE/Reuters/Landov



© Brooks & Dunn/Corbis

The inaugural parade

Souvenirs

AP Photo/Carolyn Kaster

AP Photo/Matt Bouk

AP Photo/Alan Tanaka

PAT BENIC/UPI/Landov



© Paul F. Heston/Corbis

During the inauguration ceremony, Malia Obama captures the moment from a unique point of view.

Inauguration 1-20-09

MSGT CECILIO RICAL/UP/Landov



Barack Obama is sworn in as the 44th president of the United States before millions in Washington, D.C. Obama's inaugural address calls for a "new era of responsibility" in the face of economic decline and a pledge to choose "hope over fear."

"We have chosen hope over fear..."



CHRISTIN LANE/Corbis



© JIM BOURG/Reuters/Corbis



AP Photo/Pablo Martinez Monsivais





NVSE Euronext

Stocks plummet as years of excess in the U.S. housing market and lax supervision of financial institutions contribute to the greatest economic crisis since the Great Depression.

MITCH DUMKE/Reuters/Landow

Department of
**EMPLOYMENT
SERVICES**
Finding Workplaces is the Workplace!

Unemployment rate hits 16-year high in January 2009

Economic Crisis

▲ With buying power declining in the consumer marketplace, companies nationwide are forced to lay off workers. The national unemployment rate hits 7.2 percent in December and is rising steadily. The hardest hit states are Michigan, Rhode Island, California and South Carolina.

World News

Specialty coffee sales drop

Credit cards

Housing Foreclosures

Photo by Larry W. Smith/Getty Images

▲ Detroit's struggling "Big Three" automakers General Motors, Ford and Chrysler, request and are eventually offered a bailout package of just over \$17 billion in December.

GOING OUT OF BUSINESS

MIKE SEGAR/Reuters/Landov



Many retailers are forced to file for bankruptcy or go out of business after being unable to rebound from the harsh economy and a very disappointing fourth quarter of 2008.

Teens work part-time

Gas prices up and down



GAETAN BALLYA/Reuters/Landov



MIKE BLAKE/Reuters/Landov



AP Photo/Musa Sadulayev



The world's "hot spots" center around the Middle East. Israel mounts a major offensive against Hamas in Gaza, the United States continues to oppose the Taliban in Afghanistan and insurgents in Iraq, and in August, Russia attacks its southern neighbor, Georgia, in a dispute over western influence in the area.



Support our Troops

KAI PFAFFENBACH/Reuters/Landov



AP Photo/Lefteris Pitarakis

"Miracle on the Hudson"

GARY HERSHORN/Reuters/Landov



In January 2009, after both engines fail due to ingesting birds, US Airways Flight 1549 ditches in New York's Hudson River. All 155 passengers and crew members are saved, thanks to the skill and courage of pilot Chesley B. "Sully" Sullenberger.



PA Photos/Landov

Reusable bags

Changing our World

Environmentally conscious consumers use items such as reusable cloth shopping bags and Klean Kanteen water bottles that don't leak harmful chemicals like BPA.

PRIUS

AP Photo/Charles Rex Arboreast

HYBRID
SYNERGY
DRIVE

What is your carbon footprint?

100g

CO2

Press Association Via AP Images

AP PHOTO/NEWS
TRIBUNE/Rosa Ruiz

MATTHEW DRAID/PA Commercial Appeal/Landov

AP Photo/Eric Gay



TIM SLOAN/AFIP/Getty Images

Tight money and high gas prices push auto manufacturers to investigate super fuel-efficient and electric cars. The Chevrolet Volt is an early contender and the tiny "Smart" car is already on American roads.



© Transtock/Corbis

Chevy Volt



© Car Culture/Corbis

Public bicycle sharing systems, already popular in Europe, roll into American cities like Washington, D.C., to help fight traffic congestion and reduce pollution.



CLEAN ENERGY

Photo by Ethan Miller/Getty Images



◀ In September, Google and General Electric partner to develop clean technologies. Modernizing the national electric grid to enable wider deployment of wind, solar and geothermal energy will be an early priority.



Environmentally friendly MacBooks

Courtesy of Apple, Inc.



Youth Volunteering Youth Volunteering Youth Volunteering



Mark Mainz/Getty Images

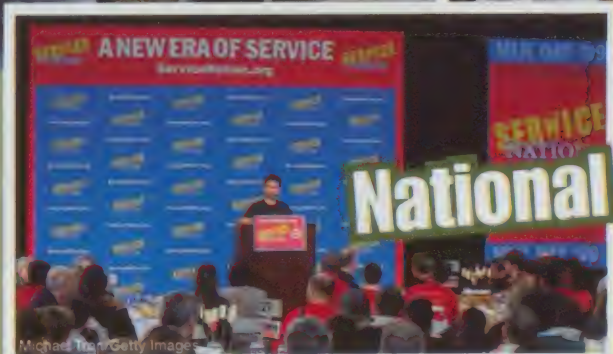
▲ Brad Pitt launches the "Make It Right" project to build 150 green-sensitive new homes in the New Orleans Lower 9th Ward, which was destroyed by Hurricane Katrina. Pitt contributes \$5 million to the project.



◀ The green cleaning movement gains momentum nationally as environmentally safe non-toxic cleaning products are used in many homes, as well as state and city institutions.



AP Photo/Charles Dharapak



Michael Tran/Getty Images

National Day of Service

▲ President-elect Obama asks all Americans to volunteer their time on the 2009 Martin Luther King Jr. Day of Service, January 19, and to continue throughout the year. More than 12,000 service projects take place across the country.

Summer Olympics

The Beijing 2008 Summer Olympics showcase some of the most amazing performances in Olympic history.

Sports

▼ American swimmer Michael Phelps makes Olympic history with eight gold medals. Phelps sets three world records in his five individual wins.

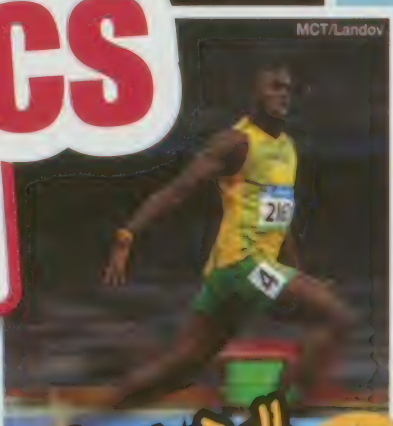
© Chen Kai/Xinhua Press/Corbis



MCT/Landov

Usain Bolt

Fastest man EVER!



The Olympic Opening Ceremony

Cristiano Ronaldo

Tiger Woods

Karen Jones

Christian Petersen/Getty Images



Red Wings win 2008 Stanley Cup

AP Photo/Gene J. Puskar



World Series



▲ The Philadelphia Phillies win their second World Series with a five game victory over the Tampa Bay Rays. The fifth game takes three days to complete after a rain delay.



▶ The Chinese gymnasts take the team title, but Americans Shawn Johnson (floor exercise) and Nastia Liukin (all-around) take individual gold medals for the U.S.

Gymnastics



AP Photo/Chris Wedel



Brock Lesnar

FRANCIS SPECKER/Landov

Venus and Serena Williams

Heisman Trophy winner Sam Bradford



BCS National Championship MVP Tim Tebow

Pakizing Marriagov

MANDI WRIGHT/Detroit Free Press/MCT/Landov



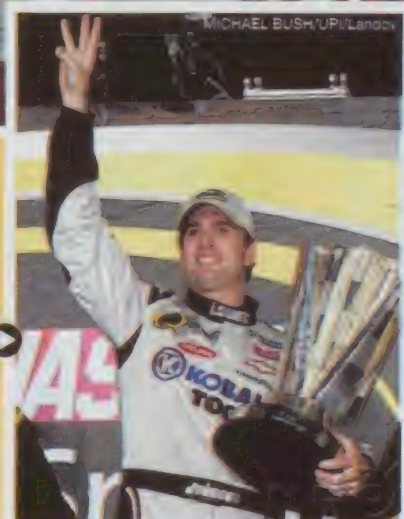
Both: Orlando Sports Illustrated/Getty Images

Boston Celtics 2008 NBA Champs



Super Bowl XLIII

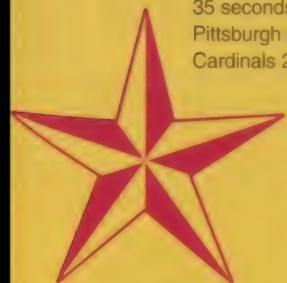
Scott Boehm/Getty Images



MICHAEL BUSH/UPI/Landov

▶ MVP Santonio Holmes makes a tip-toe catch in the corner of the end zone with 35 seconds remaining to lead the Pittsburgh Steelers past the Arizona Cardinals 27-23 in Super Bowl XLIII.

Jimmie Johnson captures the NASCAR Sprint Cup championship for the third straight year in his famous #48 Lowe's Chevrolet Impala SS.





Stephenie Meyer's runaway best-seller, *Twilight*, becomes a hit movie starring Robert Pattinson and Kristen Stewart as Edward and Bella.

Mary Ellen Matijevic/NBC/Courtesy: Everett Collection



Tina Fey



© Summit Entertainment/Courtesy: Everett Collection



Nick and Norah's
Infinite Playlist

© Sony Pictures/Courtesy: Everett Collection

twilight

Entertainment



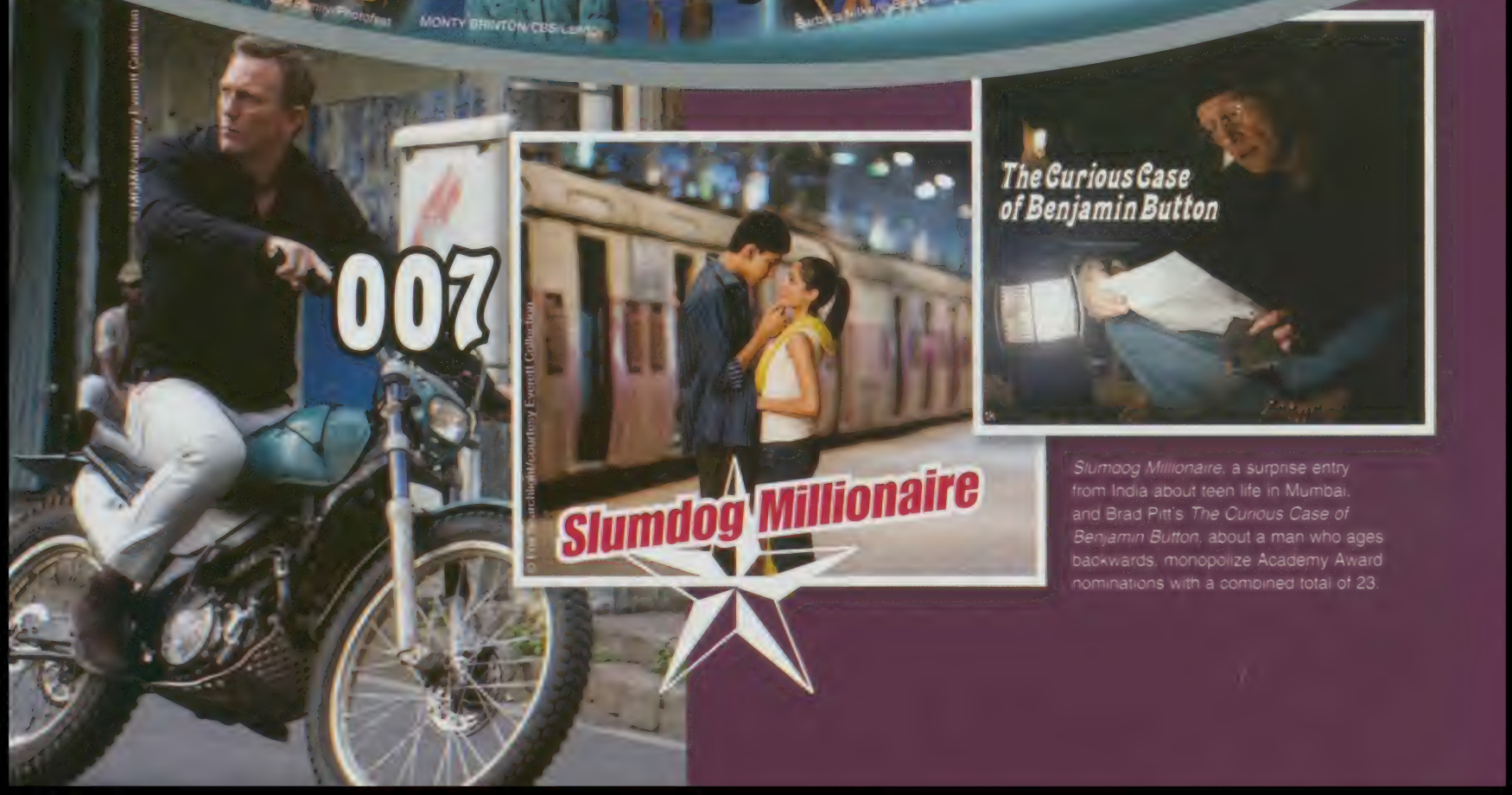
GREASE

Reality TV

project
RUNWAY

Grey's Anatomy

THE KOBAL COLLECTION/ABC-TV/SJODIN, CRAIG



007

Slumdog Millionaire

The Curious Case
of Benjamin Button

Slumdog Millionaire, a surprise entry from India about teen life in Mumbai, and Brad Pitt's *The Curious Case of Benjamin Button*, about a man who ages backwards, monopolize Academy Award nominations with a combined total of 23.



MTV/Jeff Lipsky

MTV spins off the reality show *The Hills*, following Laguna Beach star Lauren Conrad and her friends to Los Angeles.



Paul Blart: Mall Cop



© Warner Bros./Courtesy Everett Collection

Australian Heath Ledger, in his last film role as the Joker in the Batman epic *The Dark Knight*, wins a posthumous Golden Globe for Best Supporting Actor in a Drama.



Bedtime Stories



Lil' Wayne

▶ Rapper Lil' Wayne takes home four Grammys, including Rap Album of the Year for *Tha Carter III* and Best Rap Song.

MTV



▶ Due to low ratings, MTV's flagship show *Total Request Live* shuts down in November after a 10-year run.

Music



▶ Britney Spears rebounds from years of personal challenges with her fifth No.1 album, *Circus*. She becomes the only act in Nielsen SoundScan history to have four albums that debut with 500,000 or more copies sold.



Ne-Yo

▶ R&B singer/songwriter Ne-Yo brings out his third album, *Year of the Gentleman*, which debuts on the *Billboard* 200 at No.2. The album garners six Grammy nominations.

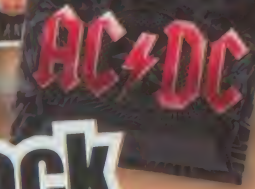


Beyoncé



The video for Will.i.am's song "Yes We Can" garners more than 1.3 million hits on YouTube and becomes an anthem for young voters during the presidential campaign.

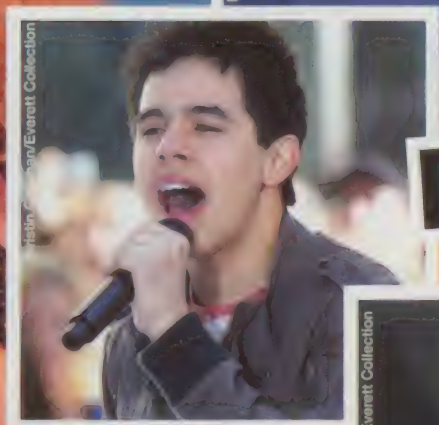
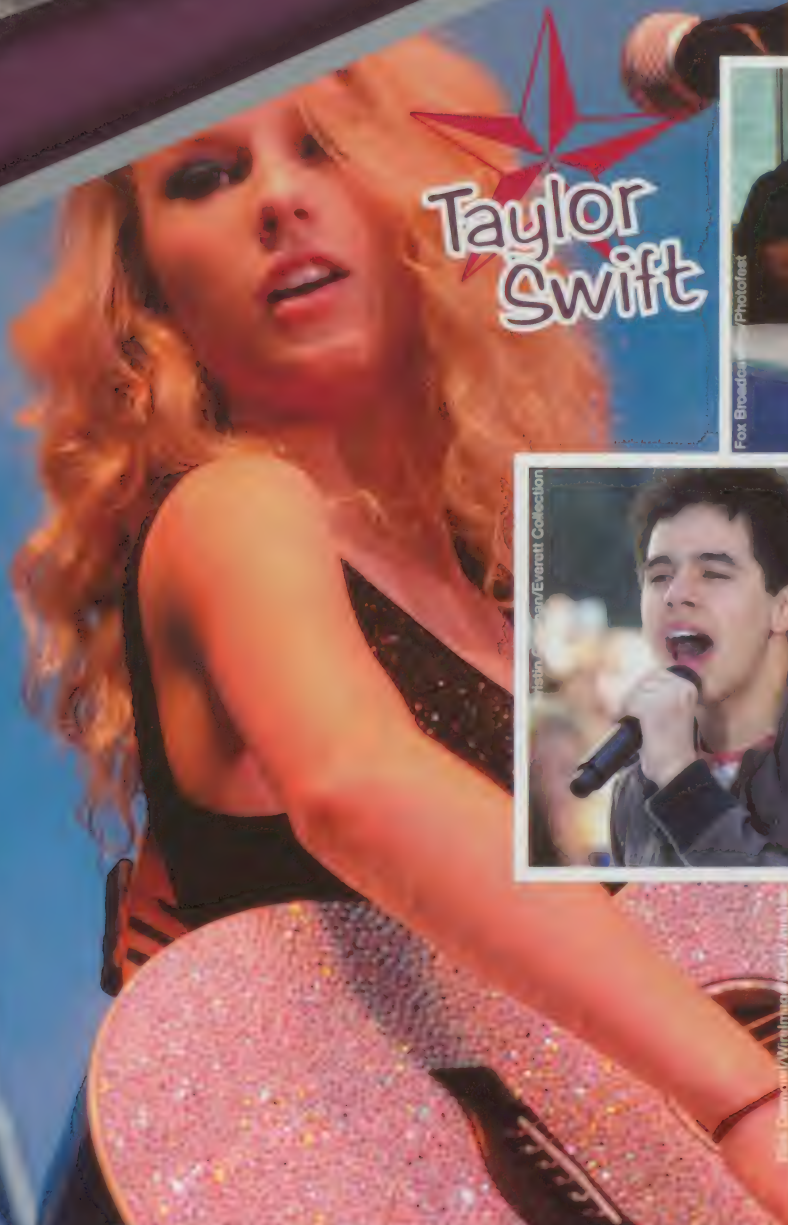
AP Photo/Alex Brandon



Classic Rock



Fox's *American Idol* adds a fourth judge to the popular show. Grammy-nominated songwriter Kara DioGuardi joins regular panelists Randy Jackson, Paula Abdul and Simon Cowell.



David vs. David



Rocker David Cook, with 58 percent of the fan votes, beats balladeer David Archuleta in the 2008 finals of Fox's *American Idol*.



**242242
cha cha**

◀ Texting becomes the new writing. Teens everywhere learn to double-thumb miniature keyboards and invent a new language of abbreviations and signs.

Social Networking



AP Photo/L.G. Patterson

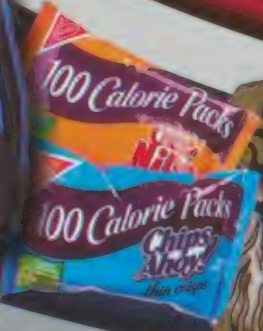


Digital TV

▶ The nation converts to all-digital TV in 2009. The Department of Commerce offers government coupons to make the conversion more affordable.

Lifestyle

Slippers to wear every day



Argyle & Plaid



THE CANADIAN PRESS/
Andrew Vaughan/AP



Designer Purses & Shoes



Big Sunglasses

Photo by Barry K. / Getty Images



▶ Top style trends this year include baggy pants, oversized sunglasses, designer purses, black nail polish and plaids.

Black Nail Polish



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